



AAMJIWNAANG FIRST NATION'S

Chippewa Tribe-UNE

YOU'RE INVITED...



Open House



- MEET OUR STAFF
- DEPARTMENT INFO BOOTHS
- FOOD PROVIDED

**DOOR
PRIZES
TO BE WON!**

ALL AGES WELCOME!

**NOVEMBER 23 2022
DOORS OPEN 4PM UNTIL 7PM**

Hosted at
**Maawn Doosh Gumig
1972 Virgil Avenue, Sarnia, ON**



Aamjiwnaang Chief & Council

Agenda Item Submission

Information and Deadlines

- * Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- * Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- * Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- * Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- * Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- * The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for Chief and Council on:
December 5th, 2022
 Your information is due by:
November 29th, 2022

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk
ajackson@aamjiwnaang.ca

NOTICE – Aamjiwnaang Seniors

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

COUNCIL AGENDAS

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an “electronic” copy of the Council Agenda, please send an email to: pnahmabin@aamjiwnaang.ca providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Patrick Nahmabin

Community Information Officer



Aboriginal Affairs and Northern Development Canada

IF YOU DO NOT HAVE THE MANDATORY IDENTIFICATION TO OBTAIN A STATUS CARD, PLEASE CALL: 1-800-567-9604

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

NOTICE - Band Members

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

Mino Dbishkaayin-Happy Birthday

Skylar Bird	Nov. 18	Christopher Lloyd Adams, Jr.	Nov. 26
Katessa Clark	Nov. 18	Gary Adams	Nov. 26
Jon David	Nov. 18	Nicholas Maness	Nov. 26
Rebekkah Jones	Nov. 18	David Crawford	Nov. 27
Jennifer Henry	Nov. 18	Caden Giovannone	Nov. 27
Summer Maness	Nov. 18	Marilyn Dawn Gray	Nov. 27
Mary Tyson	Nov. 18	Michael Joseph	Nov. 27
Jaelah Barr	Nov. 19	Ada Lockridge	Nov. 27
Rahmya Cottrelle	Nov. 19	James Maness	Nov. 27
Chloe Plain	Nov. 19	Ebony Maracle	Nov. 27
Aaron Prevost	Nov. 19	Janet Nahmabin	Nov. 27
Janice Rising	Nov. 19	Teagan Nahmabin	Nov. 27
Jessi Bullock	Nov. 20	Stephanie Stone	Nov. 27
Niki Cottrelle	Nov. 20	Adam Yardley	Nov. 27
Ronald DeLauter	Nov. 20	Justeen Bressette-Maness	Nov. 28
Shelly Dodge	Nov. 20	Harry Clark	Nov. 28
Kerry Rogers	Nov. 20	Timothy Jacobs	Nov. 28
John Rose	Nov. 20	Thomas Jennings	Nov. 28
Maddox Bois	Nov. 21	Jessie Letham	Nov. 28
Daniel Kota	Nov. 21	Mark Nahmabin	Nov. 28
Jayden Nutt-Adams	Nov. 21	Scarlett Peters	Nov. 28
Anthony Gray	Nov. 22	Brandon Rising	Nov. 28
Tara Huggins	Nov. 22	Destiny Rogers-James	Nov. 28
Madison Autumn Maness	Nov. 22	Aaron Yellowman	Nov. 28
Sidney Maness	Nov. 22	Coby Cottrelle-Eagle Speaker	Nov. 29
Brooklyn Nahmabin	Nov. 22	Shannon Cottrelle	Nov. 29
Keewadin Olds	Nov. 22	William Clyde Cottrelle	Nov. 29
Daniel Isaac	Nov. 23	Payton Johnston	Nov. 29
River Jacobs-Plain	Nov. 23	Valerie Querback	Nov. 29
Allan Joseph	Nov. 23	Cheyenne C Rogers	Nov. 29
William Meloche	Nov. 23	Serenity Sinopole	Nov. 29
Evan Peters-Wright	Nov. 23	Seth Sylvain	Nov. 29
Margaret Pouget	Nov. 23	Janey Brown	Nov. 30
Jillian Rogers	Nov. 23	Anthony D'Amato III	Nov. 30
Danielle Cottrelle	Nov. 24	Khylan Isaac	Nov. 30
Andrew Simon	Nov. 24	Tahbyus Lewis-Rogers	Nov. 30
Matthew Simon	Nov. 24	Biidaaske Nahdee	Nov. 30
Richard B White	Nov. 24	Kierstynn-Linne Pettit	Nov. 30
Zachariah Black	Nov. 25	McKinley Pickett	Nov. 30
Skyler Hewitt	Nov. 25	Tonia Roes	Nov. 30
Loran Jacobs Jr.	Nov. 25	Leona Williams	Nov. 30
Donald Joseph	Nov. 25	Emmerson Dube	Dec. 1
Alexandra Lacroix-Bardsley	Nov. 25	Nancy Gray	Dec. 1
Cyrus Maness	Nov. 25	Ryan Hurd	Dec. 1
Grayson Maness	Nov. 25	Luella Jacobs	Dec. 1
Adam Plain	Nov. 25	William Paillard	Dec. 1
Dolores Plain	Nov. 25	Sharon M Plain	Dec. 1
Katherine Spero	Nov. 25	Kyra Williams	Dec. 1
Jordan Snook	Nov. 25	Lelani Williams	Dec. 1
Miley Thompson	Nov. 25	Alexander Wrightman	Dec. 1

Attention Aamjiwnaang!!

On November 23rd, 2022

Band Operations will be **closing at 1PM** to prepare for the Community Open House at the

Maawn Doosh Gumig at 4PM

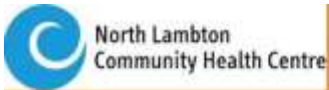
Regular Band Operations will resume on November 24th at normal opening times.

AAMJIWNAANG



**OPEN HOUSE
November 23, 2022**

**Maawn Doosh Gumig
Community
& Youth Centre
4 – 7 PM**



AFTERSCHOOL PROGRAM

**Aamjiwnaang Starting November 21st, 2022
For Grades 1-8**

Space is limited please fill out a registration form

<https://www.nlchc.com/afterschool-online-registration-form/>

Please contact our Program Leaders for more information.

Ashley Williams (548) 997-9149 OR awilliams@nlchc.com

Johnathon Gauthier (519) 381-0960 OR jgauthier@nlchc.com



Community Call Out



We are Hiring



We are looking for AES Community Members to help develop curriculum enhancement resources that focus on Anishinaabek and Lunape local content

- Produce local content
- Focus on Anishinaabek/Lunape
- Support provincial curriculum

If you are interested, please scan the QR code or follow the link below for more information!



<https://forms.office.com/r/h2SN5YUQVz>



ATTENTION TO ALL MEDICAL DRIVERS!!!
Medical Travel slips are now due Fridays before 4:30pm.

Medical Travel Drivers:

Terry Plain (Monis) 519-402-5535
Sheila Firth 519-383-1073
Christine Plain 519-466-0054
Muriel (Toddy) Joseph 519-336-6323 or 519-312-2403

Ron Simon 519-331-7607
Marion Waters 519-312-5283
Wheelchair Accessible Van Driver:
 Contact the Health Centre at
 519-336-6770

CHECK OUT THIS HEALTH INFORMATION

Did you know:

Community Members:

Please remember that if you have a prescription for any kind of equipment; you should try to go to a registered provider to see if the items can be covered under Non-Insured Health Benefits (NIHB). If you are unsure if they are a registered provider, you can always ask them before ordering or paying for an item. Give the provider your status card number and they will check or send off forms to NIHB to see if the items are covered. In some cases, you may have to pay a fee if the item is not fully covered but you could be reimbursed. Some recognized providers are:

Shoppers Wellwise - Exmouth St., True North - Confederation St.,



[This Photo](#)

If you are unsure, you can give me a call at 519-332-6770, ext. 320. If I am unavailable, please leave a detailed message with your contact information.

Are you interested in becoming a Medical Driver?

Responsibilities:

- Transportation to and from medical appointments for on-reserve members.
- Maintaining accurate records of all trips.

Requirements:

- Must have a valid driver's license, clean driver's abstract, proof of insurance related to the 'carriage of passengers', provide recent police check and Safety Standards Certificate for your vehicle.
- Some financial assistance is available to help offset these additional expenses. To learn more, please contact Peggy Rogers at the Health Centre.
- Ability to maintain strict confidentiality

Please contact Peggy Rogers at the Health Centre (519) 332-6770. Miigwech!

Hospital information:



If you have an appointment at the Hospital or are admitted, don't forget to self-identify as First Nations and that they have your status card on file.

If you have needed to take an ambulance to the hospital and have received a bill from the hospital, contact the Patients Account Office at the hospital and submit your status card. The Patients Accounts Office will submit your bill to NIHB for payment. You also can contact me at 519-332-6770, ext. 320 if you need assistance.

[This Photo](#) by Unknown Au-

SOME MORE IMPORTANT HEALTH INFORMATION

Community Members:

Please remember that if you have paperwork or reimbursements, PLEASE include your contact details: name, phone number, or email address.

If you are expecting a payment or reimbursement, you may not have included your phone number or email for me to contact you. I do follow up phone calls/emails when I receive your paperwork. I can be reached at 519-332-6770, ext. 320, Peggy.

The deadline for submissions is Mondays, noon, miigwech!



SENIORS PRESCRIPTION DRUG COVERAGE

When a senior in Ontario turns 65, their medications are automatically covered by a program call the Ontario Drug Benefit Program. The program charges a deductible (Client pays for the first \$100 towards their medications every year starting on August 1) and a co-payment (up to \$6.11 per prescription)

If you have status, you do not have to pay the deductible or the co-payment. If you are charged a deductible or co-payment at the pharmacy, please provide them with your status card and those charges should be covered by the Non-Insured Health Benefits Program (Indigenous Services Canada). If you end up paying out of pocket, please contact Peggy at the Health Centre, 519-332-6770, ext. 320.

Are you interested in becoming a Medical Driver?

Responsibilities:

- Transportation to and from medical appointments for on-reserve members.
- Maintaining accurate records of all trips.

Requirements:

- Must have a valid driver's license, clean driver's abstract, proof of insurance related to the 'carriage of passengers', provide recent police check and Safety Standards Certificate for your vehicle.
- Some financial assistance is available to help offset these additional expenses. To learn more, please contact Peggy Rogers at the Health Centre.
- Ability to maintain strict confidentiality

Please contact Peggy Rogers at the Health Centre (519) 332-6770. Miigwech!

BLUEWATER HEALTH INDIGENOUS SERVICES



The Health Committee was made aware that some members continue to report negative experiences at Bluewater Health. In response the Committee wrote a letter to the hospital board to advocate on behalf of our membership. Hospital staff have been directed to work with Indigenous partners to come up with a plan to ensure Indigenous people are treated with respect and have access to quality, culturally safe care.

Over the past few years, we have been working closely with Bluewater Health to help build their Indigenous Navigation Services. They now have three positions to help improve the hospital experience and support Indigenous patients:

1. Navigator – Nikki George
2. Transitions Facilitator – Doy Loulas
3. Substance Use Care Partner – Ashley Stone

Everyone who visits the hospital deserves to be treated with dignity and respect. If you have a concern or questions about your care, it is important to share your feedback as soon as possible. There are a number of options to help support you:

- Talk directly to your care provider or ask to speak with the unit manager
- Contact the Patient Experience Office:
 - By email: patientexperience@bluewaterhealth.ca
 - Phone: (519) 464-4400, ext. 8554
 - <https://www.bluewaterhealth.ca/patient-experience>
- Contact the Indigenous Patient Navigator:
 - Nikki George: (519)-464-4400, ext. 8815
 - <https://www.bluewaterhealth.ca/types-of-care/indigenous-navigation-services>
- Talk to someone at the Health Centre who can help advocate for you (519) 332-6770. Nurses Gail Nahmabin ext. 308 or Mikeesha Bressette ext. 309 would be happy to help you.



PATIENT INFORMATION

Indigenous Navigation Services: Deyaami maampii (We are here)

What is Indigenous Navigation Services?

These services meet the needs of First Nations, Métis, and Inuit people and supports the patient and their family throughout their care in the hospital and transition back into the community, in a culturally safe and relevant manner.

How Can Indigenous Patient Navigation Services Help?

Help understand your healthcare plan

Enhance communication

Link you with other services

Provide access to traditional healing

Support developing your healthcare plan and transition from hospital to community

How Do I Access these Services?

Indigenous Navigation Services can be reached Monday to Friday from 8:00 a.m. to 4:00 p.m.

Nikki George, Indigenous Patient Navigator (Ext. 8815): Supporting Indigenous patients and families receive care that is culturally relevant in areas of; mental health, emergency (exclusive of substance use), and outpatient.

Doy Loulas, Indigenous Transition Navigator (Ext. 8355): Supporting care transitions and discharge planning in areas of; medicine, ICU, surgical, rehabilitation, CCCOG/COM, and maternal/infant/child.

Ashley Stone, Indigenous Substance Use Care Partner (Ext. 8301): Supporting Indigenous clients who are struggling with substance use across the organization, with an elevated presence in emergency, withdrawal management, and Ryan's House.





GET YOUR
COVID-19
VACCINE
BOOSTER



QUESTIONS? VACCINE CALL CENTRE

226-254-8222



**Moderna Fall COVID
booster doses (bivalent)
are now available!**

Where to get vaccinated

1. Register online through Lambton Public Health at www.getthevaccine.ca.
2. Visit a local participating pharmacy.
3. Contact your local primary care provider.

Primary Series (1st and 2nd dose):

must be 6 months or older at the time of appointment. 8 weeks interval between 1st and 2nd doses.

Fall Booster (ages 5-17 years):

recommended interval of 6 months since the last dose or previous COVID-19 infection.

Fall Booster (ages 18+ or 12-17 yrs who are immunocompromised):

recommended interval of 6 months since last dose or previous COVID-19 infection.

Note: Currently, only Moderna SpikeVax is approved for use as a fall bivalent booster

How to get Help

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

Where to Get Help

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 – OR –Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling: 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women’s Interval Home 519-336-5200

Sarnia-Lambton Children’s Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

**London Withdrawal Management (detox) 519-432-7241
Lambton Mental Health Crisis Line 519-336-3445**

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

Pregnancy Centre 519-383-7115

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888 230-3505

**For more information or support please call :
519-332-6770**

Attention ODSP Clients

Pam Kelly will be returning for in person appointments

December 14th, 2022 from 9am—4pm

Continuing with every 2nd Wednesday of each month

****New location at the Community Centre****

If you need to contact Pam please call
519-337-3735 ext 2280



AAMJIWNAANG Mental Wellness

If you feel overwhelmed with stress and it is affecting you in a negative way, please reach out for help. We want to help you in any way we can.

CRISIS LINES

EMERGENCY 911

Southwest First Nations Crisis Response 1-866-289-0201

First Nations Hope for Wellness 1-855-242-3310

Child & Youth Crisis Line 1-833-622-1320

Kids Help Phone 1-800-668-6868

Text CONNECT to 686868

Sarnia Distress Line 519-336-3000

National Indian Residential School Crisis Line 1-866-925-4419

BUSINESS HOURS 519-332-6770

Tracey George ext. 317 cell: 226-349-5712

Max Cryderman ext. 327 Secondary School Mental Wellness

Ashley Maness ext. 324 Elementary School Mental Wellness

Gabby MacDonald ext. 325 School Mental Wellness

Roberta Bressette ext. 313 Community Wellness

Amy Vandersteen ext. 301 Administration & Family Wellbeing

Kayla Joseph ext. 328 Addictions & Diversion Youth

Michelle Waiters ext. 321 cell: 519-333-8787 Addictions & Diversion

Alphonse Aquash ext. 315 cell: 519-490-5956 Addictions & Diversion

Miigwech. Stay Safe.



Band Buildings Smoking Policy

Just a reminder that all Band buildings are Non-Smoking buildings. Smoking will not be permitted at any outdoor location within a radial distance of nine (9) meters from any doorway, entrance, or exit from any AFN building. AFN is a smoke-free workplace. No smoking or vaping is permitted on company premises by employees, contractors, or visitors at any time, except within any designated smoking areas. In accordance with the Non-smokers' Health Act, AFN will ensure that persons refrain from smoking in any workspace under the control of the employer. Non-smoking signs will be placed at all entrances identifying the policy.

TNT Auto Detailing & Upholstery
Call for free quote or to book appointment

**Auto Detailing
 Upholstery & Carpet Cleaning**

Greg Gray (Owner) - (226)-964-2227
 1909 Virgil Ave-Sarnia, Ontario

TAX FREE

FURNITURE WAREHOUSE

Thursday to Saturday 11 am - 5 pm
 Sunday - 12 pm - 5 pm

Great Prices!

1647 Williams Drive
 (at the end of Indian Road)
 Sarnia, ON

 **Roger Williams' AUTHENTIC NATIVE CRAFT SHOP**

Lots to choose from & Great Gift Ideas!

STORE HOURS
 Monday ~ Saturday
 10:00 am ~ 6:00 pm
 Phone 519-344-1243

 **Rhynos Renovations**

Ryan Pitre
519-312-7537

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 CRYSTALS
 CEREMONY ITEMS

100%
 ANISHINAABE OWNED & OPERATED

174 CHRISTINA ST. N
 SARNIA, ONTARIO

If you would like to submit artwork, drawings or anything at all for the Tribe-une, leave them at the Community Centre for the editor or email them to editor@aamjiwnaang.ca
 All submissions subject to editor approval.

Intention A Natural
 CUSTOM ALL NATURAL BATH AND BODY & WELLNESS PRODUCTS

Company



To order visit: intentionnatural.ca
 free delivery within Lambton county

AAMJIWNAANG FIRST NATION

NOTICE TO BAND MEMBERS RE: DISTRIBUTION

FRIDAY, DECEMBER 2, 2022
8:45 – 12:00 PM to 1:00 – 4:45 PM

\$945.00/band member at
Maawn Doosh Gumig Community Centre, 1972 Virgil Ave

Eligible Members please note:

- To update or verify mailing addresses or direct deposit information, please contact the Finance department at (519) 336-8410 or email finance@aamjiwnaang.ca.
- Direct deposit is available for Canadian bank accounts only.
- **To ensure payment on December 2, all changes must be received by Thursday, November 10.**
- For Aamjiwnaang Band members with lawful custody of minor children, proper documentation must be provided; otherwise, money will be put in Trust.
- To authorize another person to pick up your cheque, please fill in the form below. The forms are also available at the Band Office.
- **US cheques will be available for in-person pickup. Any US cheques not picked up on December 2 will be mailed the following week.**
- Calculation for distribution is based on a percentage of last year's own source revenue, such as wind farms and pipelines, that was not committed to operating Band programs.

COVID-19 Measures

- Please stay home if you are actively sick
- If you or someone at home tested positive within the previous 10 days, please wear a mask

DISTRIBUTION AUTHORIZATON FORM 2022

I, _____, Band # _____ give
_____ authorization to pick up my distribution cheque on my behalf.

Signature

Date

****Please submit a copy of status card with this form****
Fax: 519-336-0382 or email: finance@aamjiwnaang.ca



AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

EMPLOYMENT OPPORTUNITY

Position Title: JR Community Mentor / Right to Play

Location: Aamjiwnaang First Nation

Duration: Contract – December 2022 to March 2023

Hours of Work: Approx. 15 Hours/Week (Tuesday – Thursday: 2:30pm-6:30pm, plus RTP events)

Posting Closes/Deadline: November 23rd, 2022

Tentative Interview Date(s): November 25th & 28th, 2022

Job Overview

This Jr. CM role is catered for an older youth who's attended program, potentially aged out, looking for more responsibility, or could be of assistance with a younger group, helping / working with an After School Program and still attending Youth Leadership Programming etc. While the role is ideal for a youth in these situations, it could be open to anybody under the age of 30.

Roles and responsibilities:

- Support program design, planning, and prep
- Assist with supply shopping
- Create programming resources
- Collaborate on community initiatives and events
- Recruit children and youth to come to programming
- Facilitate activities during programming (e.g., homework help, cooking, small group activities)
- During Modified Programming, plan weekly activities, post activities on community's social media, assemble and deliver care packages

Other Considerations:

Preference may be given to Indigenous candidates with relevant on reserve employment and / or those with knowledge and understanding of Aamjiwnaang and history and community.

Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to (for a copy of the complete job description please email request):

Aamjiwnaang First Nation
978 Tashmoo Avenue
Sarnia, ON N7T 7H5

Attention: Ashley Fisher, Human Resources Officer

Or humanresource@aamjiwnaang.ca

Or 519-336-0382 fax

For more information, check us out online at www.aamjiwnaang.ca



Tribal Custom Insurance Services Inc.

Employment Opportunity

Position: Registered Insurance Broker Trainee

Location: Tribal Custom Insurance Services Inc.

Duration: Permanent – Full Time

Hours: Monday – Friday, 8:30 a.m. – 4:30 p.m.

Posting Closes: December 8, 2022

Summary: We are looking for a registered insurance broker to hire. Training and licensing can be provided for the successful applicant. Salary based on experience.

Responsibilities:

- Building and maintaining business relationships with clients
- Filing and scanning as needed
- Quoting home and auto insurance needs (once licensed)
- Answering phone calls
- Maintaining client records
- Undertaking general administrative duties
- Amending existing policies as required
- Keeping detailed records
- Other duties as assigned

Requirements:

- Detail oriented
- Excellent written and communication skills
- Must be reliable and punctual
- Understanding of Microsoft Office Products (Word, Excel)
- Ability to learn to navigate different insurance platforms (training provided)

Application Process: If you are interested in this opportunity, kindly forward your resume and cover letter via email or fax to:

Tribal Custom Insurance Services Inc.
2-1000 Degurse Drive, Sarnia, ON N7T 7H5
Attention: Burk Peters, CEO
bpeters@tribalcustominsurance.com

or

Fax: 519-332-5982

Please note only successful applicants will be contacted for an interview.

Aamjiwnaang Education Presents
THE ABORIGINAL POST-SECONDARY INFORMATION PROGRAM

Drop IN Meet Indigenous post-secondary recruiters!

What to Expect:

- **Connect** with Indigenous representatives
- **Learn** how we can support you throughout your post-secondary journey
- **Explore** the many programs and pathways to reach your career aspirations
- **Find** a program that is right for you
- **Discover** your potential

Door Prizes & Light Refreshments!

Monday
November 28th
5-7pm

FOR MORE INFORMATION CONTACT
JOEL PICHE
519-336-8410 EXT. 218

Community Centre
1972 VIRGIL AVE
SARNIA, ON

LBS LUNCH N' LEARN

ADULT EDUCATION Program

NOV 2, 9, 16, 23 **Resource Centre**
978 Tashmoo Avenue
Blue Building

Register for a session to learn more about our program!

E: lbs@aamjiwnaang.ca
P: 519-336-8410 ext. 285

Canada **EMPLOYMENT ONTARIO** Ontario

INFORMATION SESSIONS

Maawn Doosh Gumig Community Centre
1972 Virgil Ave, Sarnia

SARNIA ELECTRICIANS LOCAL 530

November 22, 2022
2:00 pm – 3:00 pm
&
5:00 pm – 6:00 pm

Learn what it takes to become an Electrician in the IBEW Local 530

AAMIJWNAANG HEALTH CENTRE/WEST LAMBTON HEALTH CENTRE

DIABETES AWARENESS DAY

Tuesday, November 29, 2022
9:30 am – 3:30 pm
Health Centre

Topics:

- Cedar foot soaks & meditation
- Diabetic footcare
- Lunch and snacks will be provided
- Blood sugar management
- Food demonstration
- Benefits of physical activity for blood sugar management
- Q & A period

To sign up, please contact Natalie, Health Promotion Worker, at (519) 332-6770, ext. 326. Rides are provided if needed.

ATTENTION AAMJIWNAANG YOUTH

- FIRST AID/CPR
 - WHMIS
- SAFE FOOD HANDLING
- WORKER HEALTH & SAFETY
- LEADERSHIP TRAINING
 - BUDGETING
- CUSTOMER SERVICE
- RESUME BUILDING
- INTERVIEW SKILLS

For the **Summer Student Program 2023** all Aamjiwnaang Youth/Students wanting to participant will require the above training courses to apply for the Aamjiwnaang Summer Employment Program. I will be offering each Program twice to accommodate all youth wishing to take the training programs.

All training programs offered will be open to all Aamjiwnaang Band members that are interested.

Lunch and light snacks will be served at each training course.

Please contact: Melissa Medeiros – Employment & Training

mmedeiros@aamjiwnaang.ca

519-336-8410 Ext. 249

An Employment & Training application must be filled out prior to training start date.



First Aid and CPR

Location: Maawn Doosh Gumig

Date: November 28&29, 2022

Time: 9:00am – 4:00pm

Contact Employment & Training - Melissa Medeiros at 519-336-8410 ext. 249 or mmedeiros@aamjiwnaang.ca to register. An Employment & Training application form must be completed to register for training.



Safe Food Handling

Location: Maawn Doosh Gumig

Date: January 24, 2023

Time: 10:00am – 3:00pm

Contact Employment & Training - Melissa Medeiros at 519-336-8410 ext. 249 or [Mmedeiros@aamjiwnaang.ca](mailto:mmedeiros@aamjiwnaang.ca) to register. An Employment & Training application must be completed and returned to register.




YMCA Project North Presents

Truthsgiving 2022

Join us! **November 25th, 2022**
2:30 pm - 7:30 pm
 Aamjiwnaang Maawn Doosh Gumig
 Community and Youth Centre

Coined by Indigenous activist Sitowis, aka Christine Nobiss, "Truthsgiving" is a recognition of Indigenous resistance, the unlearning of false beliefs around the history of Thanksgiving, and the dismantling of colonial-imperialist systems that continue to oppress and dispossess Indigenous communities.

Truthspeakers
Local Artists
Food Trucks
Giveaways
and more...



AAMJIWNAANG FIRST NATION

TOY SWAP

Just in time for Christmas, let's normalize second hand gift giving and offer unplayed with toys a new life!

Bring your GENTLY USED toys and swap them for NEW-TO-YOU toys!

Maawn Doosh Gumig (Community Centre) 1972 Virgil Ave, Sarnia ON

DROP-OFF DATES: Wednesday, November 30th (5pm - 7pm) Thursday, December 1st (8:30am - 4:30pm)	SHOPPING DATE: Thursday, December 1st (5pm - 8pm)
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Toys can also be dropped off November 14-16 at the Health Centre between 8:30am & 4:30pm.

For more information email rsimon@aamjiwnaang.ca



AAMJIWNAANG FIRST NATION

TOY SWAP

Rules & Things to Remember

1. Toys must be in good working order, have all their parts, and have no visible dirt, stains, or imperfections
2. Shopping tickets will be given to those who drop off toys and will be used on the shopping date to choose new-to-you toys
3. The number of shopping tickets given will be determined based on the approximate value of the toys dropped off
4. Only people who drop off toys will be welcomed to shop
5. Remember, if you would not want to give or receive it as a gift, please do not bring it to the swap

Maawn Doosh Gumig (Community Centre) 1972 Virgil Ave, Sarnia ON

DROP-OFF DATES: Wednesday, November 30th (5pm - 7pm) Thursday, December 1st (8:30am - 4:30pm)	SHOPPING DATE: Thursday, December 1st (5pm - 8pm)
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For more information email rsimon@aamjiwnaang.ca





HEPATITIS C

Screening and Testing Clinic

Liver Care Canada's Mobile Care Unit
Where: Maawn Doosh Gumig (by pavillion)
Date: November 25th, 2022
Time: 10AM-2PM



Refreshments and Snacks available!



Mobile Care Unit
Liver Care CareHaven[®]
Confidential Testing

Have you been tested? You could have Hepatitis C if you:

- Were born between 1945-1975
- Have ever injected drugs
- Received a blood transfusion before 1990
- Have ever snorted drugs
- Immigrated to Canada
- Have any tattoos
- Have been incarcerated
- Have any body piercings

The only way to know your Hep C status is to get tested.

Contact Mikeesha at 519-332-6770 ext. 309 for more information

Senior Coffee Time DROP -In



REMEMBRANCE DAY
Let's We Forget

**Senior Coffee Time will be
November 1st, 29th, 2022**

Located at the Senior Complex from 1 to 3pm

November 15, 2022 Coffee Time CANCELED



GAME NIGHT UPDATE

**Games Nights will be
November 8th, 2022**

November 22, 2022 is POT LUCK

Located at Senior's Building

From 6 to 8pm

Senior Updates

Congregate Dining on November 2, 9, 16, 23, 30, 2022

Brass Transit—tribute to Chicago November 10, 2022 see Flyer

Beauty and the Beast November 23, 2022 see Flyer

Ribbon Shirt Wreath Making November 15, 2022 see Flyer

Senior & Youth Wreath Making November 29, 2022 see Flyer

**Massages with Joanne Cheechoo (Dixon) can be booked with Becky,
for SENIORS ONLY**

Don't forget to take a moment of silence on Friday November 11, 2022

Take that time to honor & respect our fallen soldiers

**Traditional Healer
Massage Therapist**

Joanne Dixon

Senior's ONLY 55+

To schedule an appointment please call
Becky Adams at 332-6770 Ext. 312

Aromatherapy Massage - Reiki Degree
1, 2, 3 - Certified Hot Stone Therapy - Therapeutic
Touch Levels I, II, III - Prenatal Massage

**Aamjiwnaang Health Centre
1300 Tashmoo Ave**

**Senior & Youth
Wreath Making**

**Nov 29
4 PM TO 6 PM**

COME & JOIN US!
Contact BECKY for Seniors to register 519 332 6770 ext. 312
Contact MEGAN or CODY for youth to register 519 491 2160 or on Facebook
LIMITED SPACE
Must Register

REFRESHMENTS PROVIDED NOVEMBER 29TH 4 PM TO 6 PM

COMMUNITY CENTRE
YOUTH ROOM



BOOST YOUR WELLNESS!

TO PROMOTE WELLBEING, COME OUT TO FAMILIARIZE YOURSELF WITH THE EQUIPMENT IN THE EXERCISE ROOM AT THE COMMUNITY CENTRE. THERE IS A PERSONAL TRAINER (DIANE TUCKEY) WHO WILL BE ON SITE TO ASSIST YOU.

AAMIJWNAANG COMMUNITY CENTRE - EXERCISE ROOM



BOOST YOUR WELLNESS

EVERY TUESDAY (Starting November 15, 2022) AND THURSDAY – 10:30 am – 11:30 am

- Open to Aamjiwnaang community members 18+.
- BRING YOUR WATER BOTTLE!

Contact Gail or Natalie at the Health Centre for further information at (519) 332-6770.




MUSICAL EXPRESSIONS

'WHERE WORDS FAIL, MUSIC SPEAKS'
- HANS CHRISTIAN ANDERSON

- A 4-week series to explore musical sounds and how we can use music to express ourselves.
- Come learn new ways to create and use sound. Music can be used to guide us through difficult times in our lives by transforming our thoughts into words we maybe cannot speak.
- Instruments will be provided. You are invited to bring your own if you'd like. Many different types will be available to play for all skill levels. Musical experience is not required.

AAMIJWNAANG HEALTH CENTRE & WEST LAMBTON HEALTH CENTRE

MONDAYS FOR 4 WEEKS STARTING NOVEMBER 15, 2022 - 1 PM - 3 PM AT THE COMMUNITY CENTRE

TO SIGN UP, CALL NATALIE AT (519) 332-6770, EXT. 326

THIS FUN 4 WEEK MUSICAL EXPERIENCE IS OPEN TO ALL AAMIJWNAANG COMMUNITY MEMBERS 18+.



AAMJIWNAANG HEALTH CENTRE
FOOD BANK



Food Bank hours:
Tuesdays, 10 am til noon.
Thursdays, 10 am til noon.
***3 day rations based on family size.**
This is on-reserve, once a month assistance, head of household (one per household).
**Bring bags if you have them.*



Aamjiwnaang Health Centre

Kettle Bell/Cardio Class
Is back, with Diane Tuckey!



Starting
Wednesday, 6 pm **Community**
Sept. 7, 2022 **Centre Gym**


Kettle Bell/Cardio Class is every Wednesday, (except for week of Sept. 12). We will resume on Wed. Sept. 21. This class is open to Aamjiwnaang community members, men & women. We will be offering incentives based on attendance from Sept. to Dec.!

Contact Natalie, Health Promotion Worker, at (519) 332-6770, ext. 326, for further info.




AAMJIWNAANG HEALTH CENTRE

***New!* CHAIR YOGA**
(Adults 18+)
WITH LISA ARNOLD




Starts on Thursday, Oct. 6/22 – 1 pm (for 45 min.)
Senior's Lounge – Community Centre
This 6-week class is available for those 18 yrs. +.
Contact Natalie, Health Promotion Worker, at (519) 332-6770, ext. 326 for further info.




AAMJIWNAANG HEALTH CENTRE

YOGA CLASS



Tuesdays 6 pm in the pavilion (gym if weather not good).
Bring your mat if you have one.
Come on out, give yoga a try for your mind, body & spirit!
- Namaste



AAMJIWNAANG HEALTH CENTRE



COMMUNITY SOUP SOCIAL!

(IS BACK!)

(EAT IN ONLY)



Thursday, November 24,
2022 – NOON til all gone
Community Centre Gym

Aamjiwnaang Health Centre/West
Lambton Health Centre



'MAKE N TAKE'
COOKING CLASS



MONDAY, NOV. 21ST – 4:30 PM – 6:30 PM
HEALTH CENTRE

*This cooking class is for Aamjiwnaang community
members who would like to learn how to prepare
healthy new recipes.

Call Natalie to sign up at (519) 332-6770, ext
326

AAMJIWNAANG

MEMORY BOOKS

A scrapbook to hold the memories of a loved one who has died.

Pictures, writings, drawings, keepsakes, etc. compiled in a scrapbook to celebrate and honour the life of the one you lost. Timing of your loss is not a qualifier to participate in this group. Loved ones who recently began their Spirit Journey or those who have been gone for some time. This will be a safe place to mourn and celebrate your loved one with others who are grieving as well.

HEALTH CENTRE

November 7—December 12, 2022

1pm—3pm

This group is open to adults.

Light snacks will be provided.

Please call or email Tracey to register. 519-332-6770 ext. 317

tgeorge@aamjiwnaang.ca

Miigwech

Photo Credit: Matthew Goulais

**Aamjiwnaang
Health Centre**

Flu Vaccines
(are now available!)



**Call the Health Centre at (519) 332-
6770 to book your appointment.**



HEADLICE SCREENINGS & TREATMENT

Virtual Appointments

Schedule an appointment for a headlice screen and treatment

Headlice Screening **Virtual Appointment with Physician** **Prescription for treatment***

Walk-in's welcome. Preferred to call ahead of time for availability.
 Call nurse Mikeesha at 519-332-6770 ext. 309 for details

AAMJIWNAANG HEALTH CENTRE

DIABETES SUPPORT GROUP

Monday, November 21, 2022
 10 am til Noon at the Health Centre

*This is an open support group (Aamjiwnaang community members) that is facilitated by a dietitian (West Lambton Health Centre) and Health Centre staff.

*Rides provided if needed. Call Natalie at (519) 332-6770, ext. 326.

JORDAN'S PRINCIPLE

Do you know a First Nations child aged 0-18 who has a disability or medical condition whose needs are not being met, either on or off reserve?

Jordan's Principle may provide assistance with Mental Health, Medical Equipment, Speech Therapy and so much more.

Start the process by contacting the dedicated Jordan's Principle Call Centre and Help Line:

Jordan's Principle Call Centre and Help Line:
 English: 1-855-JP-CHILD (1-855-572-4453)
 French: 1-833-PJ-ENFAN (1-833-753-6326)
 Email: InfoPubs@aadnc-aandc-gc.ca

Christian Hebert
 Jordan's Principle Navigator
 Anishinabek Nation
 Phone: 705-497-9127, ext. 2206
 Email: christian.hebert@anishinabek.ca

Marina Plain
 Jordan's Principle Navigator
 Anishinabek Nation
 Phone: 519-328-0942
 Email: marina.plain@anishinabek.ca

Aamjiwnaang Health Centre

WINTER GEAR & CHRISTMAS GIVEAWAY

Saturday & Sunday, November 26 & 27, 2022
 9 am til 2 pm each day.
 Community Centre gym

Bring in your winter gear, hockey, skates, warm clothing and Christmas stuff, i.e., trees, decorations, wreaths, lights, etc. Small household items, books, dvd's, var-mo-les, and toys are also welcome.

Bring your stuff to give away to the gym anytime during the giveaway to set up on tables.



Aamjiwnaang First Nation in Sarnia observes Remembrance Day

Aamjiwnaang First Nation observed Remembrance Day at its cenotaph Thursday.

Author of the article:

[Paul Morden](#)

Publishing date:

Nov 10, 2022 • 5 days ago •

Migizi Aquash, left, and Millie Simon, senior Aamjiwnaang kindergarten pupils, join their classmates in singing O Canada at Thursday's Remembrance Day ceremony at the cenotaph at the Aamjiwnaang First Nation in Sarnia. PHOTO BY PAUL MORDEN /The Observer

Aamjiwnaang First Nation observed Remembrance Day at its cenotaph Thursday.

Flag and honour songs were sung as the community and representatives of its neighbours remembered and honour the sacrifice of those who served in the armed forces.

Pupils from the Aamjiwnaang kindergarten performed O Canada.

Rev. Adam Kilner of Dunlop Central United Church led the service, which included a colour guard, the Sarnia Legion Pipe Band, and city firefighters and police officers, as well as area politicians.

Sarnia's Remembrance Day service will held Friday at the city's cenotaph in Veterans Park, following a parade from the Royal Canadian Legion Branch 62 hall beginning at 10:35 a.m.

pmorden@postmedia.com



Aamjiwnaang First Nation
Public Works Dept.

978 Tashmoo Ave.
Sarnia, Ontario
N7T 7H5
Phone: (519) 336-8410
Fax: (519) 336-0382

The designated after-hours phone line for the infrastructure service emergencies, basement back-ups, animal control requests, Security Issues or winter maintenance issues. There will be one main contact number that will be used for those occurrences.

The after-hours phone number is:

519-331-3596

Please continue to use the band garage number during regular office hours.

The Garage number is 519-336-0510.

Leave a message if no one answers.

Aamjiwnaang Chief applauds relationship with city ahead of Indigenous conference

By [Melanie Irwin](#) November 16, 2022 7:02am

The Chief of Aamjiwnaang First Nation is attending the Fall Chiefs Assembly in Toronto this week.

Chris Plain headed to the conference, hosted by the Chiefs of Ontario, [after serving as the master of ceremonies at the City of Sarnia's inaugural council meeting Tuesday morning.](#)

"There's 134 First Nations in Ontario and we have the heaviest populated First Nation province. So, there's about a quarter million, maybe about 300,000, First Nation people in Ontario."

Chief Plain said he wouldn't have much to add to the discussions planned about safe drinking water, and wastewater legislation, on Wednesday morning.

"Those are two issues that I don't have to worry about," Chief Plain told those attending city council's first meeting. "I'm very, very fortunate, and my community is very fortunate, that we have the LAWSS (Lambton Area Water Supply System). We also have agreements with the city for fire, and police protection, and those services have greatly improved over the last number of years."

[Chief Plain, who was acclaimed to another two year term in October,](#) said it's not just him noticing the improvements.

"I hear it from my community members and the kids, and they're feeling a lot safer and comfortable in our own territory, because forever and a long time, we never really felt safe, we always wanted to stick together."

Chief Plain said Aamjiwnaang community members are "venturing out" more now.

"We have 134 postsecondary students in all disciplines and that exceeds our OW [Ontario Works] rate. That's something I'm really proud of. We have a very, very, low unemployment rate and our annual budget is about \$20 million."

Chief Plain said about 80 per cent of the band's budget is directed to the City of Sarnia.

"We have agreements with the city. They work well for us. I can't speak enough about the city staff for working with us. We have a new proposal out, funded by Indigenous Services, that the city applied for, that we also applied for, and we're going to get a lot of sewer and water mains in the community, around the community, and in the valley replaced. This is a collaboration of two councils working together, two staffs working together, and I couldn't be more proud of how we've come so far together."

He said Aamjiwnaang also has a roads agreement with the city.

"Street lights and sidewalks are important to us," said Chief Plain. "My plea to the city council is... if you want to see those children stay safe, you'll do your obligation and put that infrastructure in for that sidewalk, or work with us, like has been committed a number of years ago."

The Fall Chiefs Assembly will also focus on economic development, housing and infrastructure and child welfare.

The conference wraps up on Thursday.



Aamjiwnaang Chief Chris Plain, master of ceremonies, welcomes everyone to the inaugural meeting for the 2022-2026 Sarnia council term. November 15, 2022 Photo by Melanie Irwin



AAMJIWNAANG HEALTH CENTRE

CAKE DECORATING CLASS

(With Tammy Simon)



For Aamjiwnaang community members 18+, one per household.

Wednesday, December 7, 2022

4:30 pm – 6:30 pm

Health Centre

Dinner will be served.

Please sign up with Natalie by calling (519) 332-6770, ext. 326.

Limited space.





Aamjiwnaang Health Centre

Christmas Gnome Workshop

(With Kim Waters)

December 1, 2022 - 6 pm - 8 pm

Community Centre

Snacks will be provided.



- We will be creating Christmas gnomes using tomato cages and custom decorating/dress your gnome however you want with the supplies provided.
- Open to Aamjiwnaang community members 18+ (one per household.)
- Call Natalie to sign up at (519) 332-6770, ext. 326 before Monday, Nov. 28 - 4 pm.
- Limited spots!





AAMJIWNAANG HEALTH CENTRE

REFLEXOLOGY

(WITH DAKOTA IRELAND, ONEIDA)

- Reflexology is the application of pressure to areas on the feet (or the hands). Reflexology is generally relaxing and may help alleviate stress.
- The theory behind reflexology is that areas of the foot correspond to organs and systems of the body. Pressure applied to the foot is believed to bring relaxation and healing to the corresponding area of the body.



**Reflexology with
Dakota Ireland,
Oneida**

**Monday, November
21, December 5 &
19, 2022**

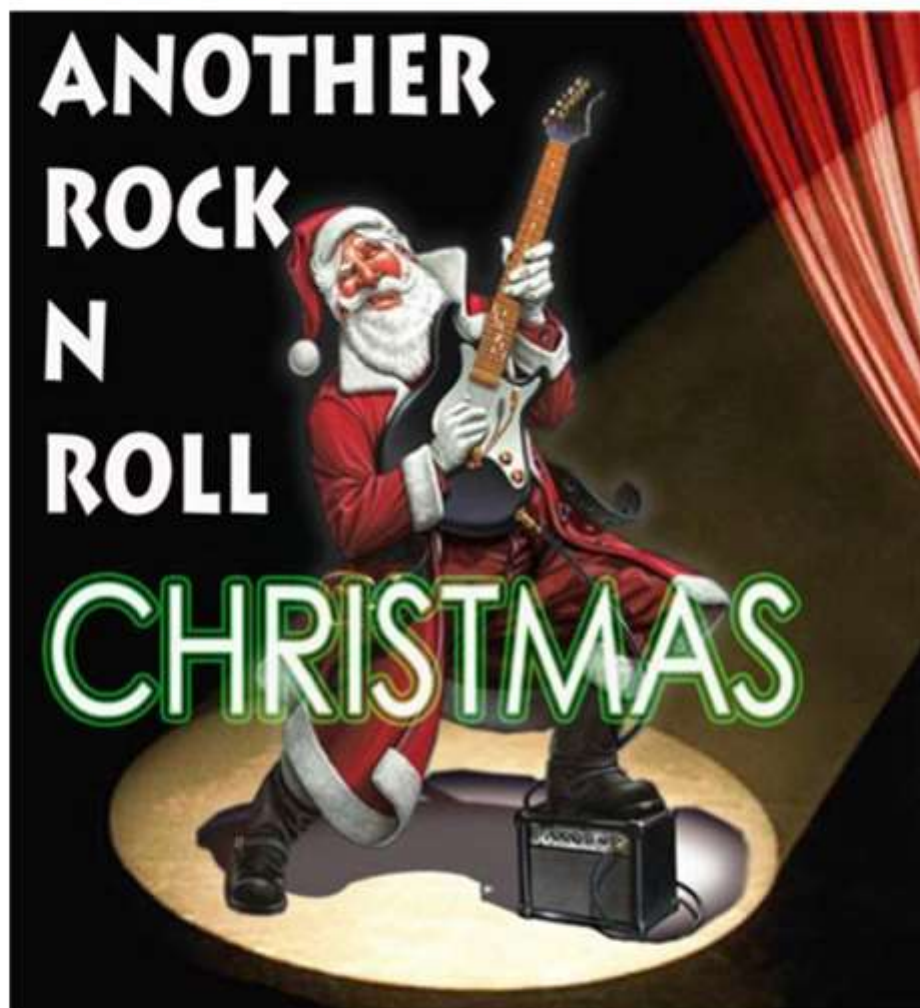
**One hour
appointments are
available starting
from 9 am to 3 pm.**

**Open to
Aamjiwnaang
community members
18+.**

**Call the Health
Centre at (519) 332-
6770 to book an
appointment.**

***Appointments are
limited to one every
other month.***

Seniors 55+ ONLY



Rock and Roll Christmas—Imperial Theater

Saturday December 17, 2022 @ 8 pm

I have 13 sets of tickets available

If interested please contact Becky @ 519-332-6770

EXT 312***

I will have a deadline of December 9th, 2022

FACEBOOK Live Draw date will be December 13, 2022

Seniors 55+ plus Grandchild



The Nightingale Chorus is celebrating our 25th year. Our chorus of 120 is excited to bring you the sounds of Christmas all wrapped together in a beautiful Christmas story set in the Victorian era.

"The Christmas Star"

The industrial Revolution marked the beginning of the world as we know it today... the busier we get, the less we remember the simpler facets of life. Family, Christmas, a sense of community and belonging, are sometimes forgotten.

The things that truly matter... Join Eva's journey, a step back into a world moving forward at breakneck speed. A journey that focuses on life as it should be, the discovery of the true meaning of Christmas and the magical power of a simple wish upon a star.

I have 25 tickets for seniors & 15 Youth tickets if interested please contact

Becky at the Health Center 519-332-6770 ext 312 ***

Show Date will Thursday December 8th, 2022 @ 730 pm

This will be an evening to share with your grandchild

Limited tickets

If need be a DRAW FACEBOOK Via Live will be December 5th, 2022

GWETAANDAWE MARKET
PRESENTS
Christmas
Edition
SATURDAY, DECEMBER 10TH
9:00AM - 1:00PM
Indigenous Artisans

Maawn Doosh Gumig Gymnasium
1972 Virgil Ave, Sarnia, ON, N7T 7H5

Please contact Barb Urlacher for more information
519 336 8410 ext. 227 - burlacher@aamjiwnaang.ca

AAMJIWNAANG HEALTH CENTRE

Health Promotion



CHRISTMAS WREATH MAKING CLASS

(WITH ELISSA JOSEPH)

(Made with fresh evergreen boughs)



Monday, December 5, 2022

5:30 pm – 7:30 pm

Banquet Room, Community Centre

Sign up on this post, or call Natalie at (519) 332-6770, ext. 326. Deadline: Dec. 1/22.

Refreshments will be provided.



Aamjiwnaang Children & Youth Services presents...

Holiday Cheer Night

You're invited for some holiday cheer to celebrate this special time of year! Join us to create a DIY Holiday Craft that you can keep or give away to spread some Holiday Cheer!



FOR CHILDREN & YOUTH 0-18 YEARS OLD!
HOT CHOCOLATE & LIGHT SNACK PROVIDED!
Thursday, December 15th | 6 pm-8 pm

Aamjiwnaang Maawn Doosh Gumig
Banquet Room
1972 Virgil Ave, Sarina

Email nmaness@aamjiwnaang.ca by Friday, December 9th to sign up!!



NOVEMBER SENSORY BOOK IN A BAG

Children & Youth Services are offering a book along with a themed sensory bag to children ages 4-6 years old.

Read the book together and then allow your child to play with the sensory bag targeting Literacy, Language and Occupational Therapy Goals!

3 BOOK OPTIONS:

GOLDBLOCKS & THE THREE BEARS

LITTLE RED RIDING HOOD

THE THREE LITTLE PIGS

Pick up date: Tuesday, November 29th, 2022

From: 8:30am - 4:30pm

At: The Aamjiwnaang Health Centre

(Delivery available for those who can't come during that time)

No sign-up necessary! While supplies last!

Email mlefaive@aamjiwnangca for more information or to set up delivery!

WIN!

SO MANY PRIZES!

Calendar Contest!

Help the Health Transformation Team with their new calendar design!

Open to all Anishinabek Nation members. Please submit an illustration (hand-drawn, jpeg, .png, etc.) of what Health Transformation means to you.

Examples could include: exercise, healthy eating, practising culture, etc. Add your name, age, and community to your submission.

Age Groups are: 3-6 / 7-10 / 11-15 / 16+

Deadline: November 30, 2022

Submit to:
HT@anishinabek.ca



www.health-transformation.ca

AAMJIWNAANG

Youth Grief Circle

For youth in high school, Grades 9—10 who have experienced the death of a love one within the last 2 years.

Every Wednesday starting November 30th.

2:45pm—4:30pm

For more information contact Tracey

519-332-6770 ext. 317

Please arrange to be dropped off the bus at the Health Centre.

Youth will have to be picked up after the meeting.

Photo Credit: Jordan Williams, Aamjiwnaang First Nation

HOSTED BY: THE INDIGENOUS STUDENT COUNCIL & THE INDIGENOUS STUDENT CENTRE



Winter Round Dance

SATURDAY DECEMBER 3, 2022

EVERYONE WELCOME

LAMBTON COLLEGE GYMNASIUM
1457 LONDON RD, SARNIA ON N7S 6K4

FREE EVENT

7:00 PM- FEAST
7:30 PM- ROUND DANCE BEGINS

PLEASE FEEL FREE TO BRING YOUR FEAST BAGS & REUSABLE WATER BOTTLES



EMCEE: DAN DELEARY
STICKMAN: VYDEL SANDS



VENDORS | TOONIE TABLE | SPOT DANCES

OPEN CALL TO ALL ROUND DANCE SINGERS
ALL SINGERS WILL BE RECOGNIZED

FOR MORE INFO: EMAIL ISC@LAMBTONCOLLEGE.CA OR CALL HOLLY ALTIMAN @ 519-479-2383

SENIORS OF AAMJIWNAANG MEAT



THE GROUP 55+ FUNDRAISER IS AT

Maawn Doosh Gumig Youth Community Center

Wednesday December 6th 2022, 6 PM

Kitchen Opens at 5 PM

Everyone Welcome to Play

Ages 10+ with Adult Supervision

Students, come out and get your volunteer hours

Come on Out and Support the Seniors Of Aamjiwnaang!!



JOIN US FOR A
SOUP SALE

December 2

Right to Play youth are currently fundraising for their first youth led group trip, please stop by the Community Centre on December 2nd for delicious soups



9:30 4:30

BY RTP

**AT THE MARAWN DOOSH GUMIG
1972 VIRGIL AVE. SARNAIA, ON N7T
7Y3
519 491 2601**

AAMJIWNAANG HEALTH CENTRE/WEST LAMBTON HEALTH CENTRE

ADULT (18+) Wii Fun & Games Drop In
****NOTE: Day and time change!****



Come out and play bowling, golf, balance exercises, skiing, yoga, soccer, so much to choose from!
Contact Natalie at (519) 332-6770, ext. 326 for further info.

Wednesday,
Nov. 30/22
Wed. Dec. 14/ 22

10 am – Noon

Comm. Centre



Ojibwe Words

UKUFXUBJCALMFHWHVGC B
 YJUVC SUIJAAASYGWRUSP
 FIOUGPOFIANWAHNDWJLE
 HRPNOCPNKN EIKXBAGHBY
 UWI AKROWJIDHZOOTHOWX
 FWNFRWJRJIUIXOOLMAMG
 DIIAATEEYMNBDGQZFP TAY
 MIMPBLNTSTEAXEHJLVSW
 OYBILNCUBJNAAGONZWOL
 GAOQZNCRYARMXNOFXOTB
 EAGKGFYSURAXIYJCGCSA
 ASWFVHOWAHYPDIWSOYSK
 SFTWOODENABFIHGZOJHA
 AJUXBTFLUIUUSPWNRFD
 UBLXOMWZJZGDPQGQEWCE
 CADDBCZKKKXGCYQZWTPZ
 IQMGMFLIWDCFECSVDCR
 IVEEKCBXHYBIINDIGENH
 GTIPUDKDXMLWHHWXZNR I
 YMOSVXTXIMRIQNXPD IJB

Miigwetch
 Boozhoo
 Aaniin
 Bakade
 Mawi

Biindigen
 Onjibaa
 Oodena
 Howah
 Goon

Biindige
 Wiiyaas
 Nahaaw
 Baapi

opin

Miigwetch - Thanks

Boozhoo - Greetings/Hello

Aaniin - Hello

Bakade - Hungry

Mawi - Cry

Biindigen - Welcome/Come In

Onjibaa - From "a place"

Oodena - Town

Howah - Oh My!

Goon - Snow

Biindige - Enter

Wiiyaas - Meat

Nahaaw - Okay

Baapi - Laugh

Opin - Potato

Translations from Ojibwe.net



We're Open

DO YOU NEED HELP WITH ENGLISH, MATH OR COMPUTER SKILLS?

DO YOU WANT TO WORK ON YOUR JOB READINESS SKILLS?

COME SEE US AT THE ADULT LEARNING PROGRAM!

Classroom Hours:
Tuesday/Thursday 9:30-2:30
Wednesday 9:30-11:30

Call us: 519-336-8410 ext. 285
Email us: lbs@aamjiwnaang.ca



We are open
Monday to Friday 8:30am - 4:30pm
Resource Centre 978 Tashmoo Avenue, Sarnia



THE LIGHTHOUSE MINISTRY

Wednesday Service @6pm



With Pastor *Crystal Dowling*

Jesus said in Matthew 18:20 "For where two or three are gathered together in My name, I am there in the midst of them." NKJV



978 Tashmoo Ave Light Snack & Refreshments



The Lighthouse Ministry



Welcoming you to join us for

Sunday Services



With Pastor *Crystal Dowling*



At 2pm *Matthew 4:4 NKJV*



978 Tashmoo Ave
Potluck dinner following service





Dago Maajigoog Binoojiinyag Baashkodin Giizis– Freezing Moon November 2022



Sunday - Name Giizhigad	Monday - Shkintam Giizhigad	Tuesday -Niizho Giizhigad	Wednesday - Nswi Giizhigad	Thursday - Niiwo Giizhigad	Friday - Naano Giizhigad	Saturday - Ngodwaaswi Giizhigad
6 	7 Leaf Painting 10-12 Story & Craft 6pm online	8 Handprint Trees 1-3	9 Tot Check In 11-1 <i>Paper plate Poppies</i> 5pm	10 Charcuterie Board 10-12 Sign up Required Limited to 15	11 Closed Remembrance Day	12
13	14 Owl Craft 10-12 Fitness Fun 6pm online	15 Fall leaf tree name 1-3 Rock your Moccs Day!	16 <i>Old lady who Swallowed some leave make n take</i> 5-545 Online Sign up Required	17 Gentle Parenting Follow up 11	18	19
20	21 Bird Feeders 10-12 Look and find in your house 6pm online	22 Sensory fun 1-3	23 Gnome winter Craft Wreath 5pm	24 Come & finish your unfinish projects 10-12	25	26 
27	28 Hedgehog Craft 10-12 Story & Craft 6pm online	29 Christmas hand & foot craft 1-3	30 Make and Take Literacy fun 5:00-545 Online Sign up Required			Dago Maajigoog Binoojiinyag

We Also have transportation for programming! Please Contact Paula 226-349-2427



RIGHT TO PLAY

November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Sports Night Sports Pad	2 Cancelled	3 Regular Programming	4 No Program
7 No Program	8 Sports Night Floor Hockey	9 Fishing	10 Youth Cooking Night	11 Remembrance Day
14 No Program	15 Sports Night Open Gym	16 Art Night	17 Regular Programming	18 No Program
21 No Program	22 Sports Night Volleyball	23 Regular Programming	24 Youth Cooking Night	25 No Program
28 No Program	29 Senior & Youth Wreath Making (Limited Space)	30 Bingo		

Willie's Adventures

TORONTO MAPLE LEAFS vs DETROIT RED WINGS



LITTLE CEASARS ARENA, DETROIT

Monday Nov.28th at 7:00 PM

Or

Thursday Jan.12th at 7:00 PM

\$230 CDN or \$190 US

Preferred Coach Bus, Lower Bowl Seat

Bus leaves Two Waters Corunna at 3:00 pm SHARP, Food Basics Sarnia 3:30 PM Sharp & Pt.Edward Arena at 4:00 PM Sharp. Soft Sided coolers allowed. Stopping at Tom & Jerry's in Port Huron. Contact Willie at 519-384-1957 or willie@cogeco.ca

"CHRISTMAS BREWERY"

"TOUR"



Limo Bus with Washroom

Saturday Dec.3rd

Point Brewing, Imperial City Brew House, Black Gold Brewery, Two Waters Brewing

\$70 for Ride Only

\$100 for Ride and Long Sleeve Shirt

Limo Bus leaves Two Waters at 11:30 am Sharp and Food Basics Sarnia at 12:00. Soft Sided coolers allowed. Purchase your own beverages at each stop. Will be back in Sarnia at 7:30 PM
Contact Willie at 519-384-1957 or willie@cogeco.ca

AT THE
"FOX THEATER"

IN DETROIT, MICHIGAN



SUNDAY DEC. 4TH AT 12:30 PM

\$100 CDN or \$80 US

Preferred Coach Bus, Ticket

Bus leaves Two Waters Corunna at 8:00am.
Maawn Doosh Gumig Aamjiwnaang at 8:30,
Food Basics Sarnia 9:00 am and Pt.Edward Arena at 9:30 am.
Tom & Jerry's Party Store in Port Huron at 10:30 am.
15 and Under must be accompanied by a Adult.
Contact Willie at 519-384-1957 or willie@cogeco.ca



TORONTO MAPLE LEAFS vs CHICAGO BLACKHAWKS

UNITED CENTER, CHICAGO

SAT. FEBUARY 18th TO MON. 20th

(Monday is a Holiday Family Day)

GAME IS SUNDAY 19th at 5:00 PM

**Includes - Coach Bus, 2 Nights at the Embassy Suites, State St. - 2 Double Beds, 2 Hr. Managers Party and Breakfast - Downtown Chicago, Ticket to Game **
2 in a Room Per Person \$650, 3 in a Room Per Person \$575, and 4 in a Room Per Person \$530 all in U.S. Funds.
\$100 U.S. non-refundable deposit secures your spot. Remainder to be PAID by January 16th. Bus leaves Two Waters Corunna at 9:00 am Sharp and Food Basics at 9:30 am. Contact Willie at 519-384-1957 or willie@cogeco.ca

Carrie Underwood

The Denim & Rhinestones Tour



Sun • Feb 26, 2023 • 7:30 PM

Little Caesars Arena, Detroit, MI

\$180 CDN or \$150 US

Includes: Preferred Coach Bus & Ticket (Sec.224)
 Bus leaves Two Waters Corunna at 3:00 pm, Food Basics Sarnia 3:30 pm and Pt. Edward Arena 4:00 pm.
 And the Tom & Jerry's Party Store at 5:15 pm.
 Soft Sided coolers allowed.

Contact Willie at 519-384-1957 or willie@cogeco.ca

Little Caesars Arena

Detroit Michigan

Tuesday, Feb. 7th at 7:30 PM

Nurse Appreciation Night



\$200 Cdn or \$160 US

Preferred Coach Bus, Ticket (Lower Level). Bus leaves Bad Dog Corunna at 4:00 PM SHARP and Food Basics at 4:30 PM SHARP. Soft Sided coolers allowed and stopping at Tom & Jerry's Party Store. For Ticket's contact Willie at 519-384-1957 or willie@cogeco.ca



DETROIT RED WING GAME LIST 2022-23

Coach Bus and Lower Bowl Ticket
to Little Caesars Arena, Detroit Mi

- Oct. 14th - Friday - Montreal Canadians - \$240 CDN
"OPENING NIGHT"
- Nov. 28th - Monday - Toronto Maple Leafs - \$230 CDN
- Jan. 12th - Thurs. - Toronto Maple Leafs - \$230 CDN
- Feb. 7th - Tuesday - Edmonton Oilers - \$200 CDN
- Mar. 8th - Weds. - Chicago Blackhawks - \$200 CDN
- Mar. 12th - Sunday - Boston Bruins - \$230 CDN
- Mar. 18th - Sat. - Colorado Avalanche - \$230 CDN
- April 8th - Sat. - Pittsburgh Penguins - \$230 CDN

Any questions you can Contact Willie at Willie's
Adventures 519-384- 1957 or willie@cogeco.ca

TRIP TO TAMPA BAY



VS



April 11-14/23

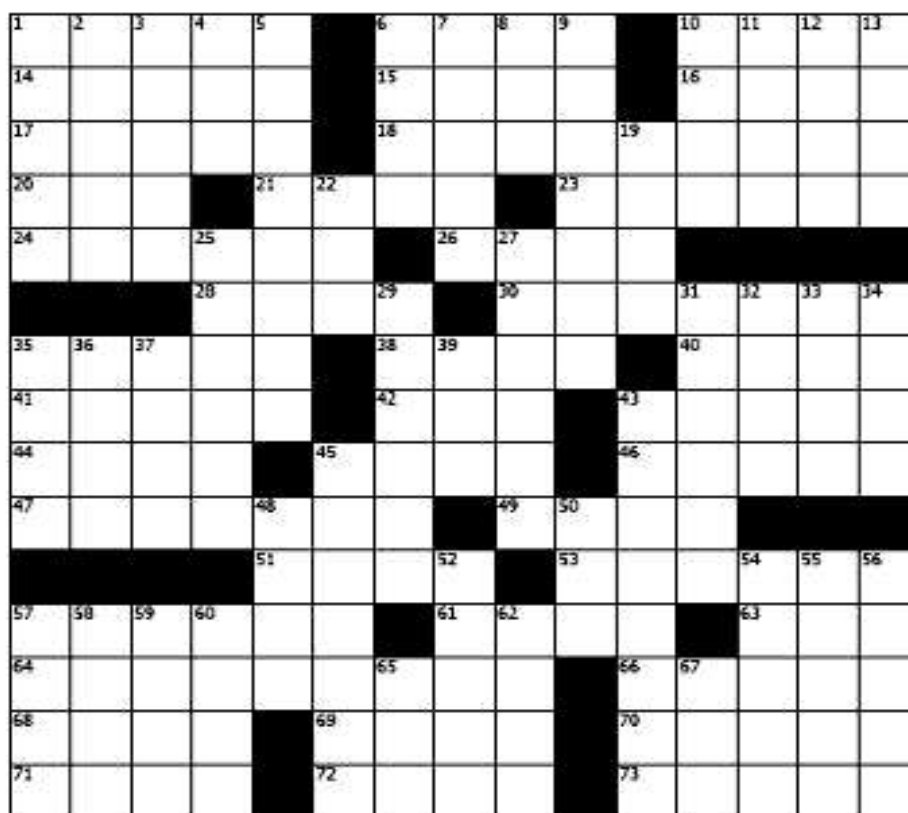
- 2 to a Room \$1165 US Per Person**
- 3 To a Room \$975 US Per Person**
- 4 To a Room \$900 US Per Person**

INCLUDES: Flight to Tampa and Return (Southwest), 3 Nights Hotel (Embassy Suites- 2 Queen Beds and Sofa Bed with 2 Hr. Managers Party each Day and Breakfast), Ticket's to Both Games, Shuttle to and from Airport (Preferred Charters & Blu One Transit), Sting Stamkos T-Shirt. Bus leaves Bad Dog Corunna at 2:00 am, Food Basics Sarnia at 2:30 and Pt. Edward Arena at 2:45. \$100 US Non-Refundable Deposit required to secure seat ONLY 30 AVAILABLE. With remainder due Feb. 20th. Contact Willie at 519-384-1957 or willie@cogeco.ca

CROSSWORDS

Across

- 1. Ocean currents
- 6. Young cow
- 10. Uninteresting
- 14. French farewell
- 15. Diva's offering
- 16. Be defeated
- 17. Those who fib
- 18. Hunting dog
- 20. Scam
- 21. Urgent request
- 23. Make attractive
- 24. Sound system
- 26. Right away!
- 28. Burden
- 30. Separate
- 35. Fizzy beverages
- 38. Egg on
- 40. Resound
- 41. Run after
- 42. Christmas tree
- 43. Patriot ____ Allen
- 44. Slangy negative
- 45. Better half
- 46. Hearty soups
- 47. Bread browner
- 49. Calendar number
- 51. India's locale
- 53. Peruse again
- 57. Smudges
- 61. Caesar's city
- 63. ____ de Janeiro
- 64. Alternative to paint
- 66. Actor Roger ____
- 68. Zenith
- 69. Actor ____ Hackman
- 70. Church leader
- 71. Disorder
- 72. Significant times
- 73. Property documents



Down

- 1. Bath powders
- 2. Blockhead
- 3. Journalist ____ Sawyer
- 4. Eternally, in verse
- 5. Anxious uncertainty
- 6. Show concern
- 7. Locales
- 8. Kindled
- 9. China, Japan, etc. (2 wds.)
- 10. Ran, as colors
- 11. Cherish
- 12. On a cruise
- 13. Frau's spouse
- 19. Knowledgeable about
- 22. Yankee ____ Gehrig
- 25. Uses the oven
- 27. Having rows
- 29. African trip
- 31. Mailbox item
- 32. Tooth problem
- 33. Melt
- 34. Many years
- 35. Beat it!
- 36. Dayton's state
- 37. ____ Carvey of "Wayne's World"
- 39. Nipped
- 43. Regarded highly
- 45. E-mail item
- 48. Canvas cover
- 50. Elbow's locale
- 52. Sports venue
- 54. Wear away
- 55. Broadcast
- 56. Active ones
- 57. Used the pool
- 58. Nutmeglike spice
- 59. Shade sources
- 60. Pub offerings
- 62. Mine products
- 65. Each
- 67. Spanish cheer

Job Search Websites

OFIFC www.ofifc.org/

Nokee Kwe www.nokekwe.ca/

Southern First Nation Secretariat, www.sfns.on.ca/index.html

N'Amerind Friendship Centre (London) www.namerind.on.ca/

Anishnawbe Health Toronto <http://www.aht.ca/>

SOAHAC London, Chippewas of the Thames, Owen Sound,
<http://www.soahac.on.ca/>

Six Nations (Ohsweken, ON), www.sixnations.ca/

Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>

For Up-To-Date News and Information in the
First Nations Political Arena you may visit:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

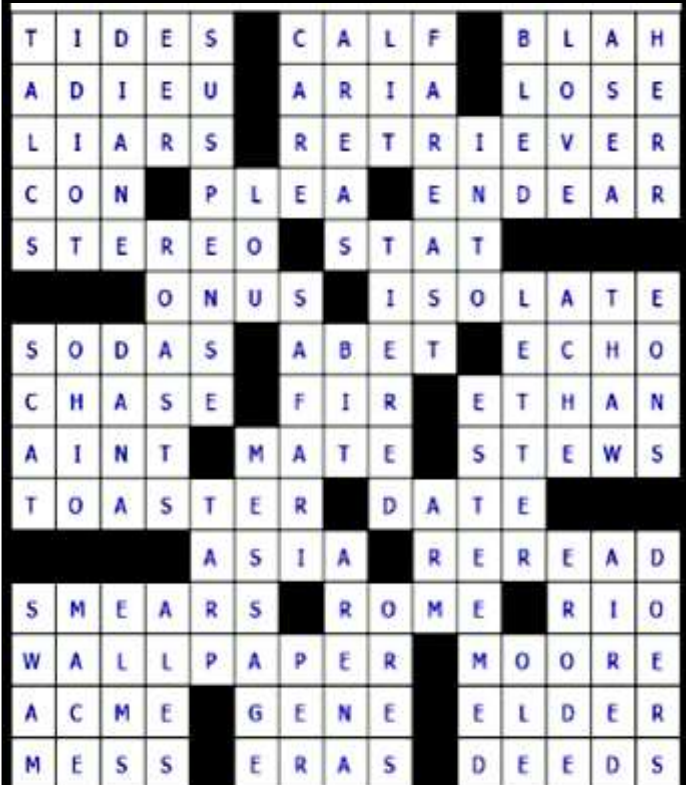
Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs & Northern
Development Canada

<http://www.aadnc-aandc.gc.ca/>

CROSSWORD SOLUTION



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The next issue is due out on:

Friday, December 2nd, 2022

The deadline for submissions is
Wednesday, November 30th, 2022 at
12:00pm

Please submit your documents in

Word, Excel, or Publisher formats or info
can be hand written; jpeg for pictures.

This paper and past editions can also be
found on the Aamjiwnaang website at:

www.aamjiwnaang.ca

If you have stories that you would like to
share, please submit them to the Editor at :

editor@aamjiwnaang.ca