



The Aamjiwnaang First Nation  
**CHIPPEWA TRIBE-UNE**  
*Valentine's day*  
**14 February**



**MMIWG**  
*Valentine's Day*  
 Virtual  
 Memorial Walk



**MONDAY FEBRUARY 14**  
 OPENING CEREMONIES AT 10AM  
 LIVE ON ZOOM

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**T-SHIRT GIVEAWAY**  
 10AM - 4PM

- THE AAMJIWNAANG HEALTH CENTRE  
 1300 TASHMOO AVE
- PLEASE STAY IN YOUR VEHICLE & CALL OR TEXT  
 519-381-8255 OR 519-520-9014 WITH YOUR SIZE  
 & YOUR SHIRT WILL BE BROUGHT OUT TO YOU.

QUESTIONS? CONTACT  
 ROBERTA BRESSETTE @  
 519-332-6770 EXT 313

TAKE A PICTURE OF YOURSELF WALKING  
 FOR SOMEONE AND USE THE HASHTAG  
 #WEWALKFORMMIWGMB

We want to wish everyone a happy Family Day on February 21st!!





## **Aamjiwnaang Chief & Council**

### **Agenda Item Submission** **Information and Deadlines**

- \* Regular Council Meetings - 1st & 3rd Monday of every month. If Monday falls on a statutory holiday the meeting is generally held the following day. Please note, that from time to time meetings may be cancelled or postponed.
- \* Deadline - Tuesday's prior to the regularly scheduled meeting date, by 12:00 noon, for Band Manager review.
- \* Agenda Item Request Form is available at reception for the following locations: Administrative Complex (Band Office), E'Mino Bmaad-Zijig Gumig (Health Centre) & Maawn Doosh Gumig (Community Centre); and, on the Aamjiwnaang website.
- \* Your completed request form can be submitted in person or email, you may also wish to attach additional documentation and information to support your request (i.e. acceptance letters, budget, personal summary, etc.).
- \* Requests will be reviewed by the Band Manager, to ensure that the appropriate personnel/ department have the opportunity to respond or resolve the request, prior to being placed on the Council agenda.
- \* The guidelines set out above are in place to ensure that the flow of information to and from the Council table is efficient, and that your matter is addressed and resolved in a timely manner.

If you have discussion items for  
Chief and Council on:  
**February 21st, 2022**

Your information is due by:  
**February 15th, 2022**

Miigwech, for your co-operation and understanding.

Ashley Jackson, Aamjiwnaang Council Clerk  
[ajackson@aamjiwnaang.ca](mailto:ajackson@aamjiwnaang.ca)

## **COUNCIL AGENDAS**

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to: [pnahmabin@aamjiwnaang.ca](mailto:pnahmabin@aamjiwnaang.ca) providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you.

Patrick Nahmabin

Community Information Officer



**Aboriginal Affairs and  
Northern Development Canada**

**IF YOU DO NOT HAVE THE  
MANDATORY IDENTIFICATION TO  
OBTAIN A STATUS CARD,  
PLEASE CALL: 1-800-567-9604**

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you.
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

**NOTICE – Aamjiwnaang Seniors**

RE: Seniors Travel and Recreation Funding

Chief and Council along with the Community Services Committee have developed a new Seniors Travel and Recreation Funding Policy to help assist Seniors with Travel and Recreational activities. This application is for Seniors who have reached the age of fifty-five (55) years and over. The maximum funding is \$500/CA per fiscal year. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

**NOTICE - Band Members**

RE: Youth Funding Policy / Funding Applications

Chief and Council along with the Community Services Committee have developed a new Funding Policy to help our youth with their Sports, Arts and Recreational activities. This application is for youth to the age of 25 years. The maximum funding is \$800/CA per fiscal year. This maximum will take into consideration LNHL reimbursement and any other recreational funding. Applications can be picked up at the Community Centre or Band Office. For more information please contact the Community Centre – 519-491-2160

**How to get Help**

Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

**Where to Get Help**

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 – OR –Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling: 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women’s Interval Home 519-336-5200

Sarnia-Lambton Children’s Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

London Withdrawal Management (detox) 519-432-7241  
Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

Pregnancy Centre 519-383-7115

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888 230-3505

**For more information or support please call : 519-332-6770**

**Medical Travel Drivers:**

Terry Plain (Monis) 519-402-5535

Sheila Firth 519-383-1073

Christine Plain 519-466-0054

Muriel (Toddy) Joseph 519-336-6323 or  
519-312-2403

Ron Simon 519-331-7607

Marion Waters 519-312-5283

**Wheelchair Accessible  
Van Driver:**

Contact the Health Centre at  
519-336-6770

### Medical Transportation Clients:

If you are riding with a contract driver, please respect the following COVID precautions::

- Wear a face covering at all times.
- Sanitize your hands before getting in.
- Sit in the back seat, passenger side to maintain distance.
- Ask the driver if you can open your window if weather allows.
- Cancel your trip if you are in self-isolation or feeling unwell.

Our drivers are volunteers and have the right to accept or deny any trip request. All of our drivers must be fully vaccinated or undergo regular COVID testing. To protect their own safety, drivers may choose to accept or deny trips based on your vaccination status. IF they ask, please be respectful.

We value our drivers and appreciate your understanding and respect, Miigwech.

### Medical Travel Information

*If you live on reserve and drive yourself or a status individual living on-reserve to an appointment, you are eligible for private mileage to help with the cost of gas.*

The eligibility for mileage is for on-reserve only and appointments must be funded by OHIP or NIHB (eg. doctors, hospital, dental, optometry, lab work) and must be within our catchment area – up to London, Chatham or Windsor.

(eg. Aamjiwnaang to Sarnia = \$7.32 for private mileage)

Trips to pick up prescription medications are not covered.

Medical Travel slips can be found at the Health Centre.

The slip must be filled out completely and signed and dated by the service provider. Incomplete slips will not be accepted.

Medical travel slips are to be submitted to the Health Centre for payment.

The next date for slips to be handed in is by Monday, September 27 and bi-weekly after that on Monday's.

**ATTENTION TO ALL  
MEDICAL DRIVERS!!!  
Medical Travel slips  
are now due by  
Monday's at noon.**

### Seniors Prescription Drug Coverage

When a senior in Ontario turns 65, their medications are automatically covered by a program call the Ontario Drug Benefit Program, This program charges a deductible (Client pays for the first \$100 towards their medications every year starting on August 1) and a co-payment (up to \$6.11 per prescription)

If you have status you do not have to pay the deductible or the co-payment. If you are charged a deductible or co-payment at the pharmacy, please provide them with your status card and those charges should be covered by the Non-Insured Health Benefits Program (Indigenous Services Canada). If you end up paying out of pocket, please contact Peggy at the Health Centre 519-332-6770 ext. 320

### FYI—Payments and Reimbursements

If you are submitting paperwork to Peggy Rogers, for reimbursements or payments, could you please have it submitted by Mondays, noon.

Please remember to include all of your contact information:

Name, Mailing Address and a phone number you can be reached at or an email.

I do follow-ups when paperwork is submitted.

Miigwech,  
Peggy Rogers,  
Administrative Assistant  
Aamjiwnaang Health Centre  
519-332-6770, ext. 320  
progers@aamjiwnaang.ca

### **FYI—Ambulance Bills**

IF you have received an ambulance bill, please ensure that the hospital has your status card on file. If they do not have your status card on file, you will receive a bill for these services.

If you receive a bill for an ambulance, you can call the Patient Accounts Office at the hospital and submit your status card number to them.

The Patient Accounts Office phone is listed at the top of your invoice.

The Patients Accounts Office will then submit your bill to NIHB (Indigenous Services Canada) for payment.



**COVID-19 Information for Individuals with Symptoms**

**If you have any of these symptoms:**

- Fever/chills
- Cough
- Shortness of breath
- Decrease/loss of smell and taste

**OR**

**If you have two or more of these symptoms:**

- Extreme fatigue
- Runny nose/nasal congestion
- Sore throat
- Headache
- Muscle aches/joint pain
- GI Symptoms (i.e. vomiting or diarrhea)

**It is highly likely that you have a COVID-19 infection.**

**What you must do:**

**1. Self-isolate immediately. See the table below to see how long you should self-isolate for.**

| If you are:   | Self-isolate for:  |
|---|--|
| <ul style="list-style-type: none"> <li>• Fully vaccinated* against COVID-19</li> <li>• Less than 12 years old</li> </ul>  | <b>5 days</b> after your symptoms started                  |
| <ul style="list-style-type: none"> <li>• Not fully vaccinated</li> <li>• Immunocompromised</li> <li>• Admitted to hospital because of COVID-19 related illness</li> </ul> | <b>10 days</b> after your symptoms started                 |
| <ul style="list-style-type: none"> <li>• Severely ill and require care in the ICU</li> <li>• Severely immuno-compromised*</li> </ul>                                      | <b>20 days</b> after the date you started to have symptoms |

- Before ending your self-isolation period, your symptoms need to be improving for at least 24 hours (48 hours for gastrointestinal symptoms such as diarrhea and vomiting) and no fever present.

**Important Notes About Self-Isolation**

- **All members of your household** (regardless of their vaccination status) will need to self-isolate while you are self-isolating.
- The day that your symptoms started or your test was collected is day 0 of your self-isolation period. This means that the first day of your 5 or 10 day self-isolation period is the day after your symptoms started or the day after your test was collected.
  - **Example of a 5 day isolation period:** Individual had symptoms that started January 4<sup>th</sup> and was tested on January 5<sup>th</sup>, test came back positive. January 4<sup>th</sup> is day 0 of their isolation period and January 5<sup>th</sup> is day 1. This individual would have to isolate until January 9<sup>th</sup> at midnight and can discontinue isolation on January 10<sup>th</sup>.

| January    |            |            |                             |                             |   |            |
|------------|------------|------------|-----------------------------|-----------------------------|---|------------|
| Sunday     | Monday     | Tuesday    | Wednesday                   | Thursday                    | Friday                                      | Saturday   |
|            | 1          | 2          | 3                           | 4<br>Symptom Onset<br>Day 0 | 5<br>Test Date<br>Test is Positive<br>Day 1 | 6<br>Day 2 |
| 7<br>Day 3 | 8<br>Day 4 | 9<br>Day 5 | 10<br>Discontinue Isolation | 11                          | 12  | 13         |

- If you are in distress, go to the nearest emergency department or call 9-1-1 (experiencing significant trouble breathing, chest pain, fainting or have significant worsening of any chronic disease symptoms). Be sure to tell them that you are COVID-19 positive so correct precautions can be used to decrease the transmission of the virus.
- If self-isolation is complete after 5 days, regardless of vaccination status or age, for a total of 10 days from symptom onset, you must:
  - Continue to wear a well-fitted mask in all public settings.
  - Not visit anyone who is immunocompromised or at higher risk of illness (i.e., seniors).
  - Not visit any highest risk settings.

## 2. Notify your close contacts.\*\*\*

- Please let your close contacts know that they have been exposed to COVID-19.
- Advise your close contacts to follow the directions on the fact sheet: **COVID-19 Information for Close Contacts.**
  - If your close contact **lives** in a highest risk setting they must self-isolate for 10 days from the last time you were in contact with them (even if they are fully vaccinated)
  - If your close contact **works, volunteers or attends** a highest risk setting they, should not attend for 10 days from your last contact with them (even if they are fully vaccinated); workers should notify their employer of their exposure and follow any work restriction guidelines

## 3. Getting tested for COVID-19.

- People living in First Nation communities are eligible to be tested for COVID-19. If available, you can choose to get tested with a rapid antigen, rapid molecular or PCR test.

### How To Self-Isolate

- Stay home, do not leave your house.
- Do not have visitors.
- Avoid contact with people in your home as much as possible.
- As much as possible, stay in a separate room away from others and use a separate bathroom, if possible. If you are in a room with other people, keep a distance of at least 2-metres from others and wear a well-fitted face mask.
- Wash your hands often with soap and water or alcohol-based hand sanitizer.
- Sneeze and cough into your sleeve.

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*\*\*Fully vaccinated means it has been at least 14 days since you received: the full series of a COVID-19 vaccine authorized by Health Canada (e.g., 2 doses of Moderna, Pfizer-BioNTech OR AstraZeneca/COVISHIELD, or one dose of Janssen [Johnson & Johnson]) or any combination of such vaccines OR one or two doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Sinopharm) followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada (e.g., Pfizer-BioNTech or Moderna) OR three doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Abdala).*

**\*\*Highest risk settings include: hospitals (including complex continuing care facilities and paramedic services) and congregate living settings (long-terms care, retirement homes, First Nation elders homes or care lodges, group homes, shelters, hospices and correctional institutions).**

**\*\*\* A close contact is anyone you spent at least 15 minutes (or several short periods of time) with in close proximity (you were less than 2 meters away from them), without appropriate protective measures (for example wearing a masking and/or using PPE) in the 48 hours prior to the day your symptoms started or if you have no symptoms prior to the day your positive test was collected.**



**AAMJIWNAANG FIRST NATION**

# 85% Campaign

The COVID vaccine is our SHOT to be together again. When we reach 85% on-reserve vaccination rate, we will celebrate with a PRIZE GIVEAWAY! Dispell the myths, encourage others and reduce serious illness.



**PRIZES:**  
**\$1000 CASH**  
**Playstation 5 (PS5)**  
**10 x \$100 visa gift cards**  
**20 x \$50 visa gift cards**



## TO ENTER:

Fill out a ballot and submit to the Health Centre. We will continue to post updates as we get closer to our goal.

Open to all Aamjiwnaang community members

**Miigwech to everyone for doing your part during the pandemic**

# COVID-19: IMMUNE SYSTEM BOOSTERS



Zinc

Lean meats, seafood, milk, whole grains, beans, seeds, and nuts • **Important for wound healing**



Vitamin C

Broccoli, cantaloupe, kale, oranges, strawberries, tomatoes, guava, and lychee • **Protect cells from oxidative stress, a product of infection or chronic inflammation**



Iron

Lentils, spinach, tofu, and white beans • **Aids in non-specific immunity, the body's first line of defense**



Vitamin E

Nuts, seeds, wheat germ, green leafy vegetables, avocado, and shrimp • **Helps protect cells from oxidative stress**



Vitamin A

Sweet potatoes, carrots, red bell pepper, spinach, black-eye peas, and mango • **Helps regulate our immune response**



Vitamin B6

Green vegetables, chickpeas, cold-water fish such as tuna or salmon • **Supports more efficient reactions between different parts of our immune system**

## 85% VACCINE CAMPAIGN DRAW



Fill out this ballot for a chance to win some great prizes once we reach our goal! Open to Aamjiwnaang community members. You may use this ballot for your household. We will enter each name into the draw. Please submit to the Health Centre.

|                 |                        |
|-----------------|------------------------|
| <b>ADDRESS:</b> |                        |
| <b>NAME(S)</b>  | <b>PHONE NUMBER(S)</b> |
|                 |                        |
|                 |                        |
|                 |                        |
|                 |                        |
|                 |                        |
|                 |                        |





Ontario is distributing **free rapid antigen tests** to help reduce the spread of COVID-19.



## What is a Rapid Antigen Test?

- This is an easy-to-use test that looks for evidence of the COVID-19 virus.
- Results are available in 15 minutes and **do not** need to be confirmed by a PCR test.
- Rapid Antigen Tests can be used at home. For information, please refer to the following:
  - instructions provided inside the test.
  - [video](https://www.youtube.com/watch?v=CBBd4JRWtsg) on how to use rapid antigen tests <https://www.youtube.com/watch?v=CBBd4JRWtsg>

## Who Should Use a Rapid Antigen Screening Test?

- Rapid antigen tests can be used by people experiencing COVID-19 symptoms including one of:
  - fever and/or chills;
  - cough;
  - shortness of breath;
  - decrease or loss of taste or smell; OR
  - **Two or more of:**
    - runny nose/nasal congestion
    - headache
    - extreme fatigue
    - sore throat
    - muscle aches/joint pain
    - gastrointestinal symptoms (i.e. vomiting or diarrhea)
- While one-off testing (e.g. before a social gathering) by people not experiencing COVID-19 symptoms and without a known exposure is generally not recommended, if you choose to use a rapid antigen test in this way complete it as close to the event as possible (e.g. ideally within a few hours of the event) and know that a negative result could be a false negative.
- Close contacts should self-isolate in accordance with guidance.

## What Does My Test Result Mean?

### Positive Rapid Antigen Test Result

- It is highly likely that you have COVID-19.
- Self-isolate immediately:
  - For at least 5 days (if fully vaccinated or under 12 years old) or 10 days (if not fully vaccinated or immunocompromised) from when your symptoms started and until you have no fever and symptoms have been improving for 24 hours (or 48 hours if gastrointestinal symptoms), whichever is longer.
  - If you live, work, attend, or volunteer in a highest risk setting<sup>1</sup>, let them know that you had a positive result and follow the direction you are given.
  - Household members (including anyone fully vaccinated) must self-isolate while you are self-isolating.
  - Notify people that you have come into **close** contact with starting 48 hours before your symptoms developed and until you began to self-isolate.
  - If you are concerned about your symptoms, contact your health care provider or Telehealth (1-866-797-0000).

### Negative Rapid Antigen Test Result

- If you have COVID-19 symptoms, and your test is negative, you may still have COVID-19.
- Use another rapid antigen test 24-48 hours after your first negative test. If it is negative you most likely do not have COVID-19. Self-isolate until your symptoms are improving for at least 24 hours (or 48 hours if gastrointestinal symptoms).

<sup>1</sup> Highest risk settings include hospitals (including complex continuing care facilities and paramedic services) and congregate living settings, including Long-Term Care, retirement homes, First Nation elder care lodges, group homes, shelters, hospices and correctional institutions.

To learn more about public access to rapid antigen tests, visit [ontario.ca/rapidtest](https://ontario.ca/rapidtest)

**NOT FOR RESALE**





# RAPID TEST KITS & MEDICAL MASKS

AVAILABLE AT THE HEALTH CENTRE FOR COMMUNITY  
MEMBERS



Coronavirus  
**COVID-19**

# COVID TESTING

**MONDAY – FRIDAY**

Aamjiwnaang community members with  
**SYMPTOMS and CLOSE CONTACTS**

**REGISTER ONLINE:**  
[form.jotform.com/213576146125050](https://form.jotform.com/213576146125050)

**Cut off time for same day appointment – 8:30am**

**If you or a family member do not have access to a  
computer call 519-332-6770 ext. 309**





# AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

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## EMPLOYMENT OPPORTUNITY

**Position Title:** Housing Assistant – Youth Experience Program

**Location:** Sarnia, ON

**Duration:** Temporary Full Time (1 year term)

**Posting Closes/Deadline:** February 24<sup>th</sup>, 2022

**Interview Date(s):** February 28<sup>th</sup> & March 1<sup>st</sup>

### Position Summary:

The Housing Assistant will provide an array of Clerical and Administrative services to the Aamjiwnaang First Nation Housing Department

### Responsibilities:

#### Administrative Duties:

- Responsible to the Housing Coordinator for the assisting with administration of all Housing Programs
- Set up and Maintain all files for the CMHC Housing, Mortgages, Renovation Loans and Band Rental programs
- Prepare Purchase Order requisitions for approval and maintaining a log
- Assisting Community Members with their Housing application and quotes
- Assists in the administration of the Residential Rehabilitation Assistance Program (RRAP)
- Attends Housing Committee meetings and making travel arrangements as required
- Assist in organizing Housing Committee meetings and other appropriate meetings as required by the Chairperson and Housing Coordinator
- Assists in confirming contractor's proof of insurance and WSIB coverage.
- Maintain a list of contractors
- Assist in inspections as required

#### Clerical Duties:

- Prepare meeting agenda and packages, as requested by the Chairperson and Housing Coordinator
- Records and transcribes Housing Minutes for Committee and Council Review
- Maintain files of meeting information and minutes
- Day to day clerical duties

**Knowledge, Skills and Abilities:**

- Good Public relations skills, including an appreciation of the need for confidentiality and a positive approach with the public
- Clerical work experience
- How to operate Microsoft Office & Windows would be an asset.

**Requirements:**

- Valid driver's license and reliable transportation would be an asset

**Youth Experience Requirements:**

- Aamjiwnaang Band Member
- 15-30 years of age
- Out of School
- Unemployed
- Underemployed

**Application Process:**

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to:

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON  
N7T 7H5  
Attention: Ashley Fisher  
Human Resources Officer  
Or  
[humanresource@aamjiwnaang.ca](mailto:humanresource@aamjiwnaang.ca)  
Or  
519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)



# AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

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## EMPLOYMENT OPPORTUNITY

**Position Title:** Language and Culture Educator/Administrator

**Location:** Sarnia, ON

**Duration:** Full Time Permanent

**Posting Closes/Deadline:** February 24<sup>th</sup>, 2022

**Interviews:** February 28<sup>th</sup> & March 1<sup>st</sup>

### Position Summary:

The Language and Culture Educator/Administrator will teach Anishinaabemowin (Ojibwe) throughout the Aamjiwnaang Early Years Centre and School classrooms. The Language and Culture Educator/Administrator works in collaboration with Teacher's to contribute to the overall Ojibwe language revitalization within our community, under the general supervision of the Education Coordinator.

### Responsibilities:

1. Develop a yearly plan for language development activities and skills for classrooms and school age program.
2. Provide language instruction and support in collaboration with Teachers
3. Develop lesson plans and cultural activities, and video documentation for online platform
4. Work with the Education Committee in the development of language and culture curriculum.
5. The ability to differentiate instruction using hands-on activities, music, and other experiences
6. Plan and carry out various land-based learning experiences (sugar bush) to include language and cultural activities
7. Collect and assess student data and progress for report cards.

### Requirements:

- An Ontario Teacher's Certification would be an asset, but not required.
- Will have at least one-year experience teaching Ojibwe language in a structured program
- Must have general knowledge of the educational system, values, aspirations of Aamjiwnaang
- Must have the ability to work within a team setting
- Strong communication skills, both written and verbal
- Must demonstrate the ability to speak and write in Ojibwe
- Provide a criminal reference police check with vulnerable sector search
- Valid CPR and First Aid Certificate
- High level of comfort with IT support learning (smartboard, ipads, apps, online forum, etc.)

**Other Considerations**

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3)).

**Application Process:**

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to:

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON  
N7T 7H5

Attention: Ashley Fisher, Human Resources Officer  
or

[humanresource@aamjiwnaang.ca](mailto:humanresource@aamjiwnaang.ca)

Or

519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)



# AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

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## **EMPLOYMENT OPPORTUNITY**

**Position Title:** Early Childhood Educator

**Location:** Sarnia, ON

**Duration:** Casual On-Call

**Posting Closes/Deadline:** Open

### **Position Summary:**

The Early Childhood Educator will provide a quality caring and supportive child care program to members of the Aamjiwnaang community. You will be responsible for the academic, social-emotional growth and development of all children in your care, which may include infant/toddlers and/or preschool age children; develops partnerships with parents and caregivers, in accordance with the goals and curriculum plans of the centre and the philosophy and policies of the Centre and in compliance with the Child Care and Early Years Act. This position reports to the Child Care Centre Supervisor.

### **Responsibilities:**

1. Plan, carry out, and assess developmentally appropriate activities and experiences in harmony with the centre's philosophy
  - Provide a daily balance of active/quiet, indoor/outdoor, and individual/group activities
  - Establish and carry out a daily activity schedule that incorporates child directed activity, care routines and transition times
  - Organize space, equipment and materials before activities
  - Assist children in expressing themselves by listening and responding with questions or comments that extend conversations
  - Use a variety of teaching techniques including modelling, observing, questioning, demonstrating, and reinforcing
  - Encourage and assist children to practice self help daily
  - Plan and carry out experiences that foster an understanding of a variety of cultures and value systems
  - Provide opportunity for child directed play experience
  - Plan and carry out activities that encourage problem solving
  - Provide experiences and play materials that actively promote diversity and acceptance in interactions and attitudes
  - Participate in short and long term planning and evaluation and staff program reviews

- Learn and use the activities and skills provided to assist children in developing the necessary coping skills for addressing unique life issues
2. Individualize the curriculum
    - Set Observe how children use materials and interact with each other and adults
    - Use observations to expand play and plan activities that recognize individual difference
    - Initiate referrals or additional services for parents and children
  3. Ensure guidance of children's behaviour that encourages positive self-concept
    - Set reasonable behaviour expectations consistent with center's philosophy and policies
    - Provide positive guidelines such as redirecting, positive language, and positive reinforcement
    - Immediately address problem behaviour without labelling the child
    - Follow behaviour guidance and policies established by the centre and consistent with accepted practice in the field
  4. Ensure the child's environment is healthy and safe
    - Follow the centre's procedures for administering medications and maintaining health records
    - Report all accidents, injuries and illnesses to the supervisor or delegate and record such incidents in the daily log book and as a serious occurrence if necessary
    - Monitor the environment for hazards
    - Update self daily on children's allergies and other special conditions
    - Establish daily eating routines that are fun for children
    - Attend to children's physical needs for toileting, diapering, eating and sleeping as promptly as possible
  5. Ensure positive communication with parents
    - Plan for parent conferences
    - Discuss the programs daily events and the child's daily progress with parents
    - Accommodate the parent's instructions for daily routines when possible within group routines
    - Encourage parents to participate whenever possible
  6. Contribute to the ongoing operations of the centre
    - Follow licensing requirements
    - Carry out the responsibilities assigned to you
    - Attend regular staff meetings
    - Maintain confidentiality of all information related to the centre's children, their parents, and staff
    - Plan and carry out annual personal development
    - Keep up to date with early childhood advocacy developments
    - Maintain regular attendance and punctuality
  7. Promote the centre within the community
    - Actively participate in Aamjiwnaang staff activities whenever possible
    - Maintain a positive working relationship with other Aamjiwnaang staff and others who work within the building



**Knowledge, Skills and Abilities:**

- Believes in and practices the mission, goals of the program
- Ability to build trust and positive relationships with families in the program
- Act as a role model of appropriate behaviour
- Ability to work cooperatively as a member of the childcare team, facilitating a team environment through personal behaviour, work contributions and the sharing of expertise and knowledge
- Participates in the developing of new ideas and methods for program enhancement and has the ability to adjust and adapt to changes
- Ability to be energetic, resilient and maintains a sense of humour when personal resources challenged
- Achieves results with positive outcomes for children in the program
- Effective interpersonal skills under all types of conditions, exhibiting a supportive, positive approach
- A high degree of personal initiative with good planning and organizational skills
- Maintains timely and accurate files
- Continuing personal and professional development in related areas
- Ability to lift (up to 25 kg)

**Requirements:**

- Post Secondary Diploma in Early Childhood Education or related field an asset
- Current ON Registration (College of ECE) an asset
- Sensitivity to Native issues

**Other Considerations:**

In accordance with Section 16 Special Programs of the Canadian Human Rights Act, preference will be given to Aamjiwnaang Band Members with relevant education/experience (R.S.C 1985, c. H-6, s16 (1-3).

**Application Process:**

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to:

Aamjiwnaang First Nation  
978 Tashmoo Avenue  
Sarnia, ON  
N7T 7H5  
Attention: Ashley Fisher, Human Resources Officer  
Or  
[humanresource@aamjiwnaang.ca](mailto:humanresource@aamjiwnaang.ca)  
Or  
519-336-0382 fax

For more information, check us out online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)



## **EMPLOYMENT OPPORTUNITY** (2<sup>nd</sup> Posting)

### **Finance Officer** (Permanent, Full-Time)

The mission of the Finance Department is to ensure accurate and timely attention to all financial matters, information, and activities of the Southern First Nations Secretariat.

In order to accomplish this mission, we are currently seeking a qualified individual for the position of:

**POSITION DESCRIPTION:** Finance Officer

**TERM:** Permanent; Full Time (3-month probation period)

**POSITION REPORTS TO:** Finance Administrator

**POSITIONS SUPERVISED:** May occasionally be asked to supervise and mentor students

**POSITION SUMMARY:** Reporting to the Finance Administrator, the Finance Officer is responsible for the day-to-day bookkeeping, accounting, filing and financial administration for the Southern First Nations Secretariat (SFNS) and associated organizations as required, as well as supporting Member Nations from a financial advisory capacity as directed by the Finance Administrator.

**KEY RESULT AREAS:**

- Ability to perform all accounting functions in a not-for-profit Finance Department with minimal supervision, including:
  - Payroll, pension and benefits administration
  - Prepare and issue T-4s
  - Accounts payable and payments
  - Accounts receivable
  - Credit Card payments
  - Government remittances
  - General Ledger changes
  - Audit prep work and assistance including General Ledger account analysis
  - HST remittance, reporting and recovery
- Maintain SFNS (and associated organizations as required) finance filing system
- Administer, edit and adjust the electronic time records and roll over for New Year
- Oversee the Master Key Cabinet
- Provide finance information (timesheet, payment and financial reports) and support to staff upon request, including responding to questions and assisting with financial reporting
- Support member First Nations' with financial administration, as requested

22361 Austin Line, Bothwell, Ontario N0P 1C0  
Tel. 519-692-5868 Fax. 519-692-5976 Toll Free. 1-800-668-2609  
[www.sfns.on.ca](http://www.sfns.on.ca)



- Develop annual Work Plans for this position and collaborate on development of departmental policies

#### STATEMENTS OF QUALIFICATIONS:

##### Basic Requirements (Mandatory & Minimum):

- Post-secondary diploma in accounting or business
- Two years of accounting experience, preferably in a First Nations context
- Proficient in AccPac or another computerized accounting software with willingness to learn AccPac
- Bondable

##### Rated Requirements:

- Proficient in Microsoft Office Suite of programs
- Willing to readily support other SFNS staff and programs, as well as those of member First Nations and associated organizations as required
- Ability to multi-task and work under pressure
- Clerical accuracy and efficiency in working with numbers
- Excellent verbal, written and communication skills
- Highly organized and efficient work habits
- Prompt and reliable in attendance
- High standards of ethics and confidentiality in handling sensitive information
- Willing to provide a criminal reference check

##### PHYSICAL DEMANDS:

- Sitting for long periods of time in office environment at a desk, computer terminal, or in meetings
- Required to drive a vehicle to perform duties

**SALARY RANGE:** \$36,000 - \$50,349, based on experience and qualifications, as well as a benefits package.

Please submit a cover letter, resume and three current employment references by email to:

Annette George, Finance Administrator

[finance.administrator@sfns.on.ca](mailto:finance.administrator@sfns.on.ca)

Please mark your subject line as "Confidential - Finance Officer."

**Deadline:** Friday, February 25, 2022 at 4:00pm  
Virtual interviews for this position are tentatively scheduled for Friday, March 4, 2022.

Thank you to all who apply. However, only those selected for an interview will be contacted.

\* A full job description is available upon request.

**AAMJIWNAANG FIRST NATION****HOUSING DEPARTMENT**

978 Tashmoo Ave.

Sarnia, ON N7T 7H5

Telephone: 519-336-8410

Fax: 519-336-0382

[www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)**ATTENTION AAMJIWNAANG FIRST NATION MEMBERS:**

The Aamjiwnaang First Nation Housing Department is now accepting **NEW APPLICATIONS** for a two (2) bedroom duplex. Applications must be completed and have all requested information attached. Incomplete applications will not be accepted.

Band Rental Unit is located at 212 White Circle., the rental rate for this two (2) – bedroom unit is \$600.00/month plus utilities (electricity, gas, and water).

This successful applicant will have to pay the first month's rent of \$600.00 plus meet the following conditions before moving in and receiving keys.

- The successful applicant will have to supply their own appliances.
- The successful applicant will have to sign a rental agreement with the First Nation.
- The successful applicant must provide proof of content's insurance coverage.
- The successful applicant will have to have all utilities in their name before moving in.
- The successful applicant must have a move in inspection done before moving in.

Applications can be picked up at the Band Office, online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca) or by email. Applications must be returned to the Housing Department no later than **March 4, 2022, by 4:00pm.**

**\*\*\* IF YOU SUBMITTED AN APPLICATION PRIOR TO THIS POSTING YOU WILL HAVE TO RE-SUBMIT A NEW APPLICATION. NO EXCEPTIONS. \*\*\***

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Telephone: 519-336-8410

Fax: 519-336-0382

[www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)**ATTENTION AAMJIWNAANG FIRST NATION MEMBERS:**

The Aamjiwnaang First Nation Housing Department is now accepting **NEW APPLICATIONS** for a two (2) bedroom senior's rental unit. Applications must be completed and have all requested information attached. Incomplete applications will not be accepted.

Band Rental Unit is located at 1195 Chippewa Cres., the rental rate for this two (2) – bedroom unit is \$400.00/month utilities included (electricity, gas, and water).

This successful applicant will have to pay the first month's rent of \$400.00 plus meet the following conditions before moving in and receiving keys.

- The successful applicant will have to supply their own washer and dryer.
- The successful applicant will have to sign a rental agreement with the First Nation.
- The successful applicant must provide proof of content's insurance coverage.
- The successful applicant must be 55+.
- The successful applicant must have a move in inspection done before moving in.

Applications can be picked up at the Band Office, online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca) or by email. Applications must be returned to the Housing Department no later than **March 4, 2022, by 4:00pm.**

**\*\*\* IF YOU SUBMITTED AN APPLICATION PRIOR TO THIS POSTING YOU WILL HAVE TO RE-SUBMIT A NEW APPLICATION. NO EXCEPTIONS. \*\*\***

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978 Tashmoo Ave.

Sarnia, ON N7T 7H5

Telephone: 519-336-8410

Fax: 519-336-0382

[www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)**ATTENTION AAMJIWNAANG FIRST NATION MEMBERS:**

The Aamjiwnaang First Nation Housing Department is now accepting **NEW APPLICATIONS** for a one (1) bedroom senior's rental unit. Applications must be completed and have all requested information attached. Incomplete applications will not be accepted.

Band Rental Unit is located at 1840 #11 Virgil Ave., the rental rate for this one (1) – bedroom unit is \$400.00/month utilities included (electricity, gas, and water).

This successful applicant will have to pay the first month's rent of \$400.00 plus meet the following conditions before moving in and receiving keys.

- The successful applicant will have to sign a rental agreement with the First Nation.
- The successful applicant must provide proof of content's insurance coverage.
- The successful applicant must be 55+.
- The successful applicant must have a move in inspection done before moving in.

Applications can be picked up at the Band Office, online at [www.aamjiwnaang.ca](http://www.aamjiwnaang.ca) or by email. Applications must be returned to the Housing Department no later than **March 4, 2022, by 4:00pm.**

**\*\*\* IF YOU SUBMITTED AN APPLICATION PRIOR TO THIS POSTING YOU WILL HAVE TO RE-SUBMIT A NEW APPLICATION. NO EXCEPTIONS. \*\*\***

# Aamjiwnaang First Nation

## Community Energy Plan Newsletter #2

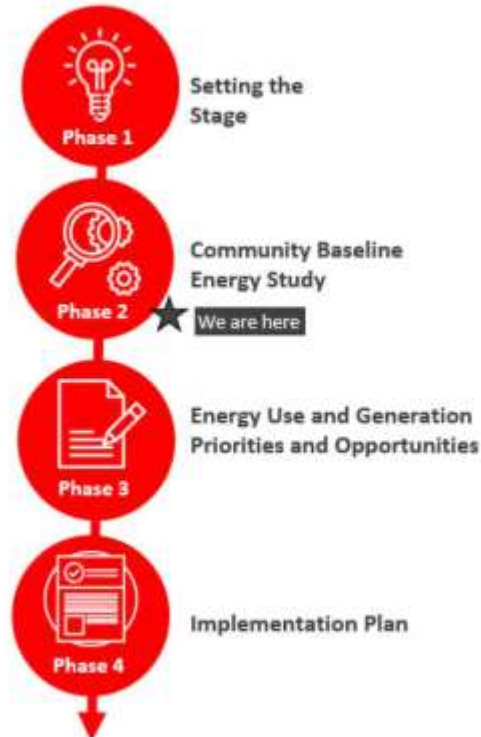


### Aamjiwnaang is preparing a Community Energy Plan!

In July 2020, funding was received from the Independent Electricity System Operator (IESO) to develop the Aamjiwnaang First Nation Community Energy Plan (CEP). A CEP helps communities make informed decisions on how to conserve and use energy in the most efficient way possible!

### Project Update

We have completed the Baseline Energy Study. The study summarizes current energy use in our homes and community buildings. This will help us to identify opportunities to be more efficient in how we use energy.



### Why prepare a Community Energy Plan?

A CEP will provide a guiding document for our community to:

- Use energy more efficiently
- Reduce energy costs
- Reduce greenhouse gas emissions
- Create more opportunities to attract businesses and jobs
- Increase the security of our energy supply
- Enhance our resiliency to climate change

### Community Energy Plan Survey!

Share with us your energy use habits and ideas for improvement. Complete the survey by **Tuesday, March 1<sup>st</sup>, 2022** to be entered into the **PRIZE DRAW**.

Ways to fill out the survey:

**Online** at <https://www.surveymonkey.com/r/RLVMR5H>

**Hard copy**, which can be picked up and dropped off at the Health Centre.

Over the **phone and in-person** by contacting our CEP Champion, **Emma Franklin**. Contact information below.

Scan the **QR Code** with your phone or tablet:



### More Questions?

We will be hosting one-on-one and/or small focus group discussions this spring on community energy planning.

Contact **Emma Franklin** at [efranklin@aamjiwnaang.ca](mailto:efranklin@aamjiwnaang.ca) or **(519)330-2955** to be added to the mailing list.





Indigenous Tourism Ontario (ITO) and the Tourism Innovation Lab have launched the 2nd edition of the Skode Program, an initiative to spark new Indigenous tourism ideas and experiences that authentically represent, celebrate, and promote Indigenous culture, heritage, language, cuisine and communities in Ontario.

The program matches selected applicants with a mentor and provides a \$5,000 non-repayable contribution to advance their new tourism ideas to the next level of development. **Applications are being accepted until March 4th.** Following a review by a jury of Indigenous tourism leaders, entrepreneurs and partner representatives, finalists will be invited to a virtual pitch session being held on March 29th where three winners will be selected.

Learn more at [www.tourisminnovation.ca/ITO](http://www.tourisminnovation.ca/ITO)





**Notice to Members of Aamjiwnaang First Nation  
Apprentices WANTED**

Carpenters Local 1256 is now accepting applications!

Submit resume and proof of WHMIS to:

Krystle Randall at [krystle@carpentersunionsarnia.ca](mailto:krystle@carpentersunionsarnia.ca)

**For FREE online WHMIS training go to**

[http://aixsafety.com/wp-content/uploads/articulate\\_uploads/WHMIS-2015-AIX-Safety-V3/story\\_html5.html](http://aixsafety.com/wp-content/uploads/articulate_uploads/WHMIS-2015-AIX-Safety-V3/story_html5.html)

(be sure to save your certificate!)



Barb Urlacher, Special Projects Liaison Worker  
519-336-841 Ext. 227  
[burlacher@aamjiwnaang.ca](mailto:burlacher@aamjiwnaang.ca)



Krystle Randall, Carpenters Union 1256  
519-344-2352 Ext. 3  
[krystle@carpentersunionsarnia.com](mailto:krystle@carpentersunionsarnia.com)



UPGRADE YOUR  
**COMPUTER SKILLS**  
WITH OUR OFFICE 365 WORKSHOP

Are you looking to learn the basics of Microsoft 365, including:  
Word, Excel and Power Point?

Join us  
**February 2, 9, 16, 23**  
12:30 P.M. to 2:30 P.M.

If interested, please contact us:  
519-336-8410 ext. 285  
or [LBS@aamjiwnaang.ca](mailto:LBS@aamjiwnaang.ca)

Become familiar with the  
basic functions!



# Virtual Community Information Session

Thursday, February 24, 2022  
5:00 pm - 6:00 pm

All community members are invited to attend.

Explore educational opportunities including how to apply, funding options, support services and Indigenous educational pathways.



Join Sean Hbogterp, Indigenous Student Success Coordinator with Lambton College to learn about what the Indigenous Student Centre has to offer our students.

We will see you through registration to graduation.

**Participants will have a chance at having their \$95 College Application Fee paid for.**

Email [Holly.Altiman@lambtoncollege.ca](mailto:Holly.Altiman@lambtoncollege.ca) to register.  
On the day of the session, you will be sent a link to the event.



**AAMJIWNAANG FIRST NATION**  
**E' Mino Bmaad-Zijig Gamig**  
**Health Centre**

1300 Tashmoo Avenue  
 Sarnia, Ontario  
 N7T 8E5  
 Phone: (519) 332-6770  
 Fax: (519) 332-8925

## SENIORS HOME MAINTENANCE & REPAIR

The Home and Community Care Program has access to one-time funding to assist seniors with minor home repairs. The focus is on repairs or modifications needed to address or prevent health and safety issues in the home. The overall goal is to help seniors maintain independence in their own homes.

### Eligibility

- On-reserve band members ages 55+
- Homes needing minor renovation or repair to address or prevent health and safety issues
- Privately owned or Band owned homes
- Up to \$5,000 per home. Exceptional circumstances may be considered.

### Process

- Homeowner will submit application form and two (2) quotes to the Housing Department. Inspections to help determine the scope of work are encouraged and can be scheduled through the Housing Department.
- Applications will be reviewed and approved by a team made up of Health, Housing & Public Works/Maintenance.
- Applications will be approved on a first-come, first-served basis until the funding is exhausted
- Inspections are mandatory once work is completed and will be required to issue payment.

Eligible Items – including but not limited to:

#### Interior Repairs & Modifications

- Install safer flooring
- Grab bars and handrails
- Install safer tub or shower
- Raised toilet seats
- Replace smoke & carbon monoxide detectors
- Faucet & fixture leaks
- Improved or motion-activated lighting
- Home safety improvements
- Accessibility modifications
- Ramps and other mobility aids
- Mold remediation

#### Exterior Repairs, Upgrades & Maintenance

- Deck maintenance and repair
- Install timers, outdoor security and path lighting
- Exterior caulking
- Minor driveway repairs
- Clearing hazards from yard, garage, basement
- Repairing leaks

If you have any questions or need assistance, please contact Housing at 519-336-8410.

Applications will be accepted at the Band Office starting January 3<sup>rd</sup>.

**SENIORS HOME MAINTENANCE AND REPAIR**

**APPLICATION FORM**

**CONTACT INFORMATION**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Is this property:     Privately-owned home         Band-owned home/rental

Phone: \_\_\_\_\_

**REQUEST**

Brief description of the requested work to be completed:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please submit two (2) quotes for all work and indicate which quote is your preference. If you chose to have an inspection completed, please submit that as well.

Submit application form, quotes and inspection (if applicable) to the Housing Department.  
**Funding will be reviewed and approved on a first-come first-served basis.**

-----  
*For office use:*

*Date & time received:* \_\_\_\_\_

# WE ARE LOOKING FOR ENTREPRENEURS!



Community Futures Grande Prairie & Region and Shell Canada brings Shell LiveWIRE to Canada.

APPLICATION DEADLINE: **FEBRUARY 25, 2022**



Community Futures Grande Prairie & Region and Shell Canada brings Shell LiveWIRE to Canada, a virtual interactive, fun and intensive entrepreneurship program intended to support Indigenous entrepreneurs in any step of their business development process.

Sign up today and learn on how to turn your idea into a sustainable business.

**Find out more at: [livewire.shell.ca](http://livewire.shell.ca)**



The Aamjiwnaang Health Centre

# Black Ash Baskets With Rob Blackbird



*"Remembering Our Old ways and  
making them New again"*

FEBRUARY  
**23-25**

MAAWN DOOSH GUMIG  
1972 VIRGIL AVE.

TO SIGN UP: EMAIL ROBERTA  
@RBRESSETTE@AAMJIWNAANG.CA  
OR CALL 332-6770 EXT 313

## 3 Day Workshop

- Split the Black Ash
- Learn to Dye the Wood
- Learn how to Weave a Basket

**Draw for a spot will take place  
Friday, February 18th**



**Are you interested in Violin Lessons for your kids? At no cost to the family! Instrument and music supplied**

**El Sistema is a free community supported music program for kids, offering high-level instruction outside school programs, with millions enrolled across the world**

**Comprehensive instruction straight from orchestra professionals to new students  
Opportunity for onstage performance with regular concerts through the year**



**Aamjiwnaang project will start with violin instruction  
This is an El Sistema Aeolian project, delivered by the International Symphony Orchestra of Sarnia & Port Huron**

**If there is an interest, this program could start as early as mid January 2022. Please call the Community Centre 519-491-2160, leave name/name of child and contact info.**



COMMUNITY  
ENERGY  
PLAN

# SURVEY

COMPLETE BY  
MARCH 1ST, 2022

TO BE ENTERED INTO A DRAW FOR THE CHANCE TO  
WIN ONE OF MANY PRIZES!



**SURVEY CAN BE DONE  
ONLINE, IN PERSON  
OR OVER THE PHONE.  
CONTACT EMMA FRANKLIN  
FOR MORE INFORMATION  
efranklin@aamjiwnaang.ca  
(519)330-2955**

THE DRAW WILL TAKE PLACE  
AFTER THE SURVEY CLOSES  
ON MARCH 2ND, 2022

## PRIZES INCLUDE

- 2 LENOVO 11" 64GB TABLETS
- 2 \$50 PETRO CANADA GIFT CARDS
- 1 \$50 RACK N' ROLL GIFT CARD
- 1 \$50 CALM N' SCENTS GIFT CARD

# DRAW PRIZES!





# Nominate a Senior for Meat Package

**We are going into our third year of this Pandemic, and every senior is having a hard time.**

**It's always nice to be thought of I would like you to TAKE SOME TIME TO THINK OF SOMEONE THAT WILL APPRECIATE THE THOUGHT, and THAT SOMEONE IS THINKING OF THEM**



**Draw dates will be as followed:  
March 3, 2022  
March 10, 2022  
March 24, 2022  
March 31, 2022  
Deadline February 28, 2022**

**I Nominate :** \_\_\_\_\_

**Name of person AND phone number being nominated**

**Signature :** \_\_\_\_\_

**Signature & Date of Nominator**

**Please drop off at Health Center Slot box—Attention Becky Adams**

# Senior to Senior Peer Connection Lunch & Learn Workshop



## Virtual Digital Safety & Connection

Lambton Mental Wellness Centre, Family Counselling Centre, Community Law School Sarnia Lambton, Age-Friendly Sarnia, and Literacy Lambton are excited to respond to the new reality and necessity to learn and apply technological literacy to our day-to-day activities within our community. Our organizations have come together to offer a Peer to Peer workshop for older adult community members (50+).

### Workshop Summary

This program offered through ZOOM, will provide participants with an opportunity to utilize some of the technological skills they already have, as well as increase their knowledge through training as it relates to cyber security, identity theft, and other online scams.

## FREE REGISTRATION

**AT:** [Lambtonmentalwellnesscentrestaff@outlook.com](mailto:Lambtonmentalwellnesscentrestaff@outlook.com)

**DATES:** Tue March 1<sup>st</sup>, Thurs March 3<sup>rd</sup>, OR Wed March 9<sup>th</sup>, 2022 (please Choose 1)

**TIME:** 12:00-1:00

**WHERE:** Virtual Sessions VIA ZOOM

**Literacy Lambton** is available If you need a little Technology boost to access ZOOM

### OUR FREE GIFT TO YOU FOR PARTICIPATING.....

The first 50 individuals to register for one the workshops will be provided with a Tim Hortons gift card to support you to purchase your lunch as you learn virtually.

**A DOOR PRIZE WILL BE AWARDED AT THE CONCLUSION OF EACH SESSION**


### FOLLOW-UP COMMUNITY VOLUNTEER OPPORTUNITY

Many individuals report feeling satisfaction and purpose when they are able to contribute and stay connected to their communities while supporting others who may be in need. Therefore, once participants complete the workshop they may have the opportunity to participate in filling volunteer positions where the exchange of technical know-how could be shared with their peers.

# Ozosodamoo Mshkiki-Ke-Daa

## Let's Make Cough Medicine

*With Laurie McLeod - Shabogesic*



During this hands on virtual workshop we be preparing two easy cough medicine recipes. Participants will need a stove, pot, colander, oven mitts, and medicine cup.

**Thursday, February 17th**  
**1 PM**  
**LIVE ON ZOOM**



*Space is limited. To sign up please call Roberta at 332-6770 ext. 313.*



Aamjiwnaang Children & Youth Services Presents

# BOOK IN A BAG ACTIVITY KIT



## FEBRUARY'S THEME: FEELINGS AND EMOTIONS

Each kit includes the book and activities  
related to emotions and feelings

LIMITED KITS ARE AVAILABLE

EMAIL: [NMANESS@AAMJIWNAANG.CA](mailto:NMANESS@AAMJIWNAANG.CA)

\*PLEASE SPECIFY YOUR CHILD'S AGE



Ages 2 - 4



Ages 5 - 7









**Dago Maajigoog Binoojiinyag- MKWA GIIZIS BEAR MOON FEBRUARY**

**Legend: Zoom In person Invite Posted On Facebook Programming for prenatal and families 0-6yrs old**

Please look for specific sign up times Contact Laura to sign up through Facebook or email [imele@aamjiwnaang.ca](mailto:imele@aamjiwnaang.ca). We will also be posting videos through out the month of January about different activities. Remember Program is subject to change due to Covid!

Dago Maajigoog  
Binoojiinyag

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   | Saturday  |
|---|--|--|---|--|--|---|
| 6<br>Question for children<br>What's your favourite activity to get your heart pumping?   | 7<br>Baby Book Club<br>Everyone Welcome @7pm   | 1<br>Physical activity @6:30   | 2<br>Teddy Bear Stuffing Workshop<br>For Dads @6pm (18kits)     | 3<br>13 moons<br>Bullet Journaling with Heather<br>6-8pm (15 kits) | 4<br>   | 5<br>Tobogganing @bear park 10-12<br>Come out for a fun of morning! |
| 13<br>  | 14<br>Happy Valentines Circle with Laura<br>Hand heart Craft @ 7pm                   | 8<br>Physical activity @6:30   | 9<br>Bear welcome Sign Making<br>With Kim Waters 6pm (15 Signs) | 10<br>10 am<br>Sensory Bag for Tummy Time<br>With Laura            | 11<br>Idea for Valentines Day for cards  | 12  |
| 20<br>Question for children<br>What is your favourite heart healthy snack?  | 21<br>Family Day   | 15<br>Wellness Check-in @ 1PM<br>Physical activity @6:30   | 16<br>Children bear Painting<br>4-5 pm (15kits)                 | 17<br>11am<br>Heart Healthy Food<br>With Claire and Heather        | 18<br> | 19  |
| 27  | 28<br>Anishinaabemowin circle with Sophie<br>Paper Polar Bear Craft with Laura @ 7pm | 22<br>Physical activity @6:30<br> | 23<br>Mitten/ Winter wonderland Pictures @6pm (15Kits)          | 24<br>Baby Wellness<br>Look For more Details                       | 25   | 26  |
| <p><b>MKWA GIIZIS BEAR MOON FEBRUARY</b></p> <p>The second moon of Creation is Bear Moon, when we honour the vision quest that began in the fall. During this time, we discover how to see beyond reality and to communicate through energy rather than sound. This moon also gives us a special teaching about the birth of bear cubs. In February, there is one morning when there is a heavy fog in the air and the traditional person knows that this is happening.</p> |  |  |   |  |  |   |

**Moccasin Making Workshop**

**March 16, 2022**



**FOR AAMJIWNAANG YOUTH - AGES 13-18**

**WHERE: Maawn Doosh Camig**

**LIMITED SPOTS!!**

**Must sign up to Participate!!!**

**To sign up, email: nmaness@aamjiwnaang.ca**

**AAMJIWNAANG WINTER PHOTO CONTEST**

We are looking for photos from nature to use for our online publications and for brochures. We have also decided to use the photos in a calendar. The pictures must show images that evoke feelings of peace, calm, and inspiration. They must be taken by members of Aamjiwnaang and be taken on Aamjiwnaang First Nation. Some examples: water, trees, sunrise, sunset, native plants, etc. Your pictures will be given photo-credit upon each use. Please forward images to: [tgeorge@aamjiwnaang.ca](mailto:tgeorge@aamjiwnaang.ca) or post them in the comments.

The 5 chosen photos will win a prize.

Please submit your photos by March 7th, 2022.

Mligwech

PHOTO CREDIT: TERRY FISHER, AAMJIWNAANG FN



**Let's talk energy savings**

**First Nations Conservation Program**

Have you recently received a new appliance from the FNCP and are having issues?

The contact numbers for service by appliance brand are:

|                          |                |
|--------------------------|----------------|
| Danby:                   | 1-800-263-2629 |
| Electrolux / Frigidaire: | 1-800-265-8352 |
| Mabe (Moffatt/GE)        | 1-800-361-3400 |
| Whirlpool:               | 1-800-807-6777 |
| Perfectaire              | 1-866-996-9255 |
| Haier                    | 1-877-470-9174 |
| Amana                    | 1-800-807-6777 |

Please be advised that all appliances delivered through the FNCP have a 1-year Warranty. You will need to know the model and serial # of your appliance when making a service call. If you do not have this information, please contact us.

If you have any other questions or concerns, please call:  
FNCP toll free line 1-844-349-8972

**Seniors Congregate dining**

**CANCELLED!**

**Attention all Senior's**

**We will be cancelling our Congregate Dining for the months of January & February 2022**

**Due to unpredictable weather, it was hard decision to make... But for the safety of our seniors and workers it was decided to cancel for the 2 months.**

**Hopefully when we start back up in March 2022 We shall be sitting together and sharing a meal back inside the community center.**

**Stay safe & Stay warm**

**I wanted to take this opportunity to say a huge thank you and I appreciate everyone of you.**

**Billie-jo Oliver (delivery)**

**Natalie Nahmabin**

**Gabriella McDonald**

**and to all Health center staff that stepped in to help**

**These people have made it possible for our drive thru—thank you**

**CANCELLED!**

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## Meet our Post-Secondary Team



**LAURA SPERO - POST-SECONDARY COUNSELLOR**  
My role with post-secondary is to support our sponsored students to ensure they are successful in their academic journey. I can help navigate the post-secondary system, as it can be very daunting. If needing to change a program, course load or anything else as it relates to ones academic goals, then I am the person I can support, guide, and always help. I will be the first to say, if I do not know the answer right away, I will find out and get back to you! Miigwech!



**JOEL PICHÉ - ACADEMIC ADVISOR**  
My role with post-secondary is to prepare our secondary students for a successful transition into post-secondary, help our students apply for post-secondary funding, answer education related questions, and promote educational content through social media. Please never hesitate to reach out with questions! Miigwech!



**MERCEDES REDMOND - NIIGAN GDZHIIMAH ASSISTANT**  
My role with post-secondary is inputting student data and information into Outcomes Student Information System, also referred to as Osultran. I also assist with administrative tasks, as needed.




**CHENOA PLAIN - EDUCATION SERVICES ADMINISTRATIVE ASSISTANT**  
My role with post-secondary is the administrative tasks of providing letters to institutions and students as needed, as well as completing financial requirements for post-secondary education. I also assist with compiling application information and reporting to the Education Coordinator as well as the Education Committee. Miigwech!



**VICKI WARE - EDUCATION COORDINATOR**  
My role with post-secondary is overseeing the program as a whole, reporting to the Education Committee as well as Chief & Council. I also handle the appeal process for the post-secondary department. Letters and supporting documents can be sent to vware@aamjiwnaang.ca. Miigwech!

**CONTACT US**  
POST-SECONDARY@AAMJIWNAANG.CA  
WWW.AAMJIWNAANG.CA/EDUCATION  
978 TASHIMOO AVENUE, SARNIA, ON N7T 2H5  
519.538.8410

|   |  |   |
|---|--|---|
|  | <p style="text-align: center;"><b>Roxanne White MSW, RSW</b></p> <p>A community minded wholistic practice which uses a trauma informed, anti-oppressive approach. Using strategies from leading frameworks as well as traditional healing methods.</p> | <p><b>Can Help in the following areas:</b></p> <ul style="list-style-type: none"> <li>Grief and Loss</li> <li>Stress, Anxiety, Low Mood and Depression</li> <li>Healthy relationships</li> <li>Mental health &amp; Addictions</li> <li>Support for those who have a family member with a mental illness</li> <li>Cultural Identity</li> </ul> |
|---|--|---|

Life is full of challenging times and everyone needs a helping hand occasionally. I support clients in identifying the issues surrounding those challenges that are stopping them from experiencing their lives to the fullest.

**Currently servicing clients online or by telephone**

Appointments and inquiries can be made on my website at [www.circleofdiscovery.ca](http://www.circleofdiscovery.ca) or by calling 519-464-2270

**\*Counselling fees are covered through Indigenous Services Canada for those who qualify for NIHB \*Approved Sunlife provider**

**\*Independently owned and operated.**

**\*Not affiliated with any other organization.**

# Nishnaabeman! - Speak Ojibwe!

Boozhoo kina wiiya! As part of a language and culture revitalization initiative we will be including new Ojibwe words every Tribe-une for you to practice on your own. Watch for our bi-weekly language to practice with your family and friends!



## Mna Zaagidiwin Giizhgad



## Happy Love Day

With Valentines Day being all about love, here are some kidwinan you can use with your family and friends.

| Zhaagnaashimowin | Anishinaabemowin         | Pronunciation                 |
|------------------|--------------------------|-------------------------------|
| Heart            | Deh                      | Deh                           |
| Friend           | Nijkiwenh                | Nee-j-ki-wenh                 |
| My sweetheart    | N'bazim                  | n-buz-gim                     |
| Hug me           | Aaptoojiinshin           | Aw-p-tow-jeen-shin            |
| Kiss me          | Jiimshin                 | Jeem-shin                     |
| You are pretty   | Gwanaaji'iw              | Gw-a-naw-jee-iw               |
| I love you       | G'zaagin                 | G-zaw-gin                     |
| I like you       | G'Bashigenamin           | G-bu-sh-i-gen-a-min           |
| You are special  | Gichi-piitendakwas       | Gi-chi-pee-tend-duk-wus       |
| Keep Smiling     | Aabiji<br>zhoomiingwenin | Aw-b-i-j-i-zhow-meen-g-we-nin |

### Niin Ge Da-Makoonsiim

|                                  |                                |
|----------------------------------|--------------------------------|
| <b>Niin ge da-makoonsiim</b>     | <b>Me and my teddy bear</b>    |
| <b>Gye gegoo jaanmendziimin</b>  | <b>Have no worries or care</b> |
| <b>Niin ge da-makoonsiim</b>     | <b>Me and my teddy bear</b>    |
| <b>G'be-giizhig, chii ke min</b> | <b>All day long we play</b>    |

Song written by: Jigjigneshiin-kwe (Virginia Henry)



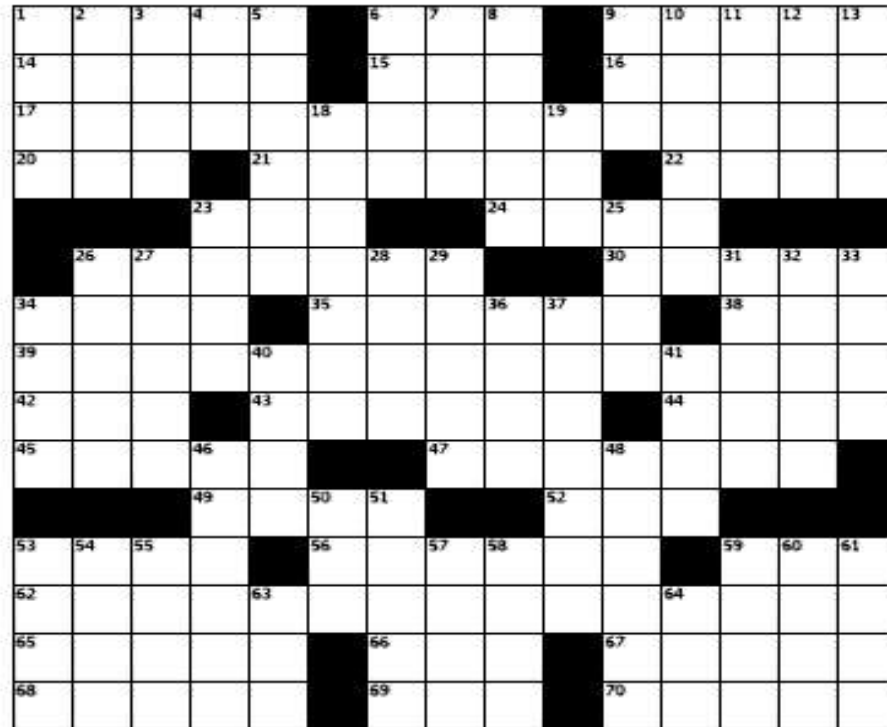
# Mino Dbishkaayin-Happy Birthday

|                          |         |                         |         |
|--------------------------|---------|-------------------------|---------|
| Samantha Antila          | Feb. 11 | Jerome Lamb             | Feb. 19 |
| Carole Delion            | Feb. 11 | Aiden Ransom-Oliver     | Feb. 19 |
| Janet Steadman           | Feb. 11 | Justyn Stone            | Feb. 19 |
| Matthew Stone            | Feb. 11 | Lucas Wiley             | Feb. 19 |
| Joshua Van Den Assem     | Feb. 11 | Brooks Yardley          | Feb. 19 |
| Donald Adams             | Feb. 12 | Chelsea Adams           | Feb. 20 |
| Karen Davidson           | Feb. 12 | Rajanee Adams           | Feb. 20 |
| Clayton Hamelin          | Feb. 12 | Lester Bois             | Feb. 20 |
| Patrick R Nahmabin       | Feb. 12 | Yvonne Buchanan         | Feb. 20 |
| Tracey George            | Feb. 12 | Joshua Daws             | Feb. 20 |
| Leo Huggins              | Feb. 13 | Raymond Fisher II       | Feb. 20 |
| Michael G W James        | Feb. 13 | Serena Gray             | Feb. 20 |
| Tristen Plain Nahmabin   | Feb. 13 | Kathy Maness            | Feb. 20 |
| Timothy A Plain          | Feb. 13 | Josiah Rogers           | Feb. 20 |
| Michael B Rogers         | Feb. 13 | Tiffany Burrell         | Feb. 21 |
| Tyler Rogers-Stonefish   | Feb. 13 | Floyd Bullock           | Feb. 21 |
| Brooke Tipton            | Feb. 13 | Darcy Cloud             | Feb. 21 |
| Dorothy White            | Feb. 13 | Ayden Fisher            | Feb. 21 |
| Tahnia Burrell           | Feb. 14 | Jacob Kleckner          | Feb. 21 |
| Michael Fisher-Cristovao | Feb. 14 | Carrie Rogers           | Feb. 21 |
| Anthony Quain            | Feb. 14 | Christopher-John Rogers | Feb. 21 |
| Dennis Collier           | Feb. 15 | Jalynn Simon            | Feb. 21 |
| Edna Cottrelle           | Feb. 15 | Alicia Currie           | Feb. 22 |
| David Davidson II        | Feb. 15 | Tania Gordon            | Feb. 22 |
| Stacey Jonker            | Feb. 15 | Tristan Green-Bird      | Feb. 22 |
| Abraham Meza             | Feb. 15 | Jocelyn Joseph          | Feb. 22 |
| Spencer Smith            | Feb. 15 | Judith-Jade Plain       | Feb. 22 |
| Tanya Aviles             | Feb. 16 | Maureen Stachnyk        | Feb. 22 |
| Timothy Clarke           | Feb. 16 | Autumn Aviles           | Feb. 23 |
| Sabrina Coates           | Feb. 16 | Yvonne Bressette        | Feb. 23 |
| Miskwa-Giizhik Desensi   | Feb. 16 | Allan C Rogers          | Feb. 23 |
| Victor Gray              | Feb. 16 | Ernest Walker           | Feb. 23 |
| Kaylie Nahmabin-Shaw     | Feb. 16 | Ronald Yellowman        | Feb. 23 |
| Edward G. Oliver         | Feb. 16 | Ava Archer-Lewis        | Feb. 24 |
| Edward L Oliver          | Feb. 16 | Deborah Ayers           | Feb. 24 |
| Roxane Pentland          | Feb. 16 | Johanna Bird            | Feb. 24 |
| Arielle Rogers           | Feb. 16 | Gary Fawcett            | Feb. 24 |
| Camiel DePaepe           | Feb. 17 | Dakota Gray             | Feb. 24 |
| Gerald S Q Maness        | Feb. 17 | Kai James-Gilliam       | Feb. 24 |
| Jessica Plain            | Feb. 17 | Michaela Jennings       | Feb. 24 |
| Theresa Plain            | Feb. 17 | Camryn Kelly            | Feb. 24 |
| Michael M Rogers         | Feb. 17 | Jeffrey R Plain         | Feb. 24 |
| Annette George           | Feb. 18 | Jill Rogers             | Feb. 24 |
| Robert Plain             | Feb. 18 | Brandon Williams        | Feb. 24 |
| Norma Romlewski          | Feb. 18 | Roger F Williams        | Feb. 24 |
| Nogiizhig Soney          | Feb. 18 |                         |         |
| Caillie Aspinall         | Feb. 19 |                         |         |
| Roselyn Bird             | Feb. 19 |                         |         |
| Marion Bourgeois         | Feb. 19 |                         |         |

# CROSSWORDS

**Across**

- 1. Misbehave
- 6. "Little Orphan Annie" character (with "The")
- 9. Oscar de la \_\_\_\_
- 14. It could be at the end of one's rope
- 15. By way of
- 16. Localities
- 17. Just my opinion, and then some
- 20. " \_\_\_\_ said to the..." (joke line)
- 21. Take a bad turn
- 22. Teaspoonful, perhaps
- 23. Burns of documentaries
- 24. Canonical hour
- 26. "Arabian Nights" characters
- 30. Venerate
- 34. Bonnie Parker portrayer Dunaway
- 35. Literature's Papa
- 38. It's for two, in song
- 39. Cowboy accessory, and then some
- 42. Amount of work, according to a busy person
- 43. Tumultuous
- 44. Sniggler's haul
- 45. Pass the bill
- 47. Law feature
- 49. Lettuce unit
- 52. Acoustic organ
- 53. Toast spread
- 56. Most knowing
- 59. Draft choice
- 62. Stubby growth, and then some
- 65. Bank job
- 66. Directly, directionally
- 67. Notched and jagged
- 68. Daisylike flower
- 69. O'Neill and Asner
- 70. Stands



**Down**

- 1. They may be in your pants
- 2. Pacific salmon
- 3. Singer Amos
- 4. Press into service
- 5. TV "Playhouse" name
- 6. Assert
- 7. Dastardly deeds
- 8. Eucharist plate
- 9. Inflamed
- 10. Wore away
- 11. Suicidal emperor
- 12. Uses a shuttle
- 13. Legendary name in tennis
- 18. Nunnery
- 19. \_\_\_\_-cone (icy confection)
- 23. Chicken dish
- 25. Org. celebrating 56 years in 2005
- 26. Claw
- 27. Serengeti beast
- 28. Therefore
- 29. Traffic mess
- 31. Catchall category
- 32. Demesne
- 33. Greasy spoon sign
- 34. Elaborate party
- 36. Sailor's saint
- 37. Trickery
- 40. Noble Italian name
- 41. Dear companion?
- 46. Eliminate alternatives
- 48. Convene
- 50. It's punched with
- 51. Calculator part
- 53. Grp. concerned with safety
- 54. Equivocator's forte
- 55. Escape route
- 57. Missile type
- 58. Scratches by ( with "out")
- 59. Chaotic happenings
- 60. Take a beating
- 61. Cote members
- 63. Midpoint (Abbr.)
- 64. Mr. Onassis



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 Sarnia, ON



**AAMJIWNAANG Mental Wellness**

If you feel overwhelmed with stress and it is affecting you in a negative way, please reach out for help. We want to help you in any way we can.

Crisis Lines:

In an emergency call 911

National Indian Residential School Crisis Line 1-866-925-4419

First Nations Hope for Wellness 1-855-242-3310

Child & Youth Crisis Line 1-833-622-1320

Kids Help Phone 1-800-668-6868

Text CONNECT to 686868

Sarnia Distress Line 519-336-3000

Business Hours:

Tracey George 226-349-5712

Max Cryderman 519-330-1140

Ashley Maness 519-332-6770 ext. 324

Gabby MacDonald 519-332-6770 ext. 328


Roberta Bressette 519-332-6770 ext. 313

Amy Vandersteen 519-384-1955

Michelle Walters 519-333-8787

Alphonse Aquash 519-490-5956

You can connect with any of the Mental Wellness Team through the Aamjiwnaang Health Centre Facebook page as well. Miigwech. Stay Safe.



**Aamjiwnaang First Nation Public Works Dept.**

978 Tashmoo Ave.  
 Sarnia, Ontario  
 N7T 7H5  
 Phone: (519) 336-8410  
 Fax: (519) 336-0382

Effective Friday, October 8, 2021, there will be a new designated after-hours phone line for the infrastructure service emergencies, basement back-ups, animal control requests, or winter maintenance issues. There will be one main contact number that will be used for those occurrences.

The after-hours phone number is:  
**519-331-3596**

Please continue to use the band garage number during regular office hours. The Garage number is 519-336-0510. Leave a message if no one answers.

Alternatively, you can call Wilson Plain Jr. during regular hours at 519-330-8749.

**Migwech**

### Job Search Websites

OFIFC [www.ofifc.org/](http://www.ofifc.org/)

Nokee Kwe [www.nokekwe.ca/](http://www.nokekwe.ca/)

Southern First Nation Secretariat, [www.sfns.on.ca/index.html](http://www.sfns.on.ca/index.html)

N'Amerind Friendship Centre (London) [www.namerind.on.ca/](http://www.namerind.on.ca/)

Anishnawbe Health Toronto <http://www.aht.ca/>

SOAHAC London, Chippewas of the Thames, Owen Sound,  
<http://www.soahac.on.ca/>

Six Nations (Ohsweken, ON), [www.sixnations.ca/](http://www.sixnations.ca/)

#### Other Job Search Engines:

- <http://www.aboriginalcareers.ca/>
- <http://ca.indeed.com/Aboriginal-jobs>
- <http://www.wowjobs.ca/jobs-aboriginal-jobs>
- <http://www.turtleisland.org/front/front.htm>
- <http://www.eluta.ca/>
- <http://www.monster.ca/>
- <http://www.workopolis.com/>
- <http://www.jobs.ca/>
- <http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml>

For Up-To-Date News and Information in the  
First Nations Political Arena you may visit:

Chiefs of Ontario visit:

<http://www.chiefs-of-ontario.org/>

Union of Ontario Indians visit:

<http://www.anishinabek.ca/>

Assembly of First Nations visit:

<http://www.afn.ca/>

Southern First Nation Secretariat

<http://www.sfns.on.ca/>

Aboriginal Affairs & Northern  
Development Canada

<http://www.aadnc-aandc.gc.ca/>

# CROSSWORD SOLUTION



### CHIPPEWA TRIBE-UNE

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The next issue is due out on

Friday, February 25th, 2022

The deadline for submissions is  
Wednesday, February 23rd, 2022 at  
12:00pm

Please submit your documents in

**Word, Excel, or Publisher** formats or info  
can be hand written; **jpeg** for pictures.

**This paper and past editions can also be  
found on the Aamjiwnaang website at:**

[www.aamjiwnaang.ca](http://www.aamjiwnaang.ca)

If you have stories that you would like to  
share, please submit them to the Editor at :

[editor@aamjiwnaang.ca](mailto:editor@aamjiwnaang.ca)