#### AAMJIWNAANG FIRST NATION

#### **CHIPPEWA TRIBE-UNE**

Editor **Sandy Waring** 

#### AAMJIWNAANG'S ANNUAL FARTH **DAY & COMMUNITY CLEAN-UP** CELEBRATION

SATURDAY, APRIL 22, 2017 9:30 AM - 2:00 PM AAMIIWNAANG COMMUNITY CENTRE

#### Trash-To-Treasure:

Don't toss your trash, reduce, reuse and repurpose into art! Be creative, have fun with the family and let's see what you can create using trash around your home.

#### Community Clean-Up:

This is a contest to see who can do the most recycling and garbage clean-up in our Community.

#### Volunteers Needed:

Set-up, registration, displays, bags & tags, photographing, tallying tags, cooking, serving (300 people), handing out trees, and clean-up. If you would like to volunteer in this year's Earth Day Event, please contact Courtney, Christine or Niki at 519-336-8410.



Chippewa Crescent & Virgil Avenue

St. Clair Parkway

DeGurse & Christopher Drive

LaSalle Road

Vidal Street, Wahboose & Beaver Circle

12:00 PM Barbeque @ the Community Centre (Hamburgers & Hotdogs)

1:00 Announce Winners

(Trash-to-Treasure and Garbage Collection)

1:30 Hand out Trees & Door Prizes

2:00 Closing Prayer & Miigwech

CONTEST! Trash-to-Treasure Art

> Recycling/ Garbage Clean-up

Fun Activities for the Whole

. . . . .

Family!!

Seed Planting & Tree

Give-Away

Community Barbeque

ENVIRONMENTAL

EDUCATION BOOTHS

10 AM - 2 PM









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#### BAND BUILDINGS CLOSED APRIL 28

All band staff and leadership will be in training on April 28 to help serve you better. Learning topics include confidentiality, privacy, ethics and resilience.

There will be someone answering phones at the following buildings:

- Band Office
- Community Centre
- Health Centre (there will be foot care this day)

#### Shanno Bolton

Ontario Disability Support Program Caseworker
Will be at the Aamjiwnaang Ontario Works Office
Every **2**<sup>nd</sup> **Wednesday** of each month
from **1-4pm** 

Please call a head of time at 519-337-3735 ext. 2266 to schedule an appointment or you can drop in.



Chief and Council are asking drivers to <u>PLEASE</u> obey the speed limit on Tashmoo Avenue and St. Clair Parkway. Extra attention must be made before and after school as many of our children are either waiting for or getting on or off the school buses. Please take extra caution during these times.

Miigwech, Chief Joanne Rogers

Aamjiwnaang Population Stats **Current: 2402** 



# COUNCIL AGENDA ITEM <u>SUBMISSION</u> DEADLINE!!

#### FRIENDLY REMINDER

Please be advised that the Council Meeting Agenda Item deadline is the <u>Tuesday</u> prior to the Regular Council Meeting (RCM) at 3:00 p.m. (unless otherwise noted below). Sorry, no exceptions. Any items submitted after the deadline will placed on the next RCM Agenda/Meeting.

RCM's are every 1st and 3rd Monday of each month. Should the RCM fall on a holiday, then it will be held on the following Tuesday.

Miigwech for your co-operation and understanding.

Respectfully,

Lynn, A/Band Council Clerk

If you have any discussion items for Chief and Council on:

Monday, May 8, 2017

(note change in date due to an issue with quorum for May 1)

The deadline for submission is:

Tuesday, April 25 by 3 PM

#### **COUNCIL AGENDA**

Please note that the new Council

Deadline is on <u>Tuesday</u> rather than Wednesday to allow more efficient preparation time for the agenda.

Agenda Request forms can be obtained from the Band Office.

#### **COUNCIL AGENDAS**

Presently a copy of the Council Agenda is posted on the front doors of the Band Office and Community Centre.

If you would like to receive an "electronic" copy of the Council Agenda, please send an email to:

editor@aamjiwnaang.ca

providing your name and band number.

Only band members can receive an electronic copy of the Agenda.

Thank you. Sandy Waring Community Information Officer



Aboriginal Affairs and Northern Development Canada

IF YOU DO NOT HAVE THE MANDATORY IDENTIFICATION TO OBTAIN A STATUS CARD, PLEASE CALL: 1-800-567-9604

- Advise the call centre representative that you want to obtain a Temporary Confirmation of Registration Document (TCRD).
- They will ask a series of questions to confirm your identity and then mail a Temporary Confirmation of Registration Document (TCRD) to you
- This document will state your registration number and can be used in place of a Status Card to access benefits and services.

#### **TNT Auto Detailing & Upholstery**

Call for free quote or to book appointment
Owner: Greg Gray
1909 Virgil Ave-Sarnia, Ontario
(226)-349-1865
Auto Detailing
Upholstery & Carpet Cleaning

#### **NOTICE**

#### **Aamjiwnaang School Bus Transportation Notifications**

Any change must go through the Aamjiwnaang Education Department

- Address change
- Telephone number update
- Change of School
- New students
- Bus Service no longer required

Please advise the Education Department at the Band Administration Building of any changes at 519-336-8410 Diane Aiken ext. 246, or Vicki Ware ext. 247.

Bus Drivers will only accept changes as approved by the Education Department.

The Aamjiwnaang Bus Transportation Policy is available upon request. To ensure the bus safety of our students, we must all work together.

#### TJ's Salvage & Demolition

Down & Out?? We'll tear it down, cut it down and haul it out... trees, buildings, cars whatever you want removed.

Reasonable Rates...

Prompt Service...

Call Jamie, Jacob or Triah at 226-932-5784



#### **Medical Travel Drivers**

Terry Plain (Monis)	519-402-5535
Ron Simon	519-330-7450
Sheila Firth	519-383-1073
Mary Lou Williams	519-337-9342
Carol Miller	226-932-2419
Christine Plain	519-466-0054
Fenton (Wimpy) Plain	H: 519-491-5248 C: 519-466-8717
Muriel (Toddy) Joseph	H: 519-336-6323 C: 519-312-2403



#### **Notice**

Spring Clean-Up will be held the week of

April 24-28, 2017

(Following Earth Day)

Please have all of your unwanted items piled by the road to ensure that the Maintenance Crew can easily remove it.

#### Aamjiwnaang Band Members By-Election for Councillors

#### Notice of Nomination Meeting

Notice is hereby given that a meeting of the electors of the Aamjiwnaang First Nation will be held at the *Maawn Doosh Gamig Community Centre* on *Friday*, the <u>5<sup>th</sup></u> day of <u>May 2017</u>, beginning at 9:00 o'clock a.m. and closing at 8:00 o'clock p.m., for the purpose of nominating candidates for the position of Councillor on the Band Council of the said Band, for the remainder of this term.

There are <u>three</u> (3) Councillor positions available. The Poll will be held at the Maawn Doosh Gamig Community Centre on Friday, <u>June 16</u>, 2017.

Please note that any <u>Elector</u> may <u>nominate candidates</u> by using a <u>mail-in</u> nomination form. If you will not be available on the date set out for the Nomination Meeting and wish to nominate a candidate, contact the Electoral Officer at the below contact information to make arrangements for a mail-in nomination package. Mailed nominations not received by the EO before the time set for Nomination Meeting are void.

Given under my hand at Serpent River First Nation this 4th day of April 2017.

Vaughn Johnston Electoral Officer

Toll Free: 1 866,286,7130 Text: 1,705,849,8072

yhn Johnston

Email: vaughn johnston@hotmail.com



#### AAMJIWNAANG FIRST NATION CHIPPEWAS OF SARNIA

#### **EMPLOYMENT OPPORTUNITY**

Position Title: Corporation Manager

Location: Sarnia, ON

**Duration:** Permanent full-time

Posting Closes/Deadline: May 16, 2017

#### **Company Background:**

The Aamjiwnaang First Nation (formally known as Chippewas of Sarnia) is a First Nations-community of about 2400 Chippewa (Ojibwe) Aboriginal people. We are located on the St. Clair River, 3 miles south of the southern tip of Lake Huron in the city limits of Sarnia, Southwestern Ontario, Canada – just across the United States border from Port Huron, Michigan. Our heritage language is Ojibwa.

The name Aamjiwnaang, (pronounced am-JIN-nun) means "at the spawning stream."

#### **Position Summary:**

The Corporation Manager will be responsible for the overall management of assigned corporations; planning, developing, coordinating and implementing to satisfy the requirements of the shareholders and tenants; to preserve and increase the value and integrity of the properties and to meet the financial objectives of the board of directors and shareholders. Working time will be divided between the office and meeting with prospective tenants and economic development partners in an effort to promote and market the corporations for projects and development. This is an executive leadership role and requires a full time commitment which includes being available outside the ordinary business hours of work, including evenings and weekends and maintain regular monthly office hours. This position reports to the Board of Directors.

#### Responsibilities:

The Corporation Manager shall, in every aspect of their position:

- Promote the Aamjiwnaang Vision and Mission Statements
- Maintain the level of professionalism expected by the Aamjiwnaang as outlined through the Policies and Procedures manual.

In addition, the Corporation Manager is to complete the following duties:

- Plan/Project Management
- Marketing and Communications
- Collaboration
- Monitor and Manage
- Finance and Administration
- Administrative

#### Knowledge, Skills and Abilities:

- Excellent verbal, presentation and listening skills
- Working knowledge and experience with computer publishing, presentation software programs and accounting, spreadsheets and MS Word and Excel
- Demonstrated success working with clients and partners and in building effective relationships within the business/organizational entity
- Work independently, with a team framework in a variety of social settings
- Good knowledge of sources of capital and business programs that are available to First Nations business
- Establish and maintain collaborative working relationships and lead complex projects
- · Ability to facilitate small group discussions and chair large meetings
- · Excellent research and analysis, reporting and problem-solving skills
- An understanding on First Nations governments, culture and lifestyles
- Decision making skills
- · Stress Management skills
- · Time management skills
- Financial management skills

#### **Personal Attributes:**

The incumbent must maintain strict confidentiality in performing the duties of Corporation Manager. The incumbent must also demonstrate the following personal attributes:

- Be honest and trustworthy
- Be respectful
- Possess cultural awareness and sensitivity
- · Be flexible
- Demonstrate sound work ethics
- Demonstrate keen attention to detail, precision and thoroughness
- Proven ability to work with people of diverse educations, cultural and language backgrounds

#### **Requirements:**

- · Bachelor degree in Economics, Planning, Business Administration or related field;
- Minimum of three years' experience in business or economic development related positions
- Proven success in managing and developing First Nations businesses
- Ability to build and foster relationships with staff, Chief and Council, volunteers and community resources.

#### **Application Process:**

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to (for a copy of the complete job description please email request):

Aamjiwnaang First Nation 978 Tashmoo Avenue Sarnia, ON N7T 7H5 Attention: Lorrie Guggisberg Human Resources Officer

Or

<u>LGuggisberg@aamjiwnaang.ca</u> Or 519-336-0382 fax For more information, check us out online at www.aamjiwnaang.ca



#### EMPLOYMENT OPPORTUNITY Cancer Care Ontario in partnership with Aamjiwnaang First Nation



Job title: Research Assistant

Term: Position is full time and funded through March 31st, 2018

Reporting to: Health Director, Aamjiwnaang First Nation Health Centre and Scientist, Aboriginal Cancer Control Unit, Cancer Care Ontario

Based at: Aamiiwnaang First Nation Health Centre, with some travel

Job summary: Support a range of research and community engagement activities

#### Job roles and responsibilities:

- Support a research project between Aamjiwnaang First Nation, Cancer Care Ontario, and CAREX Canada
- Compile and interpret previous research projects that have taken place in the community
- Lead daily communications, working group meetings, and will be responsible for daily implementation of the study planning and development
- Facilitating interviews, focus groups, and community consultations
- Share research findings and assisting in the preparation of community friendly reports
- Support community engagement initiatives as required

#### Job qualifications/requirements:

- Knowledge of First Nation culture and awareness of issues facing communities
- Knowledge of Aamjiwnaang community an asset
- Post-secondary education preferred
- Experience working with Excel and other Microsoft products
- Experience working as a Research Assistant preferred

#### Application Process:

If you are interested in this opportunity, kindly forward your resume and cover letter via mail or email or fax or in person to:

Aamjiwnaang First Nation 978 Tashmoo Avenue Sarnia, ON N7T 7H5 Attention: Lorrie Guggisberg Human Resources Officer LGuggisberg@aamiiwnaang.ca

OR

Cancer Care Ontario
505 University Avenue, 14<sup>th</sup> Floor
Toronto, ON M5G 1X3
Attention: Sehar Jamal
Research Associate
sehar.iamal@cancercare.on.ca

Fax: 416-971-6888

Fax: 519-336-0382

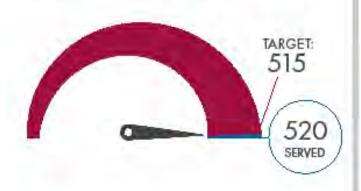
Posting closes/deadline: May 5, 2017 at 4pm



2015 2016

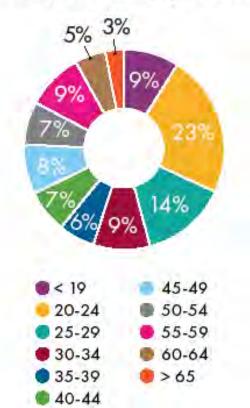
#### Adult Learning Programs in Sarnia-Lambton



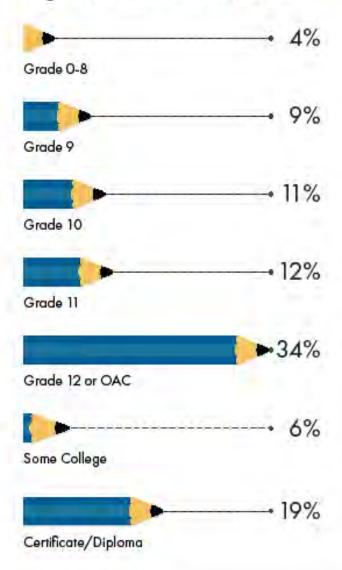


#### Age

Literacy & Basic Skills (LBS) programs consistently serve the working age population.



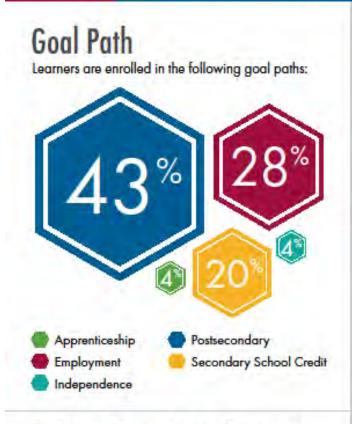
#### Highest Level of Education



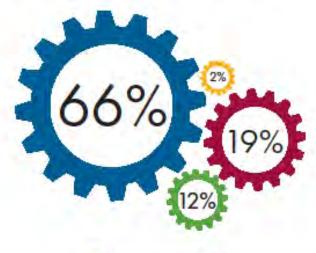


2015 2016

#### Adult Learning Programs in Sarnia-Lambton



#### Labour Force Attachment



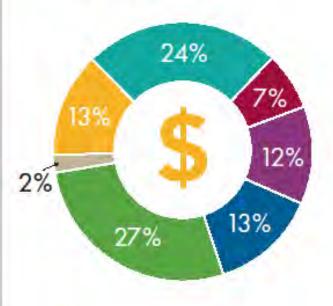


Employment Part Time

Self-Employment

Unemployment

#### Source of Income



No Source of Income

ODSP

Ontario Works

Self Employed

**⊕** Employment Insurance

() Other

The Tri-County Literacy Network strives to provide valuable, accurate, and timely data. It is important for readers to understand that due to the specific process for data gathering the literacy numbers reported upon in the document include some data from both Chatham-Kent and Sarnia-Lambton areas.

















This Employment Ontorio project is funded in part by the Government of Canada and the Government of Ontario and through the Canada-Ontario Job Fund Agreement.

#### ANISHINABEK STUDENT EXCELLENCE AWARDS



Prishinabek

Evening

of Excellence



Wednesday, August 16, 2017

Casino Rama - Silvernightingale Ballroom

Four (4) scholarships in the amount of \$2,500.00 each will be awarded to Anishinabek First Nation students at the post-secondary level for academic excellence.

#### **ELIGIBILITY AND APPLICATION INSTRUCTIONS**

Eligibility: Applicant must be a registered full-time student at an accredited post-secondary college or university. Students who are currently enrolled as well as those who have completed studies and are graduating in 2017 are eligible. Applicants must be a registered member of one of the 40 Anishinabek First Nations as represented by the Union of Ontario Indians.

To Apply: Eligible students are asked to submit:

- a short bio (tell us who you are, will also be used to introduce recipient);
- a letter outlining academic achievements, future aspirations, and community involvement;
- two (2) written academic references; and
- an official transcript of your 2016/17 grades

\*\* Please ensure your contact information is included with your application. (mailing address, email address, and phone number)

#### DEADLINE

for scholarship applications is Friday, June 16, 2017

Applications can be submitted by mail, email, or fax to:

Jason Restoule, Manager
Anishinabek Nation 7th Generation Charity
1 Migizii Miikan, P.O. Box 711, North Bay, ON P1B 8J8
P: (705) 497-9127 or 1-877-702-5200 ~ F: (705) 497-9135 ~ E: an7gc@anishinabek.ca
www.an7gc.ca

#### Calling all students, artists, and inspired community members!

Aamjiwnaang Kindergarten is looking for a new visual identity and needs your help. We are seeking community input from someone who can design a creative, innovative, and professional logo design. The logo should be recognizable and help promote our schools mission, "To deliver a quality Kindergarten program that is a safe and nurturing environment, that supports the Early Learning Program by the Ministry of Education and inclusive of the Ojibway language and Anishinabek culture." The rest is up to you! Please read below for more details regarding logo design, contest rules & submission requirements.

#### **How to Enter the Contest**

The contest begins on April 1, 2017. Submissions will be accepted through April 29, 2017. Winners will be announced via our website, social media websites and by direct contact to the winners' contact numbers. For your entry to be submitted and reviewed by our judges, all entries must be:

- 1. Submitted directly to Kim Henry, khenry@aamjiwnaang.ca
- 2. Submitted in their original source file and
- 3. Submitted as a high resolution .pdf with 300 dpi or higher.

#### Logo Requirements

Professional: This logo may be featured on our website, our social media platforms, and other mediums (stationary, pamphlets, t-shirts etc). Thus, while we want the logo to be eye-catching, it must still be legible.

Theme: Logo must promote the mission of our Kindergarten school, "To deliver a quality Kindergarten program that is a safe and nurturing environment, that supports students the Early Learning Program by the Ministry of Education and Ojibway language and Anishinabek culture."

Color: There are no limitations and any colors may be used. However, logo must look good in color (if any) or black and white.

Integrity: Logos cannot contain copyrighted material. Logos must have been created and edited by the contestant(s). Logos may not include images or licensed images that have been previously published. Must be easily reproducible and scalable for large and small formatting.

#### **Contest Details**

The Winner will be selected by the Education Committee and staff, in conjunction with the Aamjiwnaang Council. Contestants agree that Aamjiwnaang may publish their logo and name(s) and may use both for advertising campaigns and/or marketing materials in the future. Contestants assign all ownership rights, including all intellectual property rights to the logo, to Aamjiwnaang First Nation. Additionally, Aamjiwnaang First Nation may alter, modify, or revise the logo as it sees necessary to achieve the goals of the school. Aamjiwnaang First Nation reserves the right to not select a winner if, in its sole discretion, no suitable entries are received.

#### **Prize**

Contest winner will receive \$300 Visa Gift Card (and bragging rights!)



#### Anishinaabe Self-growth 6 week Program

Facilitator: Mike Plain, Elder

Hosted by the Literacy & Basic Skills Program of Aamjiwnaang's Adult Ed. program
Starting Wednesday, April 26<sup>th</sup>, 2017
every Wednesday 9 am – 3 pm, and Friday 9 am – 12 pm

at Aamjiwnaang's Resource Centre, 978 Tashmoo Ave. Sarnia

LUNCH and SNACKS PROVIDED



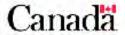
Participants must be at least 19 years of age, with no post-secondary schooling, currently unemployed, and a first time participant of the Program

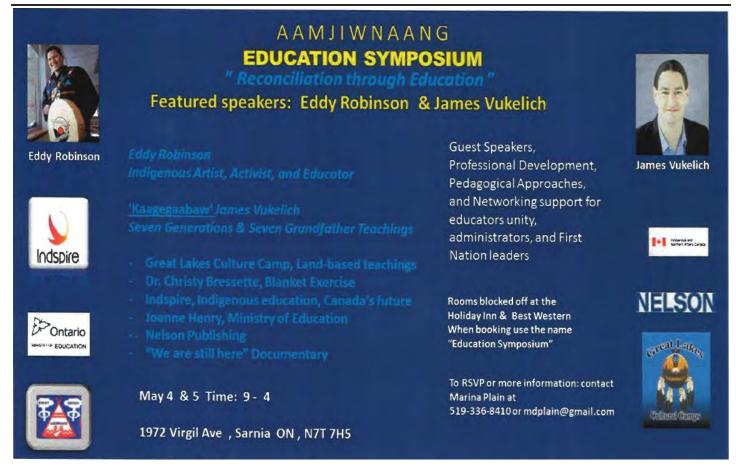
Call Monis at 519-336-8410, ex 285, to register today!

(leave a message, if necessary)
Limited spaces! Attendance is mandatory









## Aamjiwmaang Afterschool Program

Invites all children between the ages of 6-12 years of age to join us at the Maawn Doosh Gumig Community Centre

Mondays, Wednesdays & Thursdays from 3-6 pm New registrations are always welcome.

Contact: Kayla Pashalinos, Program Leader—226-932-0786





## FIRST NATION CHILD WELFARE ADVOCACY PROGRAM

Accredited Certificate Program START DATE: SEPTEMBER 2017





#### **OVERVIEW**

The post diploma program prepares individuals for the role of advocate or band representative on behalf of a First Nation, child and/or family in relation to child protection matters.

Provisions under the Child and Family Service Act state that it is an Aboriginal child's right to have the family's Aboriginal culture and heritage taken into account when advocating for the child'

#### **COURSE LIST**

Semester One

- History of First Nation Child Welfare
- Canadian Legislation and First Nation Child
- The Cultural Context of Helping Relationship
- First Nation Family Systems and Customary Care

#### Semester Two

- Business Communications
- Case Planning and Case Management
- Community Development and First Nation Child Welfare
- Self-Care in the Band Representative Profession

TYPE: Post Graduate Certificate LENGTH: 1 year (2 semesters)

DELIVERY: Blended delivery (On campus and online) - Contact Katie for schedule

ADMISSION REQUIREMENTS: Post-secondary diploma or degree in a human services profession or related field

APPLY TODAY - There is NO FEE TO APPLY - You can find an application form on our website.

#### **Katie Twance**

Education Development Officer Anishinabek Educational Institute katie.twance@anishinabek.ca www.aeipostsecondary.ca 1 Migizii Miikan North Bay, ON P1B 8J8 1-705-497-9127 ext. 2248

Toll free: 1-800-334-3330

# CIRCLE OF SECURITY

WHEN

Tues afternoons beginning May 9th 1:30-3:30

#### WHERE

#### **Mnaasged Building**

AT TIMES ALL PARENTS FEEL LOST OR WITHOUT A CLUE ABOUT WHAT OUR CHILD MIGHT NEED FROM US.

IMAGINE WHAT IT MIGHT FEEL LIKE IF YOU WERE ABLE TO MAKE SENSE OF WHAT YOUR CHILD WAS REALLY ASKING FROM YOU.

THE CIRCLE OF SECURITY® PARENTING™ PROGRAM IS AN EFFECTIVE RESEARCH-BASED PROGRAM THAT HAS BEEN IMPLEMENTED THROUGHOUT THE WORLD WITH CHILDREN AND PARENTS WHO WANT TO DO THE **BEST** THAT THEY **CAN**.

#### **SESSIONS:**

- Welcome
- 2. Exploring Children's Needs
- "Being With" on the Circle
- 4. "Being With" Infants on the Circle
- 5. The Path to Security
- 6. Exploring our Struggles
- 7. Rupture and Repair in Relationships
- 8. Summary and Celebration

To register/information contact: Patty Gilbert or Vicki Jacobs at 519-383-0404

#### Wheelchair Accessible Van

The van may be used for the following purposes:

- Medical appointments we can provide a Medical Driver
- 2. Personal outings (shopping, visits, etc) you provide your own driver
- Community outings during regular business hours a driver may be provided if available

#### Who can drive the van?

All drivers need to be approved and trained by the Public Works department. If you would like to add a family member or friend as a driver, please contact the Public Works department at 519-336-0510.

#### How do I book the van?

To book the van, please contact the Health Centre at 519-332-6770. Please call ahead to ensure availability. Medical appointments may take priority over other bookings.

#### Is there a cost?

There is no cost to use the van locally. If you travel more than 40kms from Aamjiwnaang, you need to replace the fuel you used.

A copy of the Van Policy can be found on the Aamjiwnaang website

### The P.E.A.C.E. Program "Police Ethnic and Cultural Exchange" Western Region OPP

#### PROGRAM DESCRIPTION

The Ontario Provincial Police, Western Region, encourage First Nations communities to employ a summer student, for an 8-week placement at a local OPP detachment during the months of July and August of each year. The successful 18 to 20 year old applicant will work with the local detachment of the O.P.P. under the supervision of assigned members. The Ontario Provincial Police seek the support of local Band Councils through their hiring of a suitable summer student candidate.

As a participant in this initiative the student will have hands on exposure to all aspects of police operations. The student will also work on police/community related projects that will enhance their ability to work effectively as a team member. Specific work projects will be conducted in a manner that will give the student broad exposure to policing functions. In addition, they will be introduced to effective goal setting and time management techniques.

If you are interested in the above program, contact Melissa Medeiros at 519-336-8410 or at <a href="mmedeiros@aamjiwnaang.ca">mmedeiros@aamjiwnaang.ca</a>



#### **CONGREGATE DINING**

...or "Community Dining" is designed to give our Seniors (55 years & older) an opportunity to enjoy a nutritious meal while socializing with others. In addition to the luncheon, short educational or entertainment sessions are often provided.

#### Criteria:

- Be over the age of 55
- Must attend the luncheon

#### Cost: FREE!

• Please note that there will no longer be any delivery except for in cases of extreme physical limitation. Must be assessed before approved.

LEFTOVERS will be given to any ill person or families in the community, frozen and saved for use in a near future meal, or given to the seniors in the community.

PLEASE COME OUT AND ENJOY A DELICIOUS HOMECOOKED MEAL VOLUNTEERS ARE ALWAYS WELCOME!

Call Peggy or Robin for more Info at 519-332-6770

Starting in January, we will be having birthday cake on the last Wednesday of the month at Congregate Dining to celebrate everyone's birthday for the month.

### COME CELEBRATE ON APRIL 26!

### Seniors of Aamjiwnaang News & Updates...

Seniors of Aamjiwnaang hold monthly meetings the first Wednesday of every month at 6:00 pm at the Community Centre in the Seniors Room.

Note: The next meeting will be held on May 3.

### **Attention High School Students**

If you are looking for volunteer opportunities please consider the Seniors of Aamjiwnaang function and events. Your assistance would be greatly appreciated!!

# Seniors New Horizons Dinner Planning Meeting Monday, April 24, 6 pm. Seniors Drop-In Room







Come out and help plan activities for this year's New Horizons Project.

Please call Peggy, 519-332-6770, if you plan on attending. Thank-you!

# Nobody's Perfect Parenting Program

Topics: Behaviour\*Safety\*Mind\*Body\*Parents

For Parents with Children 0-6 years old
April 4 to May 16, 2017
10:00 a.m. to 12:00 p.m.
Space limited. Rides and Childcare provided.
Register with Joanne or MaLynda



#### **Happiness 101 TEEN Girls**

A 4-week educational group about the science of happiness. Learn lifelong skills that contribute to a more cheerful life.

#### Time:

Wednesdays after school May 3, 10, 17 & 24 4pm—6pm

#### Location:

Maawn Doosh Gumig Community Centre Meeting Room A

#### Registration:

To register, call Tracey George or Dorothy at: 519.332.6770

> Happiness is not out there, it's in you.

Happiness 101 is a course for people who want to be happier, whether you are depressed, languishing or flourishing. This interactive educational workshop program is open to TEEN GIRLS ages 13 and older.

Research has shown that while genetic set point and circumstance are significant determining factors in one's level of happiness, over 40% of happiness is personally controlled and happiness habits can be learned.

#### Benefits of happiness include:

Decreased cortisol (stress hormone) levels Increased immune function Decreased physiological reactivity to stress Better quality of life Longer life (7.5 to 10 years longer!) Better sleep Less pain & less stress

#### You will learn:

What happy people do and how they think How to purposefully create happiness for yourself 13 skills that are proven to lead to increased happiness

> The workshop is led by Tracey George and Brenda Teasell, RSW.

# ANISHINABE ININIWAG GROUP



- Men's Group
- The group will be for men and young men.
- Learn: Historical information and practices.
- Learn to cook.
- Roles men play in the community.
- Learn to carve pipestone, make medicine bags, drums stick's, shakers, dream catchers or if you have any good ideas for activities for the group, please come out share and participate in making the group a success

#### April 26, 2017

## 5:00 pm and every other week after at the Community Centre.

#### **NOTICE**

#### Medical Equipment from the Health Centre Loan Cupboard

If you have medical equipment, for instance a wheelchair, blood pressure cuff, cane, crutches, walker, from the loan cupboard **that you are not using** ......

- wash the equipment down with hot soapy water, or Mr. Clean, Lysol, etc.
- let the equipment dry
- return the equipment to the Health Centre

We have limited amounts of resources for the loan cupboard and the equipment is needed for the next person who might need it. We are going to go through our log and start calling people who might have equipment they are not using. If you need any equipment on a long term, please talk to the staff at the health centre about how to get your own equipment.

If you can not get the equipment back to the loan cupboard from lack of transportation, please call: Rebecca Adams at 519-332-6770 extension 62 and she will arrange to get the equipment back to the health centre.

Thank you,

Robin Wood, RN HCC Program Manager 白白白白白白白白白白白白白



#### Aamjiwnaang Caring Connections Nurturing Program

For Women with Substance Misuse Issues who are Pregnant or Parenting Children

This program's focus is to help mothers learn to balance their recovery from substance use with being the best parent she can be to her children. These roles are often viewed as being at odds with each the other as a woman learns that she is supposed to be as selfish in her recovery as she was in her addiction while acknowledging that being a parent is one of the most selfless roles a woman fulfills in the her life. This program teaches a woman to nurture herself in her recovery as she learns to nurture the her child so the roles can be parallel to allow a woman to effectively manage both roles. The program the additional improve and strengthen the relationship between mother and child to improve outcomes for the their newborns, infants and children while strengthening a mother's path to recovery.

12 week program to be held weekly on Wednesdays
NEW DATE: APRIL 26<sup>TH</sup> 2017 9:30am

\*\*Individual Sessions are available as well.

Call to set up an appointment\*\*

\*\*\*\*\*\*\*\*

Location: Aamjiwnaang,.

Contact:

白白白白白白

ò

Tammy Martin @ 519.328.1683 OR Tracey George @ 519.332.6770



coupons!

# Why You Should Coupon in 2017...

Where: Aamjiwnaang Health Center

When: 2nd Thursday of Every Month

Time: 1:00 pm-2:30 pm

Come out and learn how to coupon effectively and shop on a budget.



# Lunch and Learn Sharp Safety



Be Sharp Safe

What are the risks if you touch a sharp?

Learn what to do if you come across a needle



Time: 1200-1300

Where: Health Centre





Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9. (Solutions on page 32.)

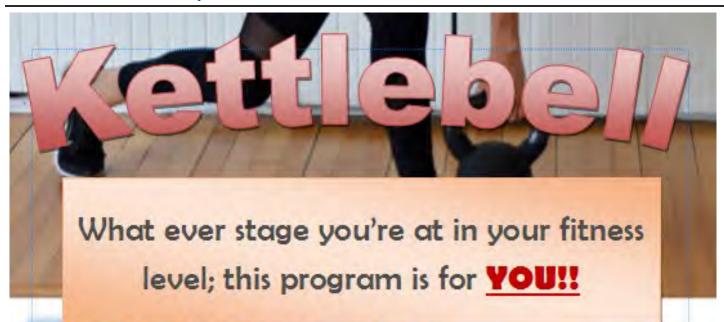
#### Sudoku #279 (Medium)

		1				6	3	
	2			9				
5				Ŀ				1
	8	5	9					
		111	7			2		
		4		2	1			6
Ξ	4			1	Ť.			
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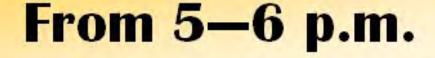
#### Sudoku #279 (Easy)

	1	9			3	2		
4	6							
	8	3		4				5
		5	9			1	4	
			2					
	4	Ħ,			8			
1		6				8		
				7	6		5	3
		7			6 5			





# goblet squat clean to overhead pless



the Community Centr

It is **IMPORTANT** that you know you to

**GO AT YOUR OWN PACE!** 

It's NOT a competition!! Let's get Fit!!!

Ps. Don't forget your water and towel.

#### **Nutrition News:**

Sarah Kidd, RD Registered Dietitian from Rapids Family Health Team is available for individual or family nutrition counselling at the Health Centre by appointment on Tuesday

afternoons by appointment between 1 pm and

4:30 pm. Initial appointment will be thour minimum.



Call front desk at the Health Center (519)332-6770 to schedule an appointment.

#### Diabetic Support Group DATES:

Monday, Apríl 24, 2017

Monday, June 19, 2017

Monday, August 21, 2017

Monday, October 23, 2017

Monday, December 11, 2017

Monday, May 15, 2017 Monday, July 24, 2017 Monday, September 18, 2017 Monday, November 20, 2017



Do you feel your insurance is too high? We can help you find the right price and provide you with great service.

Call NOW for a no-obligation quote!

<u>Head Office</u> — 1000 Degurse Drive, Suite 2, Sarnia, Ontario N7T 7H5 Tel (519)332-4894 Fax (519)332-5982

"Our Vision—Your Well Being—Our Coverage"







Aamjiwnaang Community, Please Keep Posted for Mobile Vet Updates

Miigwetch







Soup Kitchen

May 4, 2017

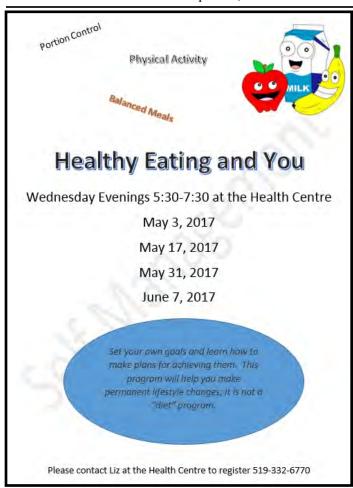
NOON TO 1 PM

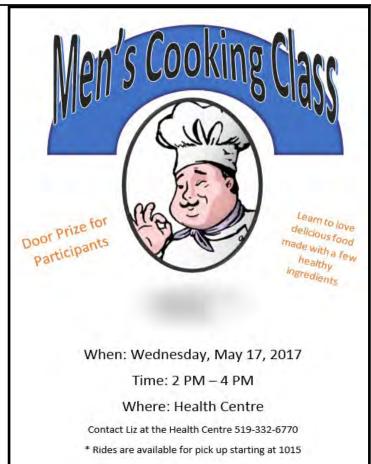
At the Health Centre

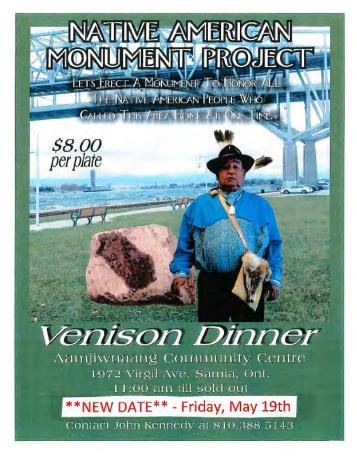


Come out and enjoy a meal on us!!
Also, get the benefit of socializing and learning what's new.

Please contact Liz at the Health Centre 519-332-6770







### Did You Make a New Years Resolution?

YOU CAN

# QUIT SM®KING!

Call Laura at the Health Center to discuss this important decision 519 332 6770

Incentives provided for reached milestones

# COMMUNITY GARDEN



Tuesday, May 9, 2017
E'Mino Bmaad Zijig
Gamig Heath Centre
0900-1200 Info Session with
Charlene Dodge
Lunch
1300 – 1600 Planting Garden
(Volunteers needed)
BBQ Dinner



Contact Liz or Laura at the Health Centre for more information 519-332-6770

# Mother's Day Dinner

Friday, May 12, 2017 Community Centre 1700-2000



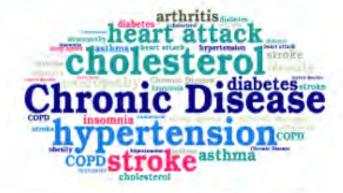
Have Family Photo Taken



Kid's Paint and plant a flower for Mother's Day!!

Contact Liz or Laura at the Health Centre for more information 519-332-6770

#### Do you suffer from a Chronic Disease?



Are you tired of suffering & ready to







With Personal Trainer Diane Tuckey

May be the program for YOU!

#### CONTINUING

WHERE? COMMUNITY CENTRE FITNESS ROOM

WHEN? TUESDAY'S & THURSDAY'S

TIME? 10:30AM - 11:30AM

This program is for all ages with Chronic Disease issues.

Transportation Available

Please contact the Health Centre @ 332-6770 for more information.







#### RedPath Living Without Violence Emotion Management Program

Starts March 7, 2017

The program will run on Tuesday and Thursday evening's from 5 pm to 8 pm

For more information contact:

Robin Maness at Health Centre: 519-332-6770

Vicki Jacobs at Massaged: 519-383-0404



#### Sudoku #279 (Medium)

4	9	1	8	7	5	6	3	2
8	2	3	6	9	1	4	7	5
5	7	6	2	3	4	8	9	1
2	8	5	9	4	6	3	1	7
6	1	9	7	5	3	2	8	4
7	3	4	1	2	8	9	5	6
9	4	2	3	1	7	5	6	8
1	5	8	4	6	9	7	2	3
3	6	7	5	8	2	1	4	9

#### Sudoku #279 (Easy)

1	9	6	8	3	2	7	4
6	2	7	5	9	3	8	1
8	3	1	4	2	6	9	5
3	5	9	6	7	1	4	8
7	8	2	1	4	5	3	9
4	1	5	3	8	7	6	2
5	6	4	9	1	8	2	7
2	4	8	7	6	9	5	3
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	6 8 7 4 5 2	6 2 8 3 3 5 7 8 4 1 5 6 2 4	6 2 7 8 3 1 3 5 9 7 8 2 4 1 5 5 6 4 2 4 8	6 2 7 5 8 3 1 4 3 5 9 6 7 8 2 1 4 1 5 3 5 6 4 9 2 4 8 7	6 2 7 5 9 8 3 1 4 2 3 5 9 6 7 7 8 2 1 4 4 1 5 3 8 5 6 4 9 1 2 4 8 7 6	6 2 7 5 9 3 8 3 1 4 2 6 3 5 9 6 7 1 7 8 2 1 4 5 4 1 5 3 8 7 5 6 4 9 1 8 2 4 8 7 6 9	8     3     1     4     2     6     9       3     5     9     6     7     1     4       7     8     2     1     4     5     3       4     1     5     3     8     7     6       5     6     4     9     1     8     2       2     4     8     7     6     9     5









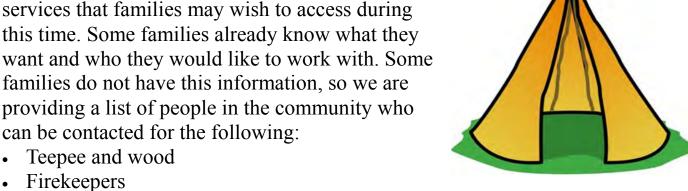
#### **Healthy Babies/Healthy Children & Head Start**

Monday, May 1 <sup>st</sup>	10:30 a.m. to 1:30 p.m.
Head Start	Playdough Fun
Tuesday, May 2 <sup>nd</sup>	10:00 a.m. to 12:00 p.m. Sign-up
Healthy Babies/Healthy Children	Nobody's Perfect Parenting Prog.
Wednesday, May 3 <sup>rd</sup>	5:00 p.m. to 7:30 p.m.
Head Start	Literacy Night
Thursday, May 4 <sup>th</sup>	10:30 a.m. to 12:30 p.m.
Healthy Babies/Healthy Children	Play group & Literacy Specialist
Monday, May 8 <sup>th</sup>	10:30 a.m. to 1:30 p.m.
Head Start	Mother's Day Craft
Tuesday, May 9th	10:00 a.m. to 12:00 p.m. Sign-up
Healthy Babies/Healthy Children	Nobody's Perfect Parenting Prog.
Wednesday, May 10 <sup>th</sup>	5:00 p.m. to 7:30 p.m.
Head Start	Mother's Day Craft
Thursday, May 11 <sup>th</sup>	10:30 a.m. to 12:30 p.m.
Healthy Babies/Healthy Children	Making Bath Bombs and Scrubs
Monday, May 15 <sup>th</sup>	10:30 a.m. to 1:30 p.m.
Head Start	Nature Walk (weather permitting)
Tuesday, May 16 <sup>th</sup>	10:00 a.m. to 12:00 p.m. Sign-up
Healthy Babies/Healthy Children	Nobody's Perfect Parenting Prog.
Wednesday, May 17 <sup>th</sup>	5:00 p.m. to 7:30 p.m.
Head Start	Pajama's and Movie Night
Thursday, May 18 <sup>th</sup>	10:30 a.m. to 12:30 p.m.
Healthy Babies/Healthy Children	Paint party
Monday, May 22 <sup>nd</sup>	Victoria Day- All Band Operations Closed
Wednesday, May 24 <sup>th</sup>	5:00 p.m. to 7:30 p.m.
Head Start	Salt Painting
Thursday, May 25 <sup>th</sup>	10:30 a.m. to 12:30 p.m.
Healthy Babies/Healthy Children	Nutrition with Nikki
Monday, May 29 <sup>th</sup>	10:30 a.m. to 1:30 p.m.
Head Start	Kids In the Kitchen (smoothies)
Wednesday, May 31 <sup>st</sup>	5:00 p.m. to 7:30 p.m.
Head Start	Gym Night

#### TRADITIONAL BEREAVEMENT SERVICES

When there is a death in our community, the Health Centre delivers an outreach package an to the family. The Health Committee is working on an information sheet about traditional services that families may wish to access during this time. Some families already know what they want and who they would like to work with. Some families do not have this information, so we are providing a list of people in the community who

- Cedar bath
- Medicines
- Drum



If you would like to have your name and contact information included, please contact Sara at the Health Centre by April 14 at (519) 332-6770. Please note, we are not providing compensation or getting involved in the arrangements. We are simply sharing information for those who need it. Milgwech.

Calm 'n Scents® Aromatherapy & Metaphysical Store was established in 1996. We are the largest full-scale Body, Mind & Spirit Store in Southwestern Ontario and offer a wide variety of products & information to people in their search for self-discovery, self-empowerment or spiritual enlightenment. Our store is filled with much more than can be displayed on our website. Our staff welcomes you to come visit us and experience it for yourself.

Calm 'n Scents® Aromatherapy & Metaphysical Store www.calmnscents.com

Northgate Plaza 858 Colborne Rd., Sarnia, Ont. N7T 4Y1

Phone: 519-332-2929

Hours - Tuesday - Friday 10am to 5:30pm

Saturday 10am to 5pm







#### RICHARD ASSINEWAI

To book your appointment call our Health Centre

519-332-6770

Aamjiwnaang May 1, 2017

Richard (Animkii-Ankwad) is Anishnaabe from Wikwemikong First Nation on Manitoulin Island. He currently lives in the city of North Bay. Richard is actively involved in the preservation of his culture and traditions and is a fluent Anishnaabemwin (Ojibwa) speaker. He has worked with Aboriginal people struggling with the justice system and has worked inside Community Corrections facilities. Richard had endured many difficult life situations and he openly shares these experiences, his acquired knowledge and his wisdom through his personal story of spiritual development. Although Richard is familiar with many modalities of Traditional Healing, he is most often called upon to create sacred space and facilitate spiritual ceremony, communicating with our ancestors, and assisting people to find their original connections to creation.

#### One to one visits

our visiting Traditional Healers/Elders are required to have a Shkaabewis – a Helper – present at all times. Our Shkaabewis will assist you and the Traditional Healers with all aspects of your visit, including note taking to help you remember your conversation. You might feel a bit nervous about approaching a Traditional Healer during your first visit; this is normal and natural. Our Traditional Healers will do everything they can to try and put your mind at ease so you can be relaxed and comfortable as possible.









# Tweens 2 Teens 5 week Program

Mondays May 1, 8, 15, 29, & June 5, 2017

5 p.m.—7:30 p.m. Supper included

Community Center

Child Care is Available

#### Parents with Youth Ages 8-12 years

- Managing Behavior
  - Communication
- Adolescent Growth & Development



## Register with Val 519-491-2160 by April 24th

Parenting can be a tough job because kids do not come with a manual. We hope our classes can give you some skills to cope with the challenges and celebrate the joys of Parenting. You will also meet other parents who are dealing with the same issues.

#### BLACK LEGGED TICK (AKA DEER TICK)

On November 28th 2016, Blacklegged ticks were confirmed to be in Aamjiwnaang. Lyme disease infected ticks have been found as close as Pinery Park, and not all deer ticks carry the disease. Blacklegged ticks spread to new areas because of climate change and warmer winter weather. They can also spread by traveling on birds and deer.

#### AVOID TICK BITES BY:

- Covering up and wearing light coloured clothes
- Using DEET insect repellent/alternative repellent
- Double-checking yourself every few minutes
- Wash and dry you and your clothes thoroughly
- Checking your pets

#### REMOVING A TICK:

- Use fine-tipped tweezers to grasp tick as close to your skin as possible. DO NOT USE FINGERS
- Pull the tick straight out, gently but firmly removing the entire tick, DON'T SQUEEZE OR CRUSH THE TICK

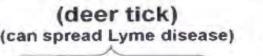
#### IF YOU THINK YOU MIGHT HAVE LYME DISEASE:

- Symptoms include; bulls-eye rash, fever, headache, fatigue, muscle and joint pain
- See your doctor right away even if you just feel unwell after being bitten.

#### EARLY DETECTION CAN BE TREATED SUCCESSFULLY!











(wood tick)
(does not spread Lyme disease)





#### 2017 Anishinabek Nation Grand Council Assembly June 4, 5, 6 & 7, 2017 Aamjiwnaang First Nation

Council is honoured to be able to host this event and are asking the community for their support.

#### **USE OF COMMUNITY CENTRE**

The use of the Maawn Doosh Gumig Community Centre will be limited during the Anishinabek Nation Grand Council Assembly. This will also mean that the centre will not be available for funeral services during this time. Staff at the Centre will work with families to make alternate arrangements if the need arises. Chief and Council thank you for your understanding.

#### FIRE KEEPERS NEEDED

Chief and Council are looking for experienced Fire Keepers for the Anishinabek Nation Grand Council Assembly. Fire Keepers will be required from Sunday, June 4<sup>th</sup> in the evening until noon on Wednesday, June 7th. An honorarium will be paid. Please contact Councillor Dallas Sinopole at <a href="mailto:dsinopole@aamjjiwnaang.ca">dsinopole@aamjjiwnaang.ca</a> or at 519-330-6211 if interested

#### **DRUMMERS NEEDED**

Chief and Council are looking for Drummers for the Anishinabek Nation Grand Council Assembly. Drummers will be needed for all ceremonies, including, opening, the signing ceremony and closing ceremonies. An honorarium will be paid. Please contact Councillor Dallas Sinopole at <a href="mailto:dsinopole@aamjjiwnaang.ca">dsinopole@aamjjiwnaang.ca</a> or at 519-330-6211 if interested.

#### **MUSIC MAKERS**

Chief and Council are looking for "Music Makers" to entertain during the feast to celebrate the signing of the Anishinabek Nation Education Agreement. The event will be held on Tuesday, June 6<sup>th</sup> as part of the Anishinabek Nation Grand Council Assembly. Please contact Jamie Maness at 519-491-2160 if you are interested in taking part of this celebration.

#### **CALL FOR TENDERS**

Chief and Council are looking for a caterer for the Anishinabek Nation Grand Council Assembly. You must be able to provide the following:

Sunday, June 4, 2017

- A feast for the Grand Chiefs approximate time
   7 pm
- Snacks for Fire Keepers.

Monday, June 5, 2017

- Breakfast for Fire Keepers at 6 am
- Breakfast for 150 people from 7 9 am
- Snack for 150 people at 10 am
- Lunch for 150 people at noon
- Snack for 150 people at 3 pm

Tuesday, June 6, 2017

- Breakfast for Fire Keepers at 6 am
- Breakfast for 150 people from 7 9 am
- Snack for 150 people at 10 am
- Lunch for 150 people at noon
- Snack for 150 people at 3 pm
- Community BBQ for the Signing Ceremony of Anishinabek Nation Education Agreement

Wednesday, June 7, 2017

- Breakfast for Fire Keepers at 6 am
- Breakfast for 150 people from 7 9 am
- Snack for 150 people at 10 am
- Lunch for 150 people at noon

In addition to the above, snacks will need to be available at all times for the Fire Keepers.

It is hoped that the use of paper plates will be kept to a minimum so plates, cups and cutlery does not need to be included in the costs. Costs should include the set up and clean up after all meals/snacks.

A detailed menu for the tender document will be available at the Band Office. Sealed bids addressed to June Simon, Band Manager, must be submitted no later than 4 PM on Monday, May 8th. The tender will be awarded at the Council meeting on Monday, May 15th, 2017.

#### **COMMUNITY ENVIRONMENT UPDATE**

#### May 11<sup>th</sup>, 6-8pm Mawn Doosh Gumig Community Centre

Learn more about Aamjiwnaang's participation in the Regulatory Review Process and the future of Canada's Environmental Assessment Processes

#### **JUNE 2016**

The Government of Canada launched four reviews of Federal environmental and regulatory processes. Expert Panels were established to review the Canadian Environmental Assessment Act (CEAA), National Energy Board (NEB) Act, Fisheries Act and the Navigation Protection Act.

#### **SEPTEMBER TO DECEMBER 2016**

The Expert Panels engaged with Indigenous peoples, stakeholders and the public both online and in person.

#### FEBRUARY TO MARCH 31<sup>ST</sup>

The Expert Panels submitted their final reports to the Minister of Environment and Climate Change. The Expert Panel report regarding the Modernization of the National Energy Board will be released in May 2017.

#### **APRIL 2017**

Canadians are invited to share their views on the report written by the Expert Panel on the Review of the Federal Environmental Assessment Process by visiting LetsTalkEA.ca

#### **SPRING/SUMMER OF 2017**

The Government of Canada will engage with Indigenous groups and stakeholders as it considers options for potential legislative, regulatory or policy changes.

#### **SUMMER/FALL 2017**

The Government of Canada will review the recommendations made by the Expert Panel, and the feedback gathered from Canadians on the Panel's report. In fall 2017, the Government will consider options for potential legislative, regulatory or policy changes.

#### **Introduction to the Nuclear Waste Management Organization** (NWMO)

By Greg Plain, Senior Engagement Advisor, Aboriginal Relations, NWMO.

This is the first of six columns.

Before I begin, I'd like to thank the Aamjiwnaang leadership for inviting us to share information with readers. Over the next 12 weeks, I will be talking about nuclear energy and Canada's plan for the management of used nuclear fuel. I'll describe the NWMO's unique Indigenous Knowledge policy and how it came to be. I welcome your comments and questions. Let's turn this into a dialogue!



First, the background. Many people are surprised to learn that nuclear energy is a major source of Ontario's power, often accounting for about 60% of the province's electricity production\*. Nuclear power has been used to generate electricity for decades, not only in Ontario, but also in Quebec and New Brunswick.

A by-product of this process is used nuclear fuel. There are currently about 2.7 million used nuclear fuel bundles in Canada. They are safely stored at seven licenced facilities. But this is not a long-term solution. Used nuclear fuel must be safely contained and isolated from people and the environment, more or less indefinitely, as it will remain radioactive for many thousands of years.

That's where the NWMO comes in. It was formed in 2002 under an Act of Parliament (the Nuclear Fuel Waste Act) to develop and implement a safe and socially acceptable plan for the long-term care of Canada's used nuclear fuel. By law, Canada's nuclear energy corporations must fund the NWMO.

In my next column, I'll introduce you to Canada's plan for the management of used nuclear fuel. You can always get more information at <a href="www.nwmo.ca">www.nwmo.ca</a>, or by contacting us at <a href="askthenwmo@nwmo.ca">askthenwmo@nwmo.ca</a>.

\* You can track this at Ontario Energy Report: <a href="https://www.ontarioenergyreport.ca/">https://www.ontarioenergyreport.ca/</a>

#### Aanii.

I am an artist from Atikameksheng Anishnawbek, and have been accepted to a Master's of Art History program at the University of Guelph. The project that I proposed is to document First Nations artists and teachings. I am looking for community members who would be interested in participating in this project. You would be interviewed, and artists may have their work photographed. I am also looking for storytellers.

The program doesn't begin until September so there is some time to prepare. Please contact me if interested.

Miigwech

Chelsea Reid 705 491 5868 reid.ch@outlook.com

#### TOUR OF THE BRUCE NUCLEAR PLANT DRY STORAGE AREA March 28, 2017

In February, 2017 Council signed the Aboriginal Partnership Resources Program Agreement with Nuclear Waste Management Organization (NWMO) in support of mutual learning in regards to the long-term management of used nuclear fuel, including the deep geological repository. The funding provided by NWMO will allow education and information about the process to the Aamjiwnaang community. As part of the education process a booth was set up at the Home Show on March 11. There will also be a booth at the Earth Day event on April 22. Further events and Open Houses will be scheduled throughout the year. Information will be available soon on the first Open House.

Also, as part of the education process a group of community members from Aamjiwnaang and Walpole Island First Nation were taken on a tour of the Bruce Nuclear Plant Dry Storage Area.



Shown above are the participants of the tour. From Aamjiwnaang were Wilson Plain Jr., Sandy Waring, Nim Plain, Dorothy Plain, Kyle Williams, Councillor Shawn Plain and Bev Fisher. Participating from Walpole Island were Pat Redmond, Aimee Johnson and Eva Thomas and from NWMO, Greg Plain.





Shown above (left) is one of the many safety procedures everyone has to go though when entering and leaving the area and above (right) the storage area.

#### For Immediate Release

#### Great Art for Great Lakes Reaches Out to Artists in Sarnia.

**Sarnia, March 30th, 2017** — Waterlution, in partnership with Greatness - The Great Lakes Project, is looking for an artist in Sarnia to help local residents connect and engage with the Great Lakes.

Project Lead Christopher McLeod says "Great Art for Great Lakes wants to celebrate the grandeur and importance of the largest group of freshwater lakes on Earth. We will fund a local artist to collaboratively create works of art with local residents that honour the Great Lakes, share their stories and mark Canada's 150th birthday. It is crucial we connect with the Great Lakes so we can understand and safeguard them for our current and future quality of life."

According to McLeod, "when chosen, the Sarnia artist will develop a participatory, community-based art project that will showcase what Lake Huron means to local residents. It will highlight the history and the diverse peoples of the lake, and share their stories." The innovative art project will be exhibited in a public space in the Aamjiwnaang Community Centre throughout the summer of 2017

Great Art for Great Lakes is sponsoring similar projects in seven other Great Lakes communities, including Kingston, Hamilton, Thunder Bay and Owen Sound. Each community will host two public workshops or events to collaboratively create a permanent work of art to celebrate Canada's 150<sup>th</sup> birthday. Great Art for Great Lakes is funded through the Canada 150 Fund and the Ontario Trillium Foundation.

"It is wonderful to be working with a person of Christopher's diverse experience and talents," says Karen Kun, the executive director and co-founder of Waterlution. "We knew we had to find the right person, a leader with an artistic background and a familiarity of the Great Lakes, and we found that person in Christopher."

McLeod will be travelling to all eight Great Lakes communities, speaking to local artists and residents and guiding the projects that will build on the long-lasting relationship people have with the Great Lakes.

Great Art for Great Lakes is part of a larger initiative: Greatness – The Great Lakes Project, which began at a 2015 roundtable convened by Ontario's Lieutenant Governor. The participants, drawn from business, the arts, science and sport, resolved that "a bold and noble initiative" could make the Great Lakes a powerful symbol of "greatness" for the 40 million residents of the Great Lakes basin.

For more information or for interviews, contact: Christopher McLeod, Coordinator Great Art for Great Lakes (905) 730 - 4008

<u>chris.mcleod@waterlution.org</u> http://waterlution.org/GAGL/communities/aamjiwnaang/



The HUB is a community collaborative project providing wraparound services involving more than 30 community partners to youth aged 16-24 within a centralized, safe space.

The HUB drop-in is open Monday to Friday, from 3—8 pm and Saturdays from 1-9 pm.
All services are free of charge.

#### Some of the many services that can be accessed at the HUB:

- Recreational Activities
- Food (hot meals daily)
- Laundry
- Heathcare
- Personal Hygiene
- Hot Showers
- Daily Programming
- Wi-Fi access
- Life Skills
- Healthy Living
- Community Navigator

The HUB is located within St.Luke's Church at 350 Indian Road South, directly across the parking lot from Sarnia-Lambton Rebound.



#### WE BELIEVE ...



Every youth has the right to support in their developmental journey.



That youth are equal and valued partners in the framework of the organization and our larger community.



That every volunteer, staff and board member is vital to the success of our organization and will be recognized for their contributions.



In ongoing program evaluation, knowledge exchange and community collaboration.











For more information contact the Hub at 519-381-2500. Email thehub@reboundonline.com or visit us online at www.reboundonline.com

Samia-Lambton



### Mino Dbishkaayin-Happy Birthday

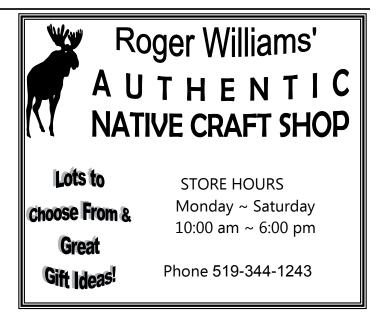
April 21—May 4, 2017

			, ,				
Joseph W	Bird	Apr.	21	White-Lightning Strikes	Clark	Apr.	28
Angel	Lewis	Apr.	21	Rebecca	Coates	Apr.	28
Ferguson	Plain	Apr.	21	Joshua	Coelho	Apr.	28
Melinda	Plain	Apr.	21	Ryan	Parkinson	Apr.	28
Tianna	Plain	Apr.	21	Blair	Williams	Apr.	28
Edie	Rogers	Apr.	21	Brittany	Williams	Apr.	28
Elizabeth	Steele	Apr.	21	Ravena	Williams	Apr.	28
Reece	Walker	Apr.	21	Shy-Ann	Williams	Apr.	28
Rose	White	Apr.	21	Tristan	Williams	Apr.	28
Nancy	Jackson	Apr.	22	Tennie	Johnston	Apr.	29
Alysha	Joseph-Smith	Apr.	22	Nicholas	Olynyk	Apr.	29
Brianna	Malone	Apr.	22	Wilfred	Plain	Apr.	29
Everly	Walker	Apr.	22	Caleb	Riley	Apr.	29
Alexander	Baker	Apr.	23	Adam	Williams	Apr.	29
Tanner	Bird	Apr.	23	Leanne	Williams	Apr.	29
Ryan	Bois	Apr.	23	Jeremy	Fisher	Apr.	30
Cheyanne	Cloud-Siefker	Apr.	24	Caleb	Hallett-Plain	Apr.	30
Elizabeth	Worrell nee DeLauter	Apr.	24	Landen	Plain	Apr.	30
Tanya	Gray	Apr.	24	Lilyan	Plain	Apr.	30
Sarah	Jackson	Apr.	24	Kim	Rogers	Apr.	30
Donald	Jacobs	Apr.	24	Jasmyne	Westbrook	Apr.	30
Shirley	James	Apr.	24	Niigaanii	Gray	May	1
Allison	Kirkby	Apr.	24	Hailey	Daws	May	1
Joseph	Maness	Apr.	24	Lori	Jackson	May	1
Jason	Nahmabin	Apr.	24	Dawn	Maness	May	1
Lynn	Rosales	Apr.	24	Carl	Oliver	May	1
Mia	Cottrelle	Apr.	25	Debra	Plain-McGregor	May	1
Garret	Gray	Apr.	25	Nathanial	Rogers-Stonefish	May	1
Derek	Rising	Apr.	25	Crystal	Williams	May	1
Aimee	Branton	Apr.	26	Alexis	Dick	May	2
Joshua	Campbell	Apr.	26	Cory	Gray	May	2
Liana	Clark	Apr.	26	Carol	Louis	May	2
Ethan	Joseph	Apr.	26	Logan	Williams	May	2
Edwin	Maness	Apr.	26	Ellise	Cottrelle	May	3
Ember	Nahmabin	Apr.	26	Leslie	Hawkins	May	3
Tiarra	Nahmabin	Apr.	26	Felicia	Lockridge	May	3
Telford Francis	Adams	Apr.	27	Jacklyn	Rogers	May	3
Deborah	Cottrelle	Apr.	27	Lee	Johnson	May	4
Gail	Lapp	Apr.	27	Ashlee Marie	Adams	May	4
Gordon	McKay	Apr.	27	Alaina	Maness	May	4
Jessie	Plain	Apr.	27	Jada	Plain	May	4
Brennan	Williams	Apr.	27	Lennan	Plain	May	4

# Birthdays cont'd

Sheree Plain May Jacob 4 Rogers May Gerald Simon 4 May Trevor Smith May 4 4 Jessica Solomon May Tayah Van Troost May 4 4 Wendy Verspagen May

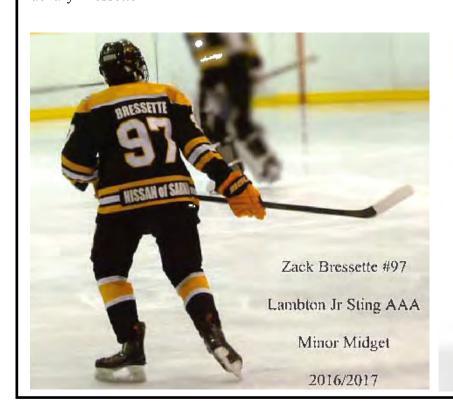




A big thank you to Dream Catcher Foundation. I was Assistant Captain for my 2016-2017 Minor Midget AAA Lambton Junior Sting Season. Hopefully I can continue to further my playing into the 2017-2018 season.

Thank you for your support.

Zackary Bressette





# ATTENTION!! ENVIRONMENT DEPARTMENT IS LOOKING FOR PEOPLE TO COOK AT SOME OF OUR UP COMING EVENTS.

Must Have Food Handlers.

Contact Niki Cottrelle @ Band Office (519) 336-8410 Ex289. Inbox the Environment Department on Facebook. Email @ nikijean81@gmail.com



St. Clair United Church Aamjiwnaang First Nation 978 Tashmoo Avenue, Sarnia, Ontario, N7T 7H5

If you or your child would like to receive the

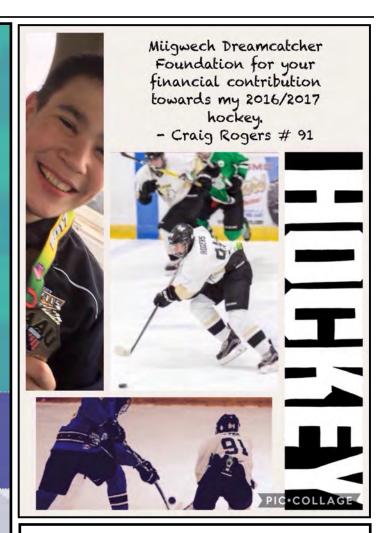
#### **Sacrament of Baptism**

please contact Rev. Brenda MacMain at 519-336-6216.

Rev. Brenda Mac Main

Phone: 519.344.6119 (Church) 519.336.6216 (Home)

Email: stclairunited@rogers.com





Representatives from Legal Aid Ontario are offering free "Advice Counsel Clinics" for Band Members.

The clinics will be held on the 1st. 3rd and 4th Wednesdays of the month from 2 pm to 4 pm at the Maawn Doosh Gumig Community Centre.

Lawyer, Matt Stone and Legal Aid Worker, Sondra Gilbert will be present to assist you with legal questions.

You can drop in or if you would like to make an appointment call 226-402-1600.

March 20, 2017

Greetings,

I am writing to share an update on the Ministry of Natural Resources and Forestry's proposal to develop a White-tailed Deer management policy for Ontario.

#### **Background**

In August 2016 I sent a letter and invited your input on proposed provincial wildlife initiatives, including a White-tailed Deer management policy.

The ministry then held a series of engagement sessions with First Nations across the province in September and October 2016. In these sessions staff began early discussions on Ontario's approach to White-tailed Deer management and what might be included in a policy framework for the province.

#### Overview of the Proposed White-tailed Deer Management Policy

Building on the early input provided by Indigenous peoples, as well as stakeholders and other partners, a draft White-tailed Deer management policy has now been posted to the Environmental Registry. This policy will complement existing ecological frameworks and modernize deer management practices for the public and licenced hunters, allowing us to better align and coordinate our resource management activities.

The draft White-tailed Deer management policy provides guiding principles, management objectives and strategies to help ensure the long-term, ecological sustainability of White-tailed Deer populations.

The ministry recognizes that there are established and asserted Aboriginal and treaty rights to harvest White-tailed Deer through much of the province and that this species holds cultural significance for Indigenous peoples. We are interested in receiving any further comments, questions or concerns you may have regarding this proposal. We are also interested in hearing any feedback about whether this proposal has potential impacts for your members.

#### **Materials and Key Dates**

For additional information regarding the draft White-tailed Deer management policy, please visit ontario.ca/ebr and search #013-0056. The Ministry of Natural Resources and Forestry is seeking public input concerning this posting for 45 days from March 20, 2017 to May 4, 2017.

#### **Opportunities to Participate**

Written comments may be submitted through the Environmental Registry posting #013-0056 or by sending directly to: <a href="wildlifepolicy@ontario.ca">wildlifepolicy@ontario.ca</a>.

If you have any questions or comments regarding the draft White-tailed Deer management policy, please feel free to contact Chris Godwin, Policy Analyst, Wildlife Section at <a href="mailto:chris.godwin@ontario.ca">chris.godwin@ontario.ca</a>, (705) 755-1905.

Thank you,

Chloe Stuart, Director Species Conservation Policy Branch Ministry of Natural Resources and Forestry 300 Water Street, 5<sup>th</sup> Floor North

Peterborough, ON K9J 8M5 Phone: 705-755-5341 Email: <a href="mailto:chloe.stuart@ontario.ca">chloe.stuart@ontario.ca</a>



#### TRADITIONAL HEALING SERVICE APRIL 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SOAHAC's Tra management a Our visiting Kn	ALL ELDERS/HEALER: aditional Knowledge He and the elderly. Please b owledge Helpers are with th/Yaw^ko/Thank you	Ipers and SOAHAC st e reminded to bring tob	aff where individua acco with each visit	ls suffer with chronic - females are asked	illness, in need of pai to wear long skirts.	
2	3 Richard Assinewai Outreach-Windsor	4 Richard Assinewai Outreach-Moraviantown	5 Richard Assinewai Chippewa	6 Richard Assinewai London	7 Elders/Healers Gathering	8
9	10 Liz Akiwenzie Chippewa	11 Liz Akiwenzie London	12 Elva Jamieson Chippewa	13 Elva Jamieson London	14 STAT Good Friday	15
16	17 STAT Easter Monday	18	19	20 Bruce Elijah Chippewa	21 Bruce Elijah London	22
23	24	25	26	27	28	29
30	-					



#### TRADITIONAL HEALING SERVICE MAY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SCHEDULING ALL ELDERS/HEALERS: Priority appointments for those supported by proper referral sources from	1 Richard Assinewai Outreach-Samia Joanne Cheechoo London	2 Richard Assinewai Outreach-Kettle Point Joanne Cheechoo London	3 Richard Assinewai Chippewa	4 Richard Assinewai London	5	6
7	8 Joanne Cheechoo Chippewa	9	10	11	12	13
14	15 Liz Akiwenzie Chippewa	16 Liz Akiwenzie London	17	18 Bruce Elijah Chippewa	19 Bruce Elijah London	20
21	22 STAT Victoria Day	23 Elya Jamieson Chippewa	24 Etva Jamieson London	25	26	27
28	29	30	31	where individuals su management and th	ffer with chronic iline e elderly. Please be ales are asked to we are with us monthly. e Helper, Joanne Jac	reminded to bring tobacco ar long skirts. Our visiting SOAHAC's onsite





Learn, share and grow through the wholistic delivery of Indigenous and mainstream pre- and post-natal knowledge!

Indigenous midwifery
Labour and birth
Breastfeeding
Adjusting to parenting
Feeding your baby
Traditional roles/responsibilities
Traditional teachings/practices
Traditional medicines & teas
AND much morel

#### Wholistic Prenatal Group

Ensuring the luture of Inuit, Métis and First Nations

Join us every other Tuesday starting May 2, 2017 SOAHAC – London (427 William St) 10:00 am to 1:00 pm

For more information contact:

Sandra Walker, FASD Educator SOAHAC (226) 377-9500 Rida Chaudhary, Dietitian SOAHAC (519) 672-4079 x241 Melissa Lonnee, Public Health Nurse, MLHU (519) 663-5317 x2351

Support people are encouraged to attend; Children are welcome



# From This Day Forward

#### BOOK LAUNCH Event

Special Anthology Celebrating CANADA's 150<sup>th</sup> birthday



Margaret Bird (Maggie) Author, Poet, Editor Publisher, Reviewer, Photographer & Musician

Saturday, May 6<sup>th</sup>., 2017 from 1 – 4 p.m. Aamjiwnaang Community Centre, 1972 Virgil Ave Sarnia Ontario N7T 7H5

This event will embrace the rich culture and history of our entire nation—its peoples, languages, arts & culture. This special anthology includes a poem and short story for every Province and Territory in Canada, from 27 authors living in South Western Ontario.

50% of the profits from sales will go to the Aamjiwnaang Heritage & Culture Club in Samia, Ontario.

To those who were already here and those who came to join them."









# Indigenous Artists in Schools Next deadline: May 10 Oral applications accepted



A funding program to support Indigenous artists and Elders to provide arts workshops in schools.

To find out more: 1 800 387 0058 ext 5075 or 647 258 5075 cakrong@arts.on.ca ONTARIO ARTS COUNCIL
CONSEIL DES ARTS DE L'ONTARIO
an Dilevio government agency
un organisme du godivemement de l'Ontario

http://www.arts.on.ca/grants/indigenous-artists-in-schools-projects

Ministry of Citizenship and **Immigration** 

Marketer B Flager 400 University Avenue Toronto ON 1W7A 2R9 Tel.: (416) 325-6200 Fax: (416) 325-6185

400, avenue University Toronto ON M7A 2R9

Tel: (416) 326-6200 Téléc.: (416) 325-6195

de l'Immigration

Ministre

8° élage

Ministère des Affaires civiques et

April 2017



It is my pleasure to send you this call for nominations for the inaugural Champton of Diversity Award.

This award will recognize outstanding individuals, groups and employers who play a crucial role in promoting immigrant success, economic growth, cultural diversity and inclusion in Ontario. Nominations can be submitted in one of the three (3) award categories:

- Inclusion and Diversity
- Cross-Cultural Understanding
- Business Leadership in Immigrant Employment

#### To submit a nomination for this award:

- a) Visit <u>ontario.ca/honoursandawards.</u>
- b) Select the category based on award type.
- c) Click on the Champion of Diversity Award.
- d) Download the PDF form.
- e) Read the eligibility criteria and instructions cerefully.
- Fill out the form, then submit it no later than May 15, 2017. Instructions for submitting your nomination package can be found on the website.

If you have any questions please call 416-314-7526, toll free 1-877-832-8622 or TTY 416-327-2391, or email ontarjohonoursandawards@ontario.ca.

I hope you will take this opportunity to recognize the essential role that individuals, groups or employers play in championing the immigration experience in Ontario.

Thank you for your attention to this important recognition program.

Sincerely,

Laura Albanese

Minister







#### PINK OUT THE PARK"

**COMERICA PARK, DETROIT** 

# **Baltimore Orioles** vs Detroit Tigers

\$75 U.S. per Person

# Wednesday - May 17th - 7:10 pm Start

Coach Bus, Ticket (Sec.142 Row 22-24), Pink Out the Park T-Shirt, Shuttle from Nemo's Bar & Grill (Money at Par at Nemo's) and \$5 Donation for Cancer Society.

Bus leaves Corunna Ball Field (Hill & Queen) at 3:00 pm SHARP, Maawn Doosh Gumig Community Center at 3:15 pm SHARP and Bottom's Up Bar & Grill at 3:30 pm SHARP. Only small cooler and NO STROFOAM Coolers. We are NOT stopping after customs. Ticket's available at Bottom's Up, Maureen Young on FB or Willie at 519-384-1957

#### <u>BUS TRIP TO</u> <u>CHICAGO</u>

# August 17-20. (Thurs.- Sunday)

\*\*Includes; Coach Bus and 3 Nights at the Embassy Suites, State St. Downtown, Chicago 2 Queen Beds and Suite – Made to Order Breakfast each morning and a Two Hour Managers Party including Appetizers and Adult Beverages each day 5:00 pm to 7:00 pm \*\*

2 people in a room per person \$600, 3 people in a room per person \$480, and 4 to a room in a room per person \$410. All prices in American Funds. \$200 Deposit secures your spot on the bus. Bus will pick-up in Corunna Ball Park at 6:00 am Sharp and Clearwater Arena, Sarnia at 6:30 am and depart at 7:00 am Sharp. Contact Maureen (Mo) Young on Facebook or Willie at 519-332-6771 or 519-384-1957.

## Hint: Blue Jays playing at Wrigley!!





Eagle's Nest: A Place to Soar, Inc.

"We are looking for families". Will you open your homes? Be a loving foster parent & role model to Native children in CAS care.

We all need to feel safe, wanted and loved.

Will you welcome a child into your Nest, you do not have to be native, we provide cultural teaching.

EAGLE'S NEST: A PLACE TO SOAR, INC.
FOSTER CARE Agency

Eagles Nest - will complete Home Studies and prepare you to be A Foster parent.

Licensed by: Ministry of Children & Youth Services

Accredited by: CARF International

Please call 519-439-3000 Ext 202

www.eaglesnestinc.ca

Ojibway
Language Classes
At the
Youth & Community
CenterWith Fran Pawis
Wednesdays
6:00-8:00
Ages: 10 yrs-Adults
Beginner – Advanced



Classes are at your leisure.

Come when you can!

Guaranteed you will learn something

New!

For More Info, Call Valerie at 519-491-2160



is an Anishinabek, Onyot"a ka, Lunaapeewak" driven organization providing business lending, advisory and training services for First Nation people, communities and organizations in Southwestern Ontario and the Bruce Peninsula.

#### **Business Counselling**

Learn about how to start a business

Business planning assistance and training

Personalized business advice for entrepreneurs

#### **Business Financing**

Start-ups, expansions and acquisitions

Financing for equipment purchases, inventory, working capital and marketing

Competitive interest rates and flexible repayment terms

#### Community Development

Strategic Planning

Capacity Building

Customized training for individual needs

#### Thinking about starting your own business?

TCDC can help you with business planning assistance, cash flow analysis and access to funding sources.

#### Considering expanding your business?

TCDC provides ongoing client support services such as marketing advice, business counseling and access to funding sources.

#### Wondering where you may qualify for a loan to start or expand your business?

Loans are available for business start-ups, expansions and acquisitions. Interest rates are competitive with flexible repayment terms.

#### Where do I begin?

Call Tecumseh today, to make an appointment.



1040 Degurse Drive . Samia, Ontario . N7T 7H5

Phone: 519-332-5151 Fax: 519-332-6196 Toll Free: 1-888-433-1533

(Conveniently located on Aamjiwnaang First Nation near the corner of Highway 40 and Degurse Drive.)

#### **Job Search Websites**

- A. OFIFC, http://www.ofifc.org/
- B. Nokee Kwe, <a href="http://www.nokeekwe.ca/">http://www.nokeekwe.ca/</a>
- C. Southern First Nation Secretariat, <a href="http://www.sfns.on.ca/">http://www.sfns.on.ca/</a> index.html
- D. N'Amerind Friendship Centre (London), <a href="http://www.namerind.on.ca/">http://www.namerind.on.ca/</a>
- E. <u>Anishnawbe Health Toronto</u>, <a href="http://www.aht.ca/">http://www.aht.ca/</a>
- F. <u>SOAHAC</u> London, Chippewas of the Thames, Owen Sound, <a href="http://www.soahac.on.ca/">http://www.soahac.on.ca/</a>
- G. <u>Six Nations</u> (Ohsweken, ON), http://www.sixnations.ca/

#### Other Job Search Engines:

- <a href="http://www.aboriginalcareers.ca/">http://www.aboriginalcareers.ca/</a>
- <a href="http://ca.indeed.com/Aboriginal-jobs">http://ca.indeed.com/Aboriginal-jobs</a>
- <a href="http://www.wowjobs.ca/jobs-aboriginal-jobs">http://www.wowjobs.ca/jobs-aboriginal-jobs</a>
- <a href="http://www.turtleisland.org/front/front.htm">http://www.turtleisland.org/front/front.htm</a>
- <a href="http://www.eluta.ca/">http://www.eluta.ca/</a>
- <a href="http://www.monster.ca/">http://www.monster.ca/</a>
- <a href="http://www.workopolis.com/">http://www.workopolis.com/</a>
- <a href="http://www.jobs.ca/">http://www.jobs.ca/</a>
- <a href="http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml">http://www.servicecanada.gc.ca/eng/sc/jobs/jobbank.shtml</a>
- <a href="http://www.ofifc.org/">http://www.ofifc.org/</a>

For Up-To-Date News and Information in the First Nations Political Arena you may visit the following sites:

Chiefs of Ontario visit: <a href="http://www.chiefs-of-ontario.org/">http://www.chiefs-of-ontario.org/</a>

Union of Ontario Indians visit: <a href="http://www.anishinabek.ca/">http://www.anishinabek.ca/</a>

Assembly of First Nations visit: <a href="http://www.afn.ca/">http://www.afn.ca/</a>

Southern First Nation Secretariat <a href="http://www.sfns.on.ca/">http://www.sfns.on.ca/</a>

Aboriginal Affairs and Northern Development Canada http://www.aadnc-aandc.gc.ca/

#### ANIMAL CONTROL OFFICER

Ron Simon Text/Call 519-330-7450

Brian Bois (alternate) 519-330-7375

#### For animal control issues only!

- Primary duties are to follow up on loose dog.
- complaints and monitor quarantined dogs.
- If you are a dog owner and your dog is loose, it is your responsibility to retrieve your dog.
- Traps available at Band Garage for use by community members. 519-336-0510

#### How to Help



Find the right time and place to talk. Be calm, caring, non-threatening. Listen. Talk about the concerns by using facts and accurate information. Encourage the person to see a doctor. Encourage the person to seek professional help.

#### Where to Get Help

Emergency 911

Kids Help Phone 1-800-668-6868

Distress Line 519-336-3000

LGBTQ Two Spirited Youth Line 1-800-268-9688 Text: 647-694-4275

Bluewater Health Addictions and Problem Gambling 519-464-4400 ext. 5370

Withdrawal Management 519-332-4673

Women's Interval Home 519-336-5200

Sarnia-Lambton Children's Aid Society 519-336-0623

Westover Addiction Assistance 1-800-721-3232

Windsor Withdrawal Management (detox) 519-257-5225

Grand River Withdrawal Management (detox) 519-749-4318

London Withdrawal Management (detox) 519-432-7241

Lambton Mental Health Crisis Line 519-336-3445

Victim Services Support Line 1-888-281-3665 ext. 5238

Alcoholics Anonymous 519-337-5211

Drug & Alcohol Registry of Treatment 1-800-565-8603

Aamjiwnaang Mental Wellness 519-332-6770

Pregnancy Centre 519-383-7115

Sexual Assault Victims 519-337-3320

Problem Gambling 1-888-230-3505

For more information or support please call 519-332-6770

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#### **CHIPPEWA TRIBE-UNE**

1972 Virgil Avenue

Sarnia, Ontario N7T 7H5

Phone: 519-491-2160 or Fax: 519-491-0912

E-mail: editor@aamjiwnaang.ca

The next issue is due out on <a href="Friday">Friday</a>, May 5, 2017</a>
The deadline for submissions is <a href="Tuesday">Tuesday</a>, May 2 at 4:00 pm

Please submit your documents in **Word, Excel, or Publisher** formats or info can be hand written; **jpeg** for pictures.

This paper and past editions can also be found on the Aamjiwnaang website at: www.aamjiwnaang.ca

Sandy Waring Editor

If you have stories that you would like to share, please submit them to the Editor at:

editor@aamjiwnaang.ca.

#### **WANTED**

Musician to play the piano or organ, each Sunday and Special Occasions.
Small stipend provided.

Apply to: St. Clair United Church,

984 Tashmoo Ave., Sarnia, ON N7T 7H5

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